



## **STANDARD MHFA® FOR HEALTH PROFESSIONAL STUDENTS INSTRUCTOR TRAINING COURSE APPLICANT INSTRUCTIONS**

Thank you for your interest in becoming a Standard MHFA Instructor for Health Professional Students. Before commencing your application, please carefully read through the instructions below.

### **Eligibility**

Please ensure that you meet the below eligibility requirements and have the relevant details ready for your application.

- Current Mental Health First Aider Accreditation
  - Any Standard or Youth MHFA Accreditation is accepted.
- Current Working with Children Check, Working with Vulnerable People Check, or equivalent

### **Application Instructions**

#### **1. Register: [Registration Link](#)**

- Please ensure to use the same email address that you used for your MHFA Accreditation to register for this course.
- Please ignore the dates – This is a registration page for all HPS courses.

#### **2. Create your account and complete your application**

- Once your MHFA accreditation has been validated, you will receive an application link via email.
- Answer each question in full with detail.
- You may be asked to supply further information regarding one or more answers on your application after submission.

### **Course Registration**

If your application is approved, you will receive confirmation via email with a link to the online portal.

#### **3. Complete the HPS eLearning Course**

- You can access the eLearning Course via the online portal, or through a link sent to your email address.
- Please complete this as soon as possible in preparation for the face-to-face training.

#### **4. Confirm your course allocation**

- MHFAI will reach out to confirm your dates.
- Once confirmed, you will receive an email prompting you to accept your place in the course via the MHFA website.
  - Use only this link to accept your course.
  - When logging in, ensure to add “.mhfa” at the end of your email address.  
Example: [johndoe@university.edu.au.mhfa](mailto: johndoe@university.edu.au.mhfa)

#### **5. Accept your course**

- Read and agree to the Instructor Agreement and Terms and Conditions documents.
- Disregard dietary requirements (relevant for in person face-to-face training only.)
- Click ‘Another Individual or Organisation is Paying’ and enter the following:
  - Name – Medical Deans
  - Email – [courses@mhfa.com.au](mailto:courses@mhfa.com.au)
- Click Next

### Attendance and assessment

During the Instructor Training Course, each participant will be assessed of their suitability to be an MHFA Instructor. This assessment includes:

- Observations by MHFA Instructor Trainers of communication skills, knowledge and attitudes
- An open-book exam
- A presentation on a section of the MHFA course (you will be informed of your topic during the course).

### SMHFA for Health Professional Students – 2026 Course dates

2026 Course dates	Application Deadline
4 <sup>th</sup> – 8 <sup>th</sup> May 2026	23 <sup>rd</sup> March 2026
22 <sup>nd</sup> – 26 <sup>th</sup> June 2026	11 <sup>th</sup> May 2026
3 <sup>rd</sup> – 7 <sup>th</sup> August 2026	22 <sup>nd</sup> June 2026
7 <sup>th</sup> – 11 <sup>th</sup> September 2026	27 <sup>th</sup> July 2026
12 <sup>th</sup> – 16 <sup>th</sup> October 2026	31 <sup>st</sup> August 2026

**Please note:** these dates may be subject to change

For general support with the application process please contact our Instructor Training Courses Team at [courses@mhfa.com.au](mailto:courses@mhfa.com.au)

### FREQUENTLY ASKED QUESTIONS

#### What is an 'Accredited' MHFAider?

After you have attended and completed a MHFA Course, delivered by a Licensed Mental Health First Aid® Australia (MHFA™) Instructor, you have the opportunity to complete the MHFAider accreditation assessment. The assessment is completed online.

If you pass the assessment, you will receive a digital certificate and will become recognised as an accredited MHFAider™. The accreditation lasts 3 years.

#### Why do I need to be an Accredited MHFAider to complete an Instructor Training Course?

- A current MHFA Accreditation ensures a baseline of skills to respond to a mental health first aid crisis and to navigate mental health first aid conversations with the MHFA Action Plan before learning how to teach others the same skills.
- The ITC design is based on applicants having familiarity with how MHFA courses are structured and delivered.

#### Which MHFA course is best to complete prior to becoming an instructor?

- A Standard MHFA course is the best way to prepare for the Standard MHFA for HPS Instructor Training Course.

- The course equips applicants with credentials to deliver both the Standard MHFA course and the tailored HPS course. Familiarity with the Standard course will make the learning experience more comfortable in recognising the differences between the two courses.
- Any current Standard or Youth MHFAider Accreditation will be accepted, including from attending a Standard MHFA for HPS, Tertiary, Community or Workplaces course.

**The system is telling me I'm ineligible for the Instructor Training course.**

The system uses your email address to identify who you are and if you have a current MHFA Accreditation (see Step 1).

**If you have a current Standard MHFA Accreditation:**

Please ensure you have registered using the same email that you used for your MHFAider course, and that your Accreditation has not expired. For support, reach out to [courses@mhfa.com.au](mailto:courses@mhfa.com.au)

**If you have not completed a MHFAider course yet:**

To meet the ITC eligibility requirements, please book and complete a MHFA course. You can only apply for the Instructor Training Course after your accreditation is complete.

Learn more: [How do I book a course?](#)