

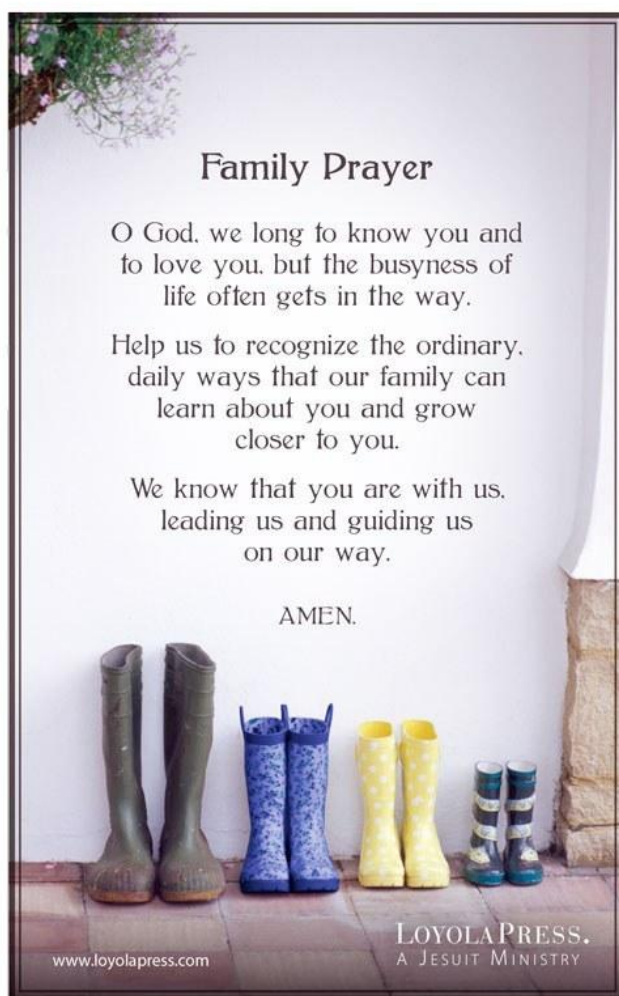


A Catholic family formed in faith, nourished by the Eucharist and sent forth to spread the Light of Christ

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A Family of Faith Volume III: Life in Christ



A Family of Faith seeks to strengthen families in which children learn the joys of following Jesus and the truths of the Catholic Faith through the witness given by their parents/guardians. Through monthly meetings and print materials, parents/guardians receive everything they need to explore and share the Catholic Faith at home.

The **goals** of the *A Family of Faith* program are 1) to encourage and equip parents/guardians to serve as the children's primary faith mentors; 2) to provide parents/guardians the opportunity for continued growth in the Faith; and 3) to build community and celebrate Catholic life together.

Specifically, **Volume Three** explores how living a moral life grounded in the Commandments, virtues and the Beatitudes helps us on our journey to heaven. As parents/guardians and children grow in faith together, they will learn through fun activities and through the parent's/guardian's witness.

Each family creates and shares their **Journey Board**, adding another component each month. The special activity each month (indicated by the purple icon of the dotted path) helps families to remember how Jesus guides us to avoid sin and to grow in virtue so we can live with him in Heaven.

On one Sunday per month families gather in the Parish Center from 9:20-10:20 am. Families pray together and share their Journey Boards. Children then move to peer groups while the adults remain in the Parish Center to explore the Life in Christ through video presentations and reflection.

Parents/guardians will complete two lessons with their children at home during the month. Monthly Themes are presented on the attached calendar.

Parent Guide (PG)

- Monthly Overview pages present the descriptions of the two lessons, the Scripture passage, Saint of the month, Words to Know, and monthly objectives.
- The “Your Catholic Home” page presents one Catholic tradition to bring more fully into your family life.
- The “Celebrate” page offers additional family activities that connect with the monthly topic and liturgical calendar.
- The “Car Conversations” page encourages families to engage in faith discussions “on-the-go.”
- The Lesson Overview page presents a number of activities that address the lesson topic in various ways. YOU DO NOT NEED TO COMPLETE EVERY ACTIVITY. Please choose one or two activities that you feel will best help your family to fulfill the lesson objectives.
- An “Essay Appendix” is provided in the back of the Parent Guide. The brief essays provide a summary of Church teaching to assist parents/guardians in facilitating the lessons.

Website—www.stambrosehaven.com/a-family-of-faith-yr-iii

- Videos: A number of short videos are provided to supplement the lessons.

Activity Book

- The Activity Book is a tool that enhances your time together as you explore lessons.
- Monthly overview pages
- Coloring sheets, Scripture activities, etc. accompany many of the lessons.

September Activities

- The September activities ease you into the program.
- Journey Board activity PG 3
- “Your Catholic Home”—Prayer Before Meals PG 4
- Two simple activities—1) Bible review; 2) Basic Catholic Prayers PG 5-7