

PARENT-CHILD DISCUSSION

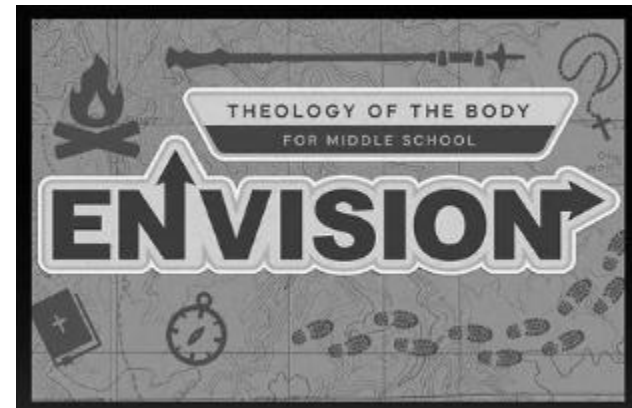
Parent/Guardian:

Discuss any or all of the following with your child and write one "take away" from your conversation.

1. When I was your age, I remember thinking my parents didn't understand me and imposed too many rules. Maybe I seem that way to you sometimes. But do you know that all I really want is what's best for you? Can we talk about some times lately when you thought I was unreasonable?
2. Remember that you learned that sin brings division. Do you feel the division created by sin? Who is affected?

Parent/Guardian Signature:

Name: _____



PREP LEVEL 7

LESSON 2: OUR STORY



Attend a weekend Mass and complete the following:

- Church Name: _____
- Date of Mass: _____
- A phrase or concept that caught my attention during one of the readings or in the homily was...

_____.
- One thing I noticed during Mass (I saw/heard/felt) was...

_____.
- "Go in peace." We are sent out into the world to share the Good News of Jesus. I was able to do this at home, at school, or somewhere else by...

_____.

Restoring What We Lost Work It Out

Our first parents made a terrible deal with sin. They squandered grace in exchange for ... nothing. We do the same when we sin. But in the Sacrament of Reconciliation, God restores what sin squandered. In Confession, we say an Act of Contrition, which expresses our repentance and our resolve to do better, say yes to God's love, and turn away from the scam of sin. This sacrament restores our souls with grace.

Take a few minutes now to quietly examine your life. What commitments or promises are you finding hard to keep? What do you want to do better? Change is possible, but not on your own! Our weaknesses are the exact places where we need God's grace.

After reflection, with the aid of the Holy Spirit, resolve to do better. Use the words of an Act of Contrition to ask for God's help: I firmly resolve, with the help of your grace, to ... (You can find the Act of Contrition in the Catholic Prayers section on page 133.)

Dear God, Lately, I find it hard to *(describe the commitment you find hard to keep)* _____

_____.

I want to be the kind of person who _____

_____.

I firmly resolve, with the help of your grace to *(identify a specific action you can take)* _____

_____. Amen.