

PARENT-CHILD DISCUSSION

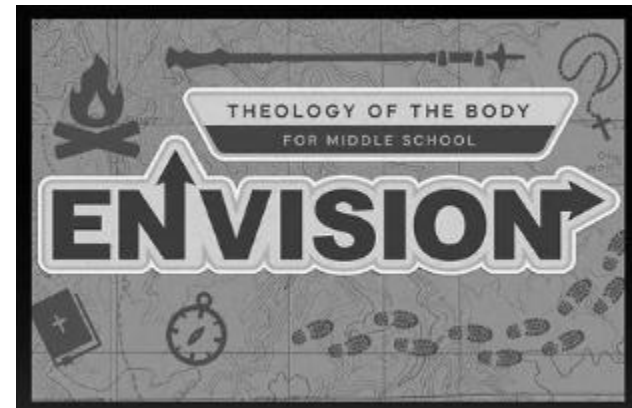
Parent/Guardian:

Discuss any or all of the following with your child and write one "take away" from your conversation.

1. What are some of the main vices that your friends and classmates struggle with? Why do you suppose that is?
2. I notice that you have grown in the virtue of *[name the virtue]*. (Mention a concrete moment when you saw this virtue in action.) How does it feel to live with that virtue as a real part of your life?

Parent/Guardian Signature:

Name: _____



PREP LEVEL 7

LESSON 4: HOW SHOULD I LIVE?



Attend a weekend Mass and complete the following:

- Church Name: _____
- Date of Mass: _____
- A phrase or concept that caught my attention during one of the readings or in the homily was...

 _____.
- One thing I noticed during Mass (I saw/heard/felt) was...

 _____.
- "Go in peace." We are sent out into the world to share the Good News of Jesus. I was able to do this at home, at school, or somewhere else by...

 _____.

Habit Check

Work It Out

Many things in our daily lives can lead us to either virtue or vice, depending upon how they are used. Look at the items listed below and think about how you use each one. Next to each item, draw a plus sign (+) if you believe your use of each item is leading you to virtue, or draw a minus sign (-) if you believe your use is leading you to vice. This week, pick one item that seems to be leading you to vice and focus on turning the minus to a plus.

- Messaging
- How much time I spend on devices
- Interacting with my family
- Social media apps
- Video/computer gaming
- Paying attention in school
- Being honest with my parents
- Praying
- Homework
- Language
- Weekend activities
- What I watch and listen to online
- My choice of music