

Dutch Graph/Data

by Lynne Jones March 2025

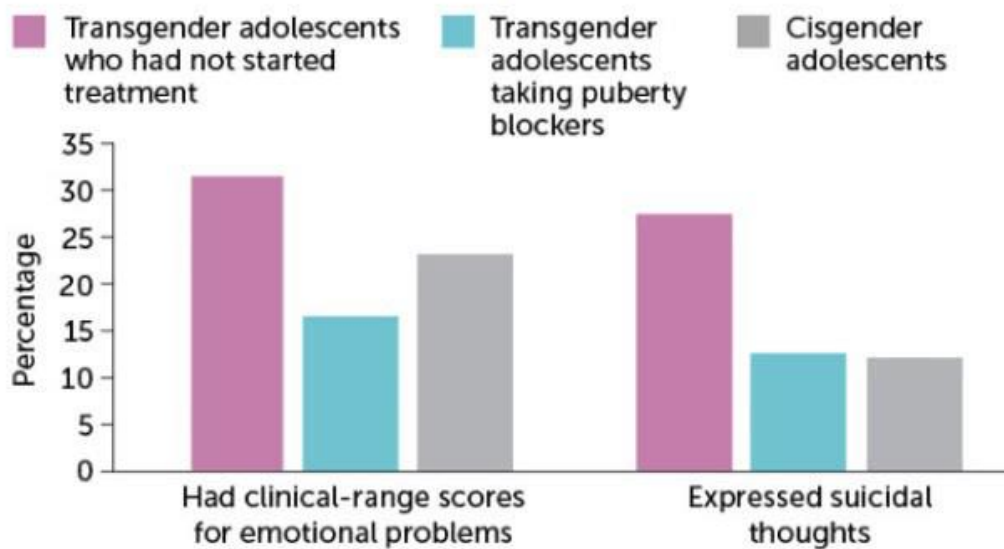
From Andrea: The following graph is an interesting and informative result from a Dutch project just a few years old now.

These are the real benefits of taking puberty blockers which you won't see mentioned in the press or by politicians.

Closer to OK

Emotional problems, such as depression or anxiety, that would qualify for mental health care were much more common among transgender teens who had not been treated with puberty blockers than among those who had received those medications, in a study of Dutch youth. Similarly, a higher percentage of transgender teens who had not received puberty blockers expressed suicidal thoughts than trans peers who had received the medications and than cisgender, or nontransgender, teens.

Differences in mental health among Dutch adolescents



C. CHANG

SOURCE: A.I.R. VAN DERMIESEN ET AL/J. ADOLESCENT HEALTH 2020