



Where **Seniors** Don't Just **Live**, They **Thrive**

Midtown Atlanta



www.lutherantowers.org

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2025 Impact Report

Lutheran Towers continues to support our mission to foster independence, dignity, and connection for every resident we serve. Through strategic partnerships, innovative programming, and a deep understanding of resident needs, we delivered measurable impact across food security, health access, social engagement, and overall resident well-being. By strengthening community connections and expanding robust programming, we continue to create an environment where every resident has the opportunity to thrive, feel valued, and experience a true sense of home.

COMMITTED TO WELLNESS

By investing in programs that support the whole person, Lutheran Towers ensures that every resident has the opportunity to live with dignity, security, and a strong sense of belonging.

Bringing healthcare
directly to residents
improves access and
outcomes.

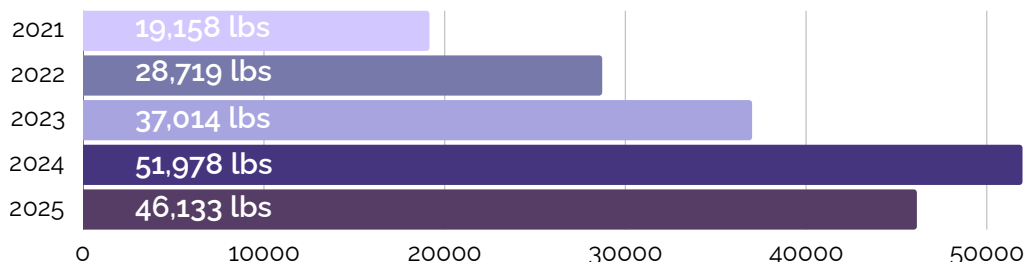
72
Chair Massages

48
Podiatry Services

84
Chiropractic Services

72
Table Massages

POUNDS OF FOOD DISTRIBUTED



MEALS SERVED IN

2025*

260

The Emergency Food
Assistance Program

5,020

Lutheran Towers Free
Grocery Store

16,163

Mobile Food Pantry

22,021

Commodity Food Box
Program

*Lutheran Towers residents receive food/meal donations from several community partners; here are just a few.

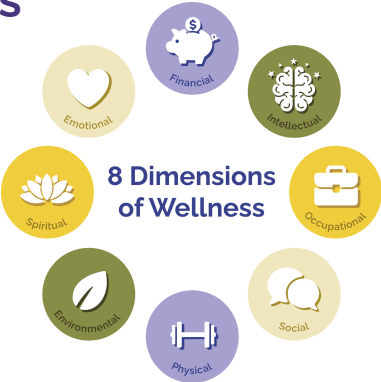
RESIDENT ENGAGEMENT

At Lutheran Towers, community engagement is a vital part of our commitment to the Eight Dimensions of Wellness. Our resident programs are thoughtfully designed to promote social connection, emotional well-being, and a sense of purpose. With over 3,500 resident engagements in 2025, our community continues to thrive through shared experiences, from celebrations and social gatherings to educational opportunities and wellness activities.

"Loneliness is linked to higher rates of depression, anxiety, and cognitive decline in older adults."

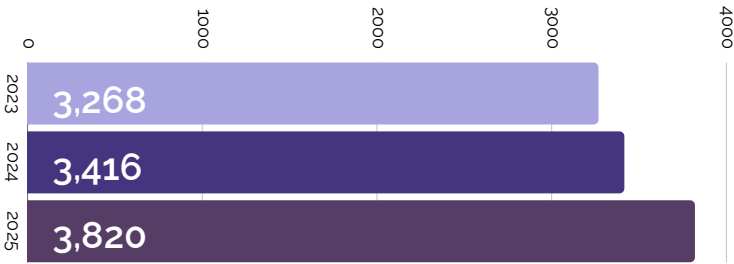
ACTIVITIES THAT FOSTER WELLNESS

- Move & Groove Class
- Disco Karaoke
- Mindful Moments
- Art Class Series
- Farmer's Market Trips
- Museum Excursions
- And many more



+70% of residents participated in activities centered around wellness

RESIDENT ENGAGEMENT IN SERVICES AND PROGRAMS



SPIRITUAL CARE AND CHAPLANCY PROGRAM

Launched in 2025, the Chaplaincy Program provides emotional and spiritual support to residents navigating life transitions, grief, and personal growth.



38

Spiritual Connections through Conversations

31

Religious Tour Series

97

Individual Spiritual Care Outreach



295

Spiritual Connections established in 2025

"God speaks to everyone, so having a spiritual care program encourages great dialogue."

-Mohanavatti
Resident of 9 years

-Martha
Resident of 1 year

SPECIAL THANKS TO OUR 2025 DONORS!

Your support makes a meaningful difference in the lives of our residents every day. Because of your generosity, we are able to provide essential resources, enriching programs, and compassionate services that enhance quality of life for more than 200 residents at Lutheran Towers. Your commitment allows us to continue our mission of creating a community where seniors feel supported, connected, and cared for. We are truly grateful for the impact you make.

\$10,000+

The Mueller Family Foundation
Clark Weisner

\$5,000-\$9,999

Frederick and Catherine Dressell III
The Carpenter Family Foundation
The Schuerholz Family Fund
Justin Wilde

\$1,000-\$4,999

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Victa L. McCray
Sharita Robinson
Carla Schissel
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Gregory Lee Woodard

Thank you again for your continued support!



*-Joyce
Resident of 18 years*

*-Marion
Resident of 17 years*

Sustaining the Impact



-Arthur
Resident of 9 years

At Lutheran Towers, the programs and services that support our residents each day are made possible through the generosity of those who believe in our mission. Through a model of wrap-around services and robust programming, we provide access to nutritious food through our on-site grocery store, meaningful connections through chaplaincy services, and essential on-site care such as podiatry and chiropractic visits. These are not simply services; they are vital supports that enhance independence, dignity, and overall quality of life for the elders we serve.

Each contribution plays a meaningful role in sustaining and expanding these efforts. Because of this support, we are able to meet residents where they are, delivering person-centered care that is accessible, intentional, and rooted in whole-person wellness. These programs reduce barriers, foster connection, and ensure that every resident has the opportunity to live with comfort, confidence, and a true sense of belonging.

There are many ways to be a part of this impact. In addition to financial contributions, donations of essential items such as personal care products, household supplies, and pet food directly support our residents' daily needs. The gift of time through volunteering also brings invaluable connection and joy to our community.

Together, we continue to build a place where residents are supported, valued, and able to thrive, every day!

Thank you
to all our donors
and volunteers.



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