

# THE CATHOLIC FAMILY CHECKLIST



from Catholic Sprouts

## DAILY

☐ Eat Together

☐ Pray Together

☐ Work Together

☐ Laugh Together

☐ Engage in Liturgical Season

☐ Reconcile Hurts

☐ Parents Bless Children

☐ Private Parental Prayer

## WEEKLY

☐ Holy Mass

☐ Faith Discussion

☐ Scripture Reading

☐ Family Recreation

## MONTHLY

☐ Confession

☐ Eucharistic Adoration

☐ Celebrate Feast Days

☐ Review Family Rules

☐ "A Family of Faith" Session

## YEARLY

☐ Pilgrimage

☐ Day of Jubilee