

Newport Select Boys Basketball Club Concussion Policy

Effective October 6, 2025

The Newport Select Boys Basketball Club ("NSBBC") hereby adopts this Concussion Policy, which is subject to periodic review and revision as appropriate.

All NSBBC coaches and board members must complete concussion training at least annually, currently consisting of the U.S. Centers for Disease Control and Prevention's HEADS UP to Youth Sports: Online Training for Coaches, available at <https://www.cdc.gov/heads-up/training/youth-sports.html>.

If there are any concerns that an NSBBC athlete has experienced a possible concussion, during a practice, game, or other event, an NSBBC coach, board member, or other trained and approved volunteer must comply with the following 4-step concussion action plan.

- Step 1: Stop practice or ask a referee to stop game play immediately.
- Step 2: Remove the athlete from the practice, game, or event, and do not return them to play, even if they do not look visibly hurt. Continue to look for new and serious symptoms, which can appear hours after initial injury. Even if no new signs or symptoms appear, sit them out if there is any sign they could have a concussion. Get them to an emergency room quickly if any danger signs show up or if their symptoms seem to be getting worse.
- Step 3: After removing the athlete, notify the parents or guardians that their child may have a concussion and needs to be checked out by a healthcare provider. Let them know that symptoms can take several hours to appear. Give them the concussion fact sheet for parents, or a link to CDC's HEADS UP website. If a league administrator or medical staff is present, notify them too.
- Step 4: Document the injury so healthcare providers, parents, and others can make informed decisions. Take note of the time of injury, who else was involved, any signs you saw, and what symptoms were reported. Note the steps taken after the injury, the surface the athlete hit, how hard the hit was, and the athlete's reaction. Give a copy of the notes to the parents or guardians, to share with a healthcare provider if the athlete receives a medical assessment.

The athlete may not return to practice or play with NSBBC for at least 24 hours, after being cleared by a health care professional.

Before any athlete may participate in any NSBBC tryout, practice, game, or other event, the athlete's parent or guardian must sign and return the NSBBC Assumption of Risk and Liability Waiver, either electronically or by hard copy.