

SWEET & SOUR

Sweet & Sour Pork	\$ 22.00
Sweet & Sour Chicken Fritters	\$ 22.00
Sweet & Sour Chicken Fillets	\$ 22.00
Sweet & Sour Fish	\$ 23.00
Sweet & Sour Braised King Prawns	\$ 30.00
Sweet & Sour King Prawn Fritters	\$ 30.00

CHOW MEIN

Beef Chow Mein	\$ 22.00
Chicken Chow Mein	\$ 22.00
BBQ Pork Chow Mein	\$ 22.00
Beef & Chicken (No Seafood) Chow Mein	\$ 23.00
Combination Chow Mein	\$ 26.00
King Prawns Chow Mein	\$ 30.00
Seafood Chow Mein	\$ 31.50

OMELETTE

Chicken Omelette	\$ 22.00
Ham Omelette	\$ 22.00
BBQ Pork Omelette	\$ 22.00
Vegetable Omelette	\$ 22.00
Combination Omelette	\$ 25.70
King Prawns Omelette	\$ 29.30
Seafood Omelette	\$ 31.50
Plain Omelette	\$ 16.50

THAI DISHES (Contain Chilli & Peanuts)

Thai Beef	\$ 22.00
Thai Chicken	\$ 22.00
Thai King Prawns	\$ 30.00
Thai Beef & Chicken (No Seafood)	\$ 23.00
Thai Combination	\$ 26.00

VEGETABLES

Vegetables with Sauce (Satay, curry, oyster or chilli)	\$ 22.00
Stir Fried Mixed Vegetables	\$ 19.30
Steamed Mixed Vegetables	\$ 19.30
Vegetables Fried Rice	\$ 11.50

RICE

Chicken Fried Rice	Lge \$16.00	Sml \$ 15.00
Deluxe Fried Rice	Lge \$16.00	Sml \$ 15.00
Fried Rice	Lge \$11.50	Sml \$ 11.00
Boiled Rice	Lge \$ 7.00	Sml \$ 6.60

- Price subject to change without notice
- Price including GST

July 2022

NOODLE GOURMET

Seafood Laksa	\$ 29.80
Famous Malaysian noodle soup. Rice noodle with scallops, king prawns, fish, calamari, bean curd and beans sprouts, in curry and coconut milk.	
Kway Teow	\$ 22.70
Fried thick rice noodles with prawns, chicken, BBQ pork and bean sprouts in chilli soy sauce.	
Combination Hokkien Noodles	\$ 22.70
Hokkien noodles with dark soy sauce, topped with prawns, chicken, BBQ pork & vegetables.	
Malaysian Mee Goreng	\$ 22.70
Hokkien noodles with prawns, chicken, BBQ pork, bean sprouts and vegetables in a touch of curry.	
Beef Ho Fan	\$ 22.70
Chinese style wok fried thick rice noodles with beef & bean sprouts.	
Seafood Ho Fan	\$ 29.80
Wok fried thick rice noodles with choice scallops, king prawns, fish & calamari cooked in Chinese style.	
Japanese Udon with Seafood	\$ 29.80
Japanese udon noodles stir fried with choice scallops, king prawns, fish, calamari & vegetables.	
Udon with Vegetables (Japanese Style)	\$ 22.70
Japanese udon noodles stir fried with fresh mixed vegetables.	
Singapore Noodle	\$ 22.70
Thin rice noodles stir fried with prawns, chicken & BBQ pork in a touch of curry.	
Oriental Noodle	\$ 22.70
Thin egg noodles stir fried with prawns, chicken, BBQ pork in a touch of curry & spicy sauce.	
Pad Thai	Chicken \$22.70.....King Prawn \$ 29.80
Thai rice noodle stir fried with egg, bean sprouts in tamarind, palm sugar, fish sauce and a touch of chilli. Crushed peanuts on top.	

Home Delivery Deal



For delivery meals order

Over \$98.00

FREE Four Spring Rolls

Over \$118.00

FREE Large Fried Rice

Over \$208.00

FREE Fried Rice & Spring Rolls

Takeaway Menu For Delivery & Pick Up

Extra \$1.00 for selected gluten free meal

HENG LOONG RESTAURANT

DINE IN - FULLY LICENCED

67 Cowper Street Wallsend

(Formerly, the old Wallsend Library)

4951 5000

Trading Hours

Lunch: Tue - Fri 12:00 - 2:00pm

Dinner: Tue -Sun 5:00 - 9:00pm

Free Home Delivery

(To selected areas / Dinner only)

Minimum meal order for home delivery \$55.00

For order under \$55.00 a surcharge of \$8.50 applies



Takeaway Deal 10% Discount

(Pick up Only)

Pick Up 10% off

ENTREE

Spring Roll (4)	\$ 8.50
Dim Sim (4)	\$ 8.50
Steamed Dim Sim (4).....	\$ 8.50
Sesame Prawn Toast (4).....	\$11.00
King Prawn Cutlets (3).....	\$15.70
Three Story Prawns (4)	\$15.90
Prawn Cocktail	\$12.90
Deep Fried Calamari.....	\$13.20
Garlic Calamari.....	\$13.90
Garlic King Prawns	\$16.60
Garlic Scallops	\$17.90
Mixed Entree (Prawn Toast x 2, Spring Roll, Dim Sim).....	\$11.00
Mixed Seafood Entree (Scallops, Prawns, Fish, Calamari)	\$16.80

BEEF

Satay Beef	\$ 22.00
Mongolian Beef	\$ 22.00
Beef with Ginger and Shallots.....	\$ 22.00
Beef with Garlic Sauce.....	\$ 22.00
Beef with Szechuan Sauce (Hot).....	\$ 22.00
Beef with Cashew Nuts	\$ 22.00
Beef with Pineapple.....	\$ 22.00
Beef with Black Bean Sauce	\$ 22.00
Beef with Young Corn and Mushrooms	\$ 22.00
Beef with Oyster Sauce.....	\$ 22.00
Beef with Oriental Sauce.....	\$ 22.00
Beef with BBQ Sauce.....	\$ 22.00
Beef with Chilli Sauce.....	\$ 22.00
Beef with Curry Sauce.....	\$ 22.00

CHICKEN

Crispy Skin Chicken with Sauce	\$ 23.00
(Half chicken with bone) (Lemon, plum or sweet & sour)	
Boneless Chicken with Sauce	\$ 23.00
(Lemon, plum or sweet & sour)	
Honey Chicken.....	\$ 22.00
Chicken Fillets with Ginger and Shallots.....	\$ 22.00
Chicken Fillets with Garlic Sauce	\$ 22.00
Chicken Satay	\$ 22.00
Chicken Fillets with Black Bean Sauce	\$ 22.00
Chicken Fillets with Cashew Nuts.....	\$ 22.00
Chicken Fillets with Pineapple	\$ 22.00
Chicken Fillets with Young Corn & Mushrooms	\$ 22.00
Chicken Fillets with Szechuan Sauce (Hot).....	\$ 22.00
Chicken Fillets with Oyster Sauce.....	\$ 22.00
Chicken Fillets with Chilli Sauce.....	\$ 22.00
Chicken Fillets with Curry Sauce.....	\$ 22.00
Chicken Fillets with Teriyaki Sauce	\$ 22.00

SOUP

Short Soup	\$ 8.00
Long Soup.....	\$ 8.00
Chicken and Sweet Corn Soup.....	\$ 8.00
Crab Meat and Sweet Corn Soup.....	\$ 9.00
Combination Soup	\$ 9.00
Combination Long Soup	\$15.80
Combination Short Soup.....	\$15.80
Seafood Soup	\$13.80
Tom Yum Soup (Hot)	\$13.80
(Famous Thai seafood soup consists of scallop, king prawn, fish & calamari)	

KING PRAWNS

Garlic King Prawns.....	\$ 30.00
Satay King Prawns	\$ 30.00
Honey King Prawns.....	\$ 30.00
Hot & Spicy King Prawn Fritters.....	\$ 30.00
King Prawns with Ginger & Shallots.....	\$ 30.00
King Prawns with Young Corn & Mushroom	\$ 30.00
King Prawns with Cashew Nuts	\$ 30.00
King Prawns with Oyster Sauce.....	\$ 30.00
King Prawns Cutlets (6)	\$ 30.00
King Prawns with Szechuan Sauce (Hot).....	\$ 30.00
King Prawns with Curry Sauce.....	\$ 30.00
King Prawns with Chilli Sauce.....	\$ 30.00
Curry Small Prawns.....	\$ 25.00

SEAFOOD

Seafood Platter (Deep Fried)	\$ 31.50
Seafood Combination	\$ 31.50
Satay Seafood Combination	\$ 31.50
Scallops with Ginger and Shallots	\$ 33.00
Scallops with Young Corn and Mushroom.....	\$ 33.00
Satay Scallops.....	\$ 33.00
Garlic Scallops	\$ 33.00
Calamari in Garlic Sauce	\$ 25.50
Calamari in Satay Sauce	\$ 25.50
Calamari in Black Bean Sauce	\$ 25.50
Calamari with Ginger and Shallots	\$ 25.50
Deep Fried Calamari.....	\$ 25.50
Hot & Spicy Calamari	\$ 25.50

PORK

Hot and Spicy Pork Fritters	\$ 22.00
Pork Spare Rib with Plum Sauce	\$ 22.00
Pork Spare Rib with Sweet & Sour Sauce.....	\$ 22.00
Pork Spare Rib with Chin Kiang Sauce (Aged Black Vinegar)	\$ 22.00
Pork Spare Rib with BBQ Sauce.....	\$ 22.00
(Pork Spare Ribs- Battered & off the bone, marinated in a touch of garlic)	

COMBINATION

Consists of prawns, chicken, beef and calamari	
Garlic Combination.....	\$ 26.00
Satay Combination.....	\$ 26.00
Curried Combination	\$ 26.00
Sweet and Sour Combination	\$ 26.00
Chilli Combination	\$ 26.00
Combination with Plum Sauce	\$ 26.00
Combination with Black Bean Sauce	\$ 26.00
Beef & Chicken (No Seafood) with Sauce	\$ 23.00

DUCK

Deep Fried Duck with Sauce.....	\$ 28.20
(Lemon, plum, sweet and sour or pineapple)	
Duck with Vegetables in Oyster Sauce	\$ 28.20
Duck with BBQ Pork and Mushroom	\$ 29.20
Duck with Crab Meat Sauce	\$ 29.20
Combination Duck.....	\$ 29.20

SPECIALITIES OF THE HOUSE

Mary's Treasury	\$ 34.90
Choice scallops, prawns, fish & calamari cooked in delicious spicy sauce with a touch of garlic. Served in bird nest.	
Rainbow Fillet Steak.....	\$ 33.20
Stir fried fillet steak strips with tasty sauce which consists of tomato, fruits juice, worcestershire and red wine. Served in bird nest.	
Deep Fried Wontons Combo.....	\$ 33.20
Deep fried dumplings served with prawns, beef, chicken and calamari in sweet & sour sauce.	
San Choy Bow.....	\$ 23.80
Finely chopped chicken fillet, onion, celery cooked with oyster sauce, served rolled in lettuce.	
Shun Tung Chicken	\$ 23.80
Boneless crispy skin chicken with garlic, soy sauce and a touch of chilli.	
Empress Chicken	\$ 26.20
Boneless crispy skin chicken with crab meat sauce.	
Black Pepper Fillet Steak	\$ 29.20
Fillet Steak (Hong Kong Style).....	\$ 29.20
Marinated fillet steak, braised with our famous home made sauce which consists of onion, red wine, vinegar and tomato sauce.	
Crumbed Peking Steak	\$ 23.80
Seafood Supreme	\$ 34.90
Choice scallops, prawns, fish, calamari, tossed with crab meat sauce and surrounded with lettuce.	
Beef XO Sauce	\$ 22.00
The most popular chilli sauce in Hong Kong, not very hot but tasty. *XO sauce is delicious used with seafood and meat, create your own dish.	
Vegetables Supreme	\$ 24.20
Choice mixed vegetables stir fried and topped with crab meat sauce	
Mongolian Lamb (Trim Lamb Eye of Loin)	\$ 29.20