



Emergency Items

Non-food household preparedness supplies • Check items you have and note quantities you still need

Water & Hydration

- ☐ Stored drinking water – at least 1 gallon per person per day
- ☐ Water barrels with stand and manual pump/siphon
- ☐ Food-grade 5-gallon buckets
- ☐ Collapsible water containers
- ☐ Rain barrels
- ☐ Bathtub bladder
- ☐ Water filtration device or system
- ☐ Replacement/extra water filters
- ☐ Water purification tablets
- ☐ Unscented household bleach for water storage/treatment
- ☐ Pool-shock / calcium hypochlorite (see emergency water worksheet)
- ☐ Flavor drops/packets for water
- ☐ Stainless-steel water bottle for distilling
- ☐ 3/8-inch OD soft copper tubing for distilling

Cooking & Food Preparation

- ☐ Propane camp stove
- ☐ Propane fuel
- ☐ Propane hose adapter (standard propane vs smaller bottles)
- ☐ Matches, lighters, ferro rod, foil, and thermos
- ☐ Manual can openers - more than one
- ☐ Cast iron or durable cookware
- ☐ Large pot for boiling water and batch cooking
- ☐ Long-handled utensils and heat-resistant gloves
- ☐ Electric Cooler
- ☐ Wheat/flour mill or grain grinder

Sanitation & Hygiene

- ☐ Toilet paper
- ☐ Wet wipes/baby wipes
- ☐ Heavy-duty trash bags
- ☐ Bucket toilet with seat
- ☐ non-clumping kitty litter, lime, or sawdust
- ☐ Soap
- ☐ Hand sanitizer
- ☐ Disposable surgical gloves
- ☐ Personal hygiene items
- ☐ Toothbrushes, toothpaste, and dental floss

- ☐ Feminine hygiene products
- ☐ Diapers, if applicable

Lighting & Power

- ☐ LED/rechargeable lanterns
- ☐ Headlamps, including red-light option
- ☐ Flashlights
- ☐ Extra batteries
- ☐ Candles
- ☐ Power banks
- ☐ Mid-size fuel generator
- ☐ Portable power station
- ☐ Extra solar panels
- ☐ Extension cords

Medical & First Aid

- ☐ First-aid kit
- ☐ Bandages/Band-Aids in various sizes
- ☐ Trauma supplies: hemostatic gauze, tourniquet, Israeli bandage, padded splint
- ☐ Sterile gauze, wraps, and adhesive tape
- ☐ Antiseptic wipes and ointment
- ☐ Chemical/instant cold packs
- ☐ Basic OTC medicines appropriate to your household
- ☐ Prescription medications
- ☐ Current medication list
- ☐ Tweezers and medical shears
- ☐ Thermometer
- ☐ Moleskin
- ☐ First-aid manual
- ☐ N95/N100 masks

Communication & Information

- ☐ Battery/rechargeable/hand-crank AM/FM/weather radio
- ☐ Ham radio
- ☐ GMRS/FRS radios
- ☐ Written emergency contacts with phone numbers and addresses
- ☐ Family communication plan
- ☐ Printed emergency plan
- ☐ Local maps in case GPS is unavailable
- ☐ Printed/downloaded preparedness procedures and instructions

Documents & Money

- ☐ Copies of IDs
- ☐ Copies of insurance policies, medical information/records
- ☐ Gold/silver/other valuables (if part of your household plan)
- ☐ Important phone numbers
- ☐ Waterproof document pouch
- ☐ Emergency cash in small denominations

Home Safety & Security

- ☐ Fire extinguisher
- ☐ Carbon monoxide detector
- ☐ Whistle
- ☐ Heavy-duty duct tape
- ☐ Heavy plastic sheeting
- ☐ Security door bar/brace
- ☐ Battery/rechargeable security cameras
- ☐ Personal protection/security items appropriate to your household and local law

Clothing, Cooling & Warmth

- ☐ Sturdy shoes
- ☐ Seasonal clothing for extreme cold and heat
- ☐ Rain gear
- ☐ Emergency/Mylar blankets
- ☐ Blankets or sleeping bags
- ☐ Hand warmers
- ☐ Indoor-rated emergency heater and A/C
- ☐ Battery/rechargeable fans
- ☐ Spray bottles

Vehicle

- ☐ Keep vehicle fuel above half a tank
- ☐ Basic vehicle emergency kit
- ☐ Jumper cables or jump pack
- ☐ Tire inflator/sealer

Tools & Equipment

- ☐ Knives and multi-tool
- ☐ Utility/cutting tool
- ☐ Tarps w/grommets
- ☐ Pipe-cutting tool
- ☐ Small torch
- ☐ Work gloves
- ☐ Rope/paracord / Kevlar cord
- ☐ Shovel/Garden Rake
- ☐ Electrical/Duct Tape
- ☐ Axe
- ☐ Hand/cordless/electric tools

Special Needs & Miscellaneous

- ☐ Mobility or medical-device supplies
- ☐ Backup eyeglasses
- ☐ Pet leash/carrier and non-food pet supplies
- ☐ Games, books, and other morale/entertainment items
- ☐ Small sewing kit
- ☐ Family emergency meeting place identified in advance

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