



Notice: Patients are advised to stop the following medications prior to allergy testing. If you are unsure if your appointment requires allergy testing, please call our office to discuss. If you are unable to discontinue your medications, please keep your consultation appointment to discuss.

Stop 48 hours prior to your appointment:

- Allergy Topical Cream (Hydrocortisone, Benadryl, etc.)
- Topical Steroid Cream

Stop 1 week prior to your appointment:

- Any over-the-counter allergy medications (Zyrtec, Allegra, Xyzal, Claritin, Benadryl, etc.)
- Allergy nasal sprays (Astepro, etc.)
- Allergy eye drops (Zatidor, Pataday, etc.)
- Pepcid
- Tylenol PM
- Motion sickness medications (Phenergan, Dramamine, etc.)
- Melatonin (Other sleep aid medications)
- Allergy supplements (Quercetin, etc.)

****It is okay to take the following medications***

- Flonase Nasal Spray
- Saline Nasal Rinses