

HENG LOONG



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LOONG

CELEBRATING
OVER

30

YEARS OF
EXCELLENCE

Welcome to **Heng Loong Restaurant**

We offer excellent Asian cuisine and friendly service in an elegant environment, incorporating the old Wallsend Library facade with a modern and comfortable interior design.

Heng Loong Restaurant has been recognized as one of the best restaurants in Newcastle. We are proud of our achievements and continue to provide fine dining and delicate service.

Enjoy fine Asian cuisine and great beverages

Thank you for your continuous support

Eddie & Winnie

MIXED DRINK & COOLERS

Ruski - Lemon	\$10.80
Midori - Splice, Illusion	\$10.80
Cruiser - Guava, Pineapple	\$10.80
Jack Daniel's & Cola (Bottle)	\$10.80
Jim Beam & Cola (Can)	\$10.80
Canadian Club Whisky & Dry (Can)	\$10.80
Gordon Gin & Tonic (Can)	\$10.80
West Coast Cooler	\$ 9.80

PICCOLO

[Yellow Tail] Bubbles White / Bubbles Rosé	200ml	\$8.90
De Bortoli King Valley Prosecco	200ml	\$9.50
Jacob's Creek Moscato Rosé	200ml	\$9.50
Jacob's Creek Chardonnay Pinot Noir	200ml	\$9.50
Jacob's Creek Classic Chardonnay	187ml	\$8.90
Angove Long Row Sauvignon Blanc	187ml	\$8.90
Minchinbury Shiraz Cabernet	187ml	\$8.90
McGuigan Black Label Merlot	187ml	\$8.90

BEER

Hahn Premium Light	\$6.90
XXXX Gold	\$7.20
Tooheys New / Old	\$7.50
Tooheys Extra Dry	\$7.50
Coopers Pale Ale	\$7.90
Hahn Super Dry	\$7.90
Crown Lager	\$8.20
James Squire One Fifty Lashes Pale Ale	\$8.50
Wild Yak Pacific Ale	\$8.50
Somersby Cider Apple	\$8.50
Asahi Super Dry	\$8.90
Tsingtao (China)	\$8.90
Corona Extra (Mexico)	\$8.90

SOFT DRINK

Coke, Diet Coke, Coke No Sugar	\$4.70
Pepsi Max, Ginger Beer	\$4.70
Lemonade, Solo, Sunkist, Creaming Soda	\$4.70
Apple, Orange Juice	\$4.80
Lemon Lime Bitters	\$4.90
Soda Water, Mineral Water	\$4.90

SPARKLING WINE

Jacob's Creek Chardonnay Pinot Noir	\$29.00
Tempus Two Blanc De Blanc	\$31.90
L'Eglise Saint-Martin Blanquette de Limoux - France	\$41.90
Balliamo Prosecco - Italy	\$31.90
Brown Brothers Moscato Rosé	\$33.90
De Bortoli Emeri Pink Moscato	\$29.00

HOUSE WHITE WINE

Jacob's Creek Semillon Sauvignon Blanc	Glass \$7.20	\$27.00
Bay of Stones Chardonnay	Glass \$7.20	\$27.00

WHITE WINE

Jacob's Creek Classic Chardonnay	\$29.00
Tyrrell's Old Winery Chardonnay - Hunter Valley	\$31.90
Peter Drayton Wildstreak Semillon - Hunter Valley	\$33.90
Tempus Two Semillon Sauvignon Blanc	\$31.90
Moonstruck Sauvignon Blanc by Brown Brothers - NZ	\$30.90
Wild Oats Sauvignon Blanc Semillon - Margaret River	\$36.90
Stoneleigh Marlborough Sauvignon Blanc - NZ	\$32.90
Arrogant Frog Rosé - France	\$31.90
Moonstruck Pinot Grigio by Brown Brothers - King Valley	\$30.90
Tempus Two Verdelho - Hunter Valley	\$31.90
Moonstruck Moscato by Brown Brothers - Victoria	\$30.90

HOUSE RED WINE

Bay of Stones Merlot	Glass \$7.20	\$27.00
Bay of Stones Shiraz	Glass \$7.20	\$27.00

RED WINE

Wolf Blass Yellow Label Merlot - South Australia	\$29.90
Devil's Corner Pinot Noir - Tasmania	\$38.90
Wyndham Estate Bin 555 Shiraz	\$29.90
Moonstruck by Brown Brothers Shiraz	\$30.90
Penfold's Koonunga Hill Shiraz - South Australia	\$33.90
Penfold's Koonunga Hill Cabernet Sauv - South Australia	\$33.90
Pepperjack Cabernet Sauvignon - Barossa Valley	\$42.50
Wirra Wirra Church Block Cab Sauv Shiraz Merlot - McLaren Vale	\$42.50



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FULL MENU SELECTIONS

- **ENTRÉE & SOUP**
- **SPECIALITIES OF THE HOUSE**
- **BEEF & CHICKEN**
- **KING PRAWNS & SEAFOOD**
- **PORK & DUCK**
- **OMELETTE & CHOW MEIN**
- **VEGETABLES**
- **RICE & NOODLES**
- **BANQUETS**
- **DESSERTS & BEVERAGES**

- **KIDS MENU**
- **GLUTEN FREE AVAILABILITY**
- **FULLY LICENSED NO BYO**

ENTREE

Spring Roll (4)	\$ 9.80
Dim Sim (4)	\$ 9.80
Steamed Dim Sim (4)	\$ 9.80
Sesame Prawn Toast (4)	\$12.60
Deep Fried Prawn Dumpling (4)	\$12.60
Thai Fish Cake (4)	\$11.80
Samosas - Vegetable (6)	\$11.80
Deep Fried Beef Wonton (6)	\$11.80
King Prawn Cutlets (3)	\$16.80
Three Story Prawns (4)	\$17.80
Prawn Cocktails	\$13.80
Deep Fried Calamari	\$14.80
Garlic Calamari *	\$15.80
Garlic King Prawns *	\$18.00
Garlic Scallops *	\$19.00
Mixed Entrée	\$12.60
(Prawn Toast x2, Spring Roll, Dim Sim)	
Mixed Seafood Entrée	\$18.50
(Scallops, Prawns, Fish, Calamari)	

SOUP

Short Soup	\$ 9.80
Long Soup	\$ 9.80
Chicken & Sweet Corn Soup *	\$ 9.80
Crab Meat & Sweet Corn Soup *	\$10.80
Combination Soup *	\$10.80
Combination Long Soup	\$18.20
Combination Short Soup	\$18.20
Seafood Soup	\$15.00
Tom Yum Soup (Hot)	\$15.00

Famous Thai Seafood Soup. Consists of Scallop, King Prawn, Fish & Calamari.

SPECIALITIES OF THE HOUSE

Peking Duck (pre-order required) 1 st course – Pancake Wrap 2 nd course – San Choy Bow	\$88.00
BBQ Duck with Plum Sauce	\$36.50
Steam Coral Trout (whole) with Ginger & Shallot (pre-order required)	\$88.00
Deep Fried Coral Trout (whole) with Sweet & Sour Sauce (pre-order required)	\$88.00
Steam Barramundi Fillet with Ginger & Shallot	\$36.50
Steam Barramundi Fillet with Tofu	\$36.50
Deep Fried Barramundi Fillet with Pearl Sauce (Fish Fillet done in thin batter tossed with Creamy Sweet Corn Sauce)	\$36.50
Sizzling Barramundi (Fish Fillet done in thin batter tossed with Ginger & Shallot)	\$36.50
Deep Fried Scallops	\$36.90
Seafood with Tofu Hot Pot	\$37.50
Vegetable with Tofu Hot Pot *	\$27.50
Hot & Spicy Fried Tofu *	\$25.50
Malaysian Sambal Combination (hot)	\$29.50
Malaysian Sambal Seafood (hot)	\$34.50
Fillet Steak with Ginger & Shallot *	\$33.00

* Gluten Free Availability

SPECIALITIES OF THE HOUSE

Mary's Treasury	\$39.50
Choice Scallops, Prawns, Fish & Calamari cooked with delicious spicy sauce with a touch of garlic. Served in potato basket.	
Rainbow Fillet Steak	\$37.90
Stir fried fillet steak strips with tasty sauce which consists of tomato, fruits juice, worcestershire and red wine. Served in potato basket.	
Deep Fried Wontons Combination	\$37.90
Deep fried dumplings served with Prawns, Beef, Chicken, and Calamari in sweet & sour sauce.	
San Choy Bow	\$27.00
Shun Tung Chicken *	\$27.50
Boneless Crispy Skin Chicken with garlic, soy sauce and a touch of chilli.	
Empress Chicken *	\$28.50
Boneless Crispy Skin Chicken with crab meat sauce.	
Black Pepper Fillet Steak *	\$33.00
Fillet Steak (Hong Kong Style) *	\$33.00
Marinated Fillet Steak, braised with our famous homemade sauce which consists of onion, red wine, vinegar and tomato sauce.	
Crumbed Peking Steak	\$27.00
Seafood Supreme	\$37.90
Choice Scallops, Prawns, Fish, Calamari tossed with crab meat sauce and surrounded with lettuce.	
Beef XO Sauce	\$25.50
The most popular chilli sauce in Hong Kong, not very hot but tasty. *XO sauce is delicious used with seafood and meat; create your own dish.	
Vegetables Supreme *	\$27.50
Choice mixed vegetables stir fried and topped with crab meat sauce.	
Mongolian Lamb	\$33.00
Trim Lamb Eye of Loin	

* Gluten Free Availability

BEEF

Mongolian Beef	\$25.50
Beef with Satay Sauce	\$25.50
Beef with Garlic Sauce	\$25.50
Beef with Ginger and Shallots	\$25.50
Beef with Szechuan Sauce (Hot)	\$25.50
Beef with Cashew Nuts	\$25.50
Beef with Pineapple	\$25.50
Beef with Black Bean Sauce	\$25.50
Beef with Young Corn and Mushrooms	\$25.50
Beef with Oyster Sauce	\$25.50
Beef with Oriental Sauce	\$25.50
Beef with BBQ Sauce	\$25.50
Beef with Chilli Sauce	\$25.50
Beef with Curry Sauce	\$25.50

CHICKEN

Crispy Skin Chicken with Sauce *	\$26.50
<small>(Half Chicken with Bones) Lemon, Plum or Sweet & Sour</small>	
Boneless Chicken with Sauce	\$26.50
<small>(Battered Chicken) Lemon, Plum or Sweet & Sour</small>	
Chicken Fillets with Garlic Sauce *	\$25.50
Chicken Fillets with Satay Sauce	\$25.50
Honey Chicken	\$25.50
Chicken Fillets with Ginger and Shallots *	\$25.50
Chicken Fillets with Black Bean Sauce	\$25.50
Chicken Fillets with Cashew Nuts *	\$25.50
Chicken Fillets with Pineapple *	\$25.50
Chicken Fillets with Young Corn & Mushrooms *	\$25.50
Chicken Fillets with Szechuan Sauce (Hot) *	\$25.50
Chicken Fillets with Oyster Sauce	\$25.50
Chicken Fillets with Chilli Sauce	\$25.50
Chicken Fillets with Curry Sauce	\$25.50
Chicken Fillets with Teriyaki Sauce	\$25.50

*Gluten Free Availability

KING PRAWNS

Garlic King Prawns *	\$32.50
Satay King Prawns	\$32.50
Honey King Prawns	\$32.50
Hot & Spicy King Prawns Fritters	\$32.50
King Prawns with Ginger and Shallots *	\$32.50
King Prawns with Young Corn & Mushroom *	\$32.50
King Prawns with Cashew Nuts *	\$32.50
King Prawns with Oyster Sauce	\$32.50
King Prawns Cutlets (6)	\$32.50
King Prawns with Szechuan Sauce (Hot) *	\$32.50
King Prawns with Chilli Sauce	\$32.50
King Prawns with Curry Sauce	\$32.50
Curry Small Prawns	\$28.50

SEAFOOD

Seafood Platter (Deep Fried)	\$34.50
Seafood Combination	\$34.50
Satay Seafood Combination	\$34.50
Scallops with Ginger & Shallots *	\$36.90
Scallops with Young Corn & Mushrooms *	\$36.90
Satay Scallops	\$36.90
Garlic Scallops *	\$36.90
Calamari in Garlic Sauce *	\$28.90
Calamari in Satay Sauce	\$28.90
Calamari in Black Bean Sauce	\$28.90
Calamari with Ginger & Shallots *	\$28.90
Deep Fried Calamari	\$28.90
Hot & Spicy Calamari	\$28.90

* Gluten Free Availability

PORK

Hot & Spicy Pork Fritters	\$25.50
Chin Kiang (Aged Black Vinegar) Pork Spare Ribs	\$25.50
Pork Spare Ribs with Plum Sauce	\$25.50
Pork Spare Ribs with Sweet & Sour Sauce	\$25.50
Pork Spare Ribs with BBQ Sauce	\$25.50

(Pork Spare Ribs – Battered & off the bone, marinated in a touch of garlic)

DUCK

Deep Fried Duck with Plum Sauce	\$32.50
Deep Fried Duck with Lemon Sauce	\$32.50
Deep Fried Duck with Sweet & Sour Sauce	\$32.50
Deep Fried Duck with Pineapple Sauce	\$32.50
Duck with Vegetables in Oyster Sauce	\$32.50
Duck with BBQ Pork & Mushroom	\$33.50
Duck with Crab Meat Sauce	\$33.50
Combination Duck	\$33.50

COMBINATION

Consists of Prawns, Chicken, Beef and Calamari

Garlic Combination	\$29.50
Satay Combination	\$29.50
Curry Combination	\$29.50
Sweet & Sour Combination	\$29.50
Chilli Combination	\$29.50
Combination with Plum Sauce	\$29.50
Combination with Black Bean Sauce	\$29.50
Combo Beef & Chicken (No Seafood) with Sauce	\$26.50

SWEET AND SOUR

Sweet & Sour Pork	\$25.50
Sweet & Sour Chicken Fritters	\$25.50
Sweet & Sour Chicken Fillets *	\$25.50
Sweet & Sour Fish	\$26.50
Sweet & Sour Braised King Prawns *	\$32.50
Sweet & Sour King Prawn Fritters	\$32.50

OMELETTE

Chicken Omelette *	\$25.50
Ham Omelette	\$25.50
BBQ Pork Omelette *	\$25.50
Vegetable Omelette *	\$25.50
Combination Omelette	\$29.50
King Prawns Omelette *	\$32.50
Seafood Omelette	\$34.50
Plain Omelette *	\$19.00

CHOW MEIN

Beef Chow Mein	\$25.50
Chicken Chow Mein	\$25.50
BBQ Pork Chow Mein	\$25.50
Combination Chow Mein	\$29.50
Beef & Chicken Chow Mein (No Seafood)	\$26.50
King Prawns Chow Mein	\$32.50
Seafood Chow Mein	\$34.50

* Gluten Free Availability

THAI DISHES

(Contains Chilli & Peanuts)

Thai Beef	\$25.50
Thai Chicken	\$25.50
Thai King Prawns	\$32.50
Thai Combination	\$29.50
Thai Beef & Chicken (No Seafood)	\$26.50

VEGETABLES

Vegetables with Satay Sauce	\$25.50
Vegetables with Curry Sauce	\$25.50
Vegetables with Oyster Sauce	\$25.50
Vegetables with Chilli Sauce	\$25.50
Stir Fried Mixed Vegetables *	\$21.00
Steamed Mixed Vegetables *	\$21.00
Vegetable Fried Rice *	\$13.50

RICE

Large Chicken Fried Rice *	\$18.00
Small Chicken Fried Rice *	\$16.80
Large Deluxe Fried Rice *	\$18.00
Small Deluxe Fried Rice *	\$16.80
Large Fried Rice *	\$13.50
Small Fried Rice *	\$12.30
Garlic Rice	\$13.50
Large Boiled Rice *	\$ 8.00
Small Boiled Rice *	\$ 6.60

* Gluten Free Availability

NOODLES

Seafood Laksa

\$32.50

Famous Malaysian noodle soup. Rice noodle with scallops, king prawns, fish, calamari, bean curd and bean sprouts in curry and coconut milk.

Kway Teow *

\$25.90

Fried thick rice noodles with prawns, chicken, BBQ pork and bean sprouts in chilli soy sauce.

Combination Hokkien Noodles

\$25.90

Hokkien noodles with dark soy sauce, topped with prawns, chicken, BBQ pork and vegetables.

Malaysian Mee Goreng

\$25.90

Hokkien noodles with prawns, chicken, BBQ pork, bean sprouts and vegetables.

Beef Ho Fan

\$25.90

Chinese style wok fried thick rice noodles with beef and bean sprouts in dark soy sauce.

Seafood Ho Fan

\$32.50

Wok fried thick rice noodles with scallops, king prawns, fish and calamari cooked in Chinese style.

Japanese Udon with Seafood (Stir-fried)

\$32.50

Japanese fresh udon noodles stir-fried with scallops, king prawns, fish, calamari and vegetables and a touch of garlic.

Japanese Udon with Vegetables (Stir-fried)

\$25.90

Japanese fresh udon noodles stir-fried with fresh mixed vegetables in soy sauce and a touch of garlic.

Singapore Noodles *

\$25.90

Thin rice noodles stir-fried with prawns, chicken, BBQ pork and bean sprouts in a touch of curry.

Oriental Noodles

\$25.90

Thin egg noodles stir-fried with prawns, chicken, BBQ pork and bean sprouts in a touch of curry and spicy sauce.

Pad Thai *

Chicken \$25.90

King Prawn \$32.50

Thai rice noodle stir fried with egg, bean sprouts in tamarind, palm sugar, fish sauce and a touch of chilli. Crushed peanuts on top.

SOMETHING SET ?

Please note: Each of the listed menus are set with no alterations permitted. Thank You!

SOMETHING SIMPLE?

(Min 4 People) \$39.90 pp

Spring Roll
Dim Sim
Prawn Toast
Honey King Prawn
Chicken Chow Mein
Mongolian Beef
Sweet & Sour Pork
Fried Rice

SOMETHING SPICY?

(Min 4 People) \$39.90 pp

Spring Roll
Dim Sim
Prawn Toast
King Prawn with XO Sauce
Mongolian Beef
Hot & Spicy Pork Fritters
Tom Yum Chicken Fillets
Fried Rice

SOMETHING SPECIAL?

(Min 4 People) \$45.90 pp

Chicken & Sweet Corn Soup
Spring Roll
Dim Sim
King Prawn with Vegetables
Hot & Spicy Pork Fritters
Boneless Chicken with Sauce
Mongolian Beef
Fried Rice

SOMETHING SENSATIONAL?

(Min 4 People) \$52.90 pp

Chicken & Sweet Corn Soup
King Prawn Cutlet
Spring Roll
King Prawn with Cashew Nut
Satay Beef
Boneless Chicken with Sauce
Deep Fried Wonton Combo
Fried Rice

SOMETHING SWEET?

Coffee & Dessert \$15.70 pp

COFFEE Cappuccino Caffe Latte Flat White Espresso

DESSERT Deep Fried Ice Cream Tiramisu with Ice Cream
Cheesecake with Ice Cream

SOMETHING SET ?

Please note: Each of the listed menus are set with no alterations permitted. Thank You!

SOMETHING SPECTACULAR ?

(Min 4 people) \$61.90 pp

Chicken & Sweet Corn Soup
Spring Roll
Dim Sim
King Prawn Cutlet
Deep Fried Barramundi Fillet with Sweet & Sour Sauce
Seafood Combination with Cashew Nuts
Rainbow Fillet Steak
King Prawn with Mary Sauce (Spicy)
Deluxe Fried Rice

SOMETHING SIGNATURE ?

(Min 4 people) \$71.90 pp

Chicken & Sweet Corn Soup
Duck Pan Cake
Spring Roll
Three Story Prawn
Deep Fried Barramundi Fillet with Pearl Sauce
Honey King Prawn
Fillet Steak Hong Kong Style
Mary's Treasury (Spicy)
Deluxe Fried Rice

SOMETHING SWEET?

Coffee & Dessert \$15.70 pp

COFFEE Cappuccino Caffe Latte Flat White Espresso

DESSERT Deep Fried Ice Cream Tiramisu with Ice Cream
Cheesecake with Ice Cream

DESSERTS

Deep Fried Ice Cream	\$10.50
Tiramisu with Ice Cream	\$10.50
Banana Fritter with Ice Cream	\$10.50
Lychee with Ice Cream	\$10.50
Cheesecake with Ice Cream	\$10.50
Ice Cream with Topping	\$ 7.20

BEVERAGES

Cappuccino		\$5.20
Latte		\$5.20
Macchiato		\$5.20
Espresso		\$5.20
Long Black		\$5.20
Flat White		\$5.20
Mocha		\$5.20
Hot Chocolate		\$5.20
Tea		\$4.80
Chinese Tea**	For one	\$4.80
Chinese Tea **	For two	\$6.80
• Jasmine Tea		
• Green Tea		
• Oolong Tea		
• Pu-erh Tea		
** One pot with refills		