



Dear Parents/Guardians of Level 7 Students,

Fall 2026

The *Theology of the Body for Middle School: Envision* program is based on Saint Pope John Paul II's Theology of the Body, which gives a very positive message of the gift of sexuality as a good and essential part of love and life. It is our hope that *Envision* will provide your children with the knowledge and understanding they need concerning the meaning and purpose of their identity, their sexuality and of their very existence.

Recognizing that parents are the primary educators of their children in matters of faith and morals, this curriculum includes a parental component. You received a copy of *Theology of the Body for Teens for Middle School: Envision Parent's Guide*. The booklet summarizes the contents of the program chapter by chapter. It communicates the beautiful message we will be sharing with your children and offers you tools and encouragement to confidently discuss these critical issues with them.

DIGITAL RESOURCE

You received a link via email to set up your online account. You and your child will then have access to the digital materials including the videos. Please, only set up **ONE ACCOUNT PER FAMILY**. The purchase of the workbook grants ONE account. If needed, you can purchase additional online access at <https://ascensionpress.com/products/envision-theology-of-the-body-for-middle-school-online-course>.

FORMAT

We will employ a flipped classroom model in which students independently watch videos, read student materials, and complete assignments. The independent work precedes the in-person sessions during which we review and apply the learned material.

Student sessions are scheduled for Sunday 9:20-10:20 am as follows:

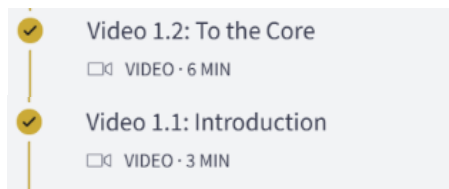
Sept. 20 Parent/Student Orientation	Dec. 13 Discuss Chapter 4
Oct. 11 Discuss Chapter 1	Jan. 17 Discuss Chapter 5
Oct. 25 Discuss Chapter 2	Jan. 31 Discuss Chapter 6
Nov. 8 Discuss Chapter 3	Feb. 14 Discuss Chapter 7
Nov. 22 Child Protection Session (Parent & Child)	Feb. 28 Discuss Chapter 8

NOTE: Students should wait in the Parish Center until a catechist arrives.

STUDENT ASSIGNMENTS

To prepare for each session, students log in to https://ascensionpress.thinkific.com/users/sign_in.

The left-hand column indicates the program sections that have been completed. (See the following image)



NOTE: Mrs. Johns has access to view the students' completion records.



As students read the workbook pages, they will be directed to watch the video segments and complete **IF YOU ASK ME ...** statements and video questions. Students are asked to complete all "If you ask me..." statements throughout the chapter.

Students also complete the Quick Quiz.

Prior to each student session, complete the reflection guide. Reflection guides will be collected at the conclusion of each session. Note: There is a "Parent-Child Discussion" section in each reflection guide.

PARENT/GUARDIAN PARTICIPATION

ON SITE: During regularly scheduled student sessions, parents are encouraged to gather in the Parish Center (9:20 am) to watch videos and engage in informal discussion inspired by your lived experience raising teens.

AT HOME: Engage in conversations with your child based on the chapter topics. Parent-child discussion prompts are provided in the Reflection Guides. A parent is asked to sign the "Parent-Child Discussion" page indicating that you engaged in relevant discussion with your child.

Prior to the Jan. 17th student session, each parent is strongly encouraged to initiate an appropriate discussion with your child about marital love and the sexual union of husband and wife. It is important that young people understand the beauty and role of sexuality and the sexual union within marriage prior to our classroom discussion. Your child will hear many messages about sexual union. Your conversation opens the door for your child to discuss conflicting messages he/she will encounter.

Catechists will NOT address biology and physiology. Our classroom discussion will focus on the virtue of chastity, the difference between love and lust (using a person for your own gratification), and evaluating culture with the standard of chastity.

You can refer to chapter 5 in both the Parent Guide and the Student Book to help you prepare for the conversation. A parent video is also provided at <https://www.stambrosehaven.com/confirmation>.

Additional Resources: *A Guide to Sensitive Topics* for parents is located on the parish website: <https://www.stambrosehaven.com/confirmation>.

Please don't hesitate to contact us with any questions or concerns:

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