

FALL TRAINING SCHEDULE 2026

Outdoor Season starts August through the end of October

PROJECTED TRAINING DAYS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
U15 Premiership - 15 Coach Juan/Hernan	Olympic Park 7pm - 8:30pm Field #8	Olympic Park 8:30pm - 10pm Field #9	Olympic Park 8:30pm - 10pm Field #8	Off	Off	Premiership 1 Game	11v11
U14 ECNL - 13 Coach Juan/Hernan	Premiership 1 Game	Olympic Park 8:30pm - 10pm Field #9	Olympic Park 8:30pm - 10pm Field #8	Olympic Park 7:30pm - 8:30pm Field #8	Off		11v11
U14 Select - 11 Coach Juan	Camera Park Turf 8:30pm - 10pm	Olympic Park 8:30pm - 10pm Field #9	Olympic Park 8:30pm - 10pm Field #8	Premiership 2 Game	Off		11v11
U14 Black - 14 Coach Chona/Jose	Springfield Park Field 1 8pm - 9:30pm	Springfield Park Field 1 8pm - 9:30pm	Off	Springfield Park Field 1 8:00pm - 9:30pm	Off		11v11
U14 Gold - 16 Coach Chona/Jose	Springfield Park Field 1 8pm - 9:30pm	Springfield Park Field 1 8pm - 9:30pm	Off	Springfield Park Field 1 8:00pm - 9:30pm	Off		11v11
U13 ECNL - 16 Coach Frank/Raul	Camera Park 7pm - 8:30pm	Camera Park 8:30pm - 10pm	Premiership 1 Game	Olympic Park Field #8 6:30pm to 7:30pm	OFF		11v11
U13 Select - 15 Coach George	Premiership 2 Game	Springfield Park Field 1 8pm - 9:30pm	Springfield Park Field 1 7pm - 8:30pm	Springfield Park Field 1 8pm - 9:30pm			11v11
U13 Black - 9 Coach George	Springfield Park Field 1 8pm - 9:30pm	Springfield Park Field 1 8pm - 9:30pm	OFF	Springfield Park Field 1 8pm - 9:30pm			11v11
U12 ECNL - 12 Coach Frank/Raul	Premiership 1 Game P2 U13	Camera Park 8:30pm - 10pm	Springfield Park Field 1 7pm - 8:30pm	Olympic Park Field #8 6:30pm to 7:30pm	OFF	Off	9v9
U12 Select - 11 Coach George	Springfield Park Field 3 6:30pm - 8pm	Springfield Park Field 3 5:00pm -	OFF	Springfield Park Field 3 6:30pm - 8pm	Off	Premiership 2 Game	9v9

		6:30pm					
U12 Black - 9 Coach Edward	Springfield Park Field 3 5:30pm - 7:00pm	Off	Springfield Park Field 3 6:30pm - 8pm	Springfield Park Field 3 5:30pm - 7:00pm	Off		9v9
U12 Gold - 11 Coach Edward	Springfield Park Field 3 5:30pm - 7:00pm	Off	Springfield Park Field 3 6:30pm - 8pm	Springfield Park Field 3 5:30pm - 7:00pm	Off		9v9
U11 ECNL - 11 Coach Joel	Camera Park Field 1 Turf 7pm - 8:30pm	Camera Park Field 1 Turf 7pm - 8:30pm	Off	Springfield Park Field 3 6:30pm - 8pm	Off	Pathway League	9v9
U11 Select - 7 Coach George	Springfield Park Field 3 6:30pm - 8pm	Springfield Park Field 3 5:00pm - 6:30pm	OFF	Springfield Park Field 3 6:30pm - 8pm	Off	Pathway League	9v9
U11 Black - 6 Coach Angel	Nazos Park Field 1 7:00pm - 8:30pm	Springfield Park Field 3 5:00pm - 6:30pm	Nazos Park Field 1 7:00pm - 8:30pm	Off	Off		9v9
U11 Gold - 15 Coach Angel	Nazos Park Field 1 7:00pm - 8:30pm	Springfield Park Field 3 5:00pm - 6:30pm	Nazos Park Field 1 7:00pm - 8:30pm	Off	Off		9v9
U11 White - 8 Glendale Heights Coach Angel	Nazos Park Field 1 7:00 pm - 8:30pm	Springfield Park Field 3 5:00pm - 6:30pm	Nazos Park Field 1 7:00 pm - 8:30pm	Off	Off		9v9
U10 Black - 10 Coach Joel	Camera Park Field 1 Turf 7pm - 8:30pm	Camera Park Field 1 Turf 7pm - 8:30pm	Off	Springfield Park Field 3 6:30pm - 8pm	Off	Pathway League	7v7
U10 Gold - 6 Coach Raul	Springfield Park 5pm - 6:30pm Field 3 Must go to small for (30)	Springfield Park 5pm - 6:30pm Field 3 Must go to small for (30)	Springfield Park Field 4 5pm - 6:30pm	Off	Off		7v7
U10 White - 8 Coach Raul	Springfield Park 5pm - 6:30pm Field 3 Must go to small for (30)	Springfield Park 5pm - 6:30pm Field 3 Must go to small for (30)	Springfield Park Field 4 5pm - 6:30pm	Off	Off		7v7
U9 Black - 8 Coach Joel	Springfield Park Field 4 5pm - 6:30pm	Springfield Park Field 4 5pm - 6:30pm	Off	Springfield Park Field 4 5pm - 6:30pm	Off	Pathway League	7v7

U9 Gold - 8 Coach Angel	Springfield Park Field 4 5pm - 6:30pm	Off	Springfield Park Field 4 5pm - 6:30pm	Springfield Park Field 4 5pm - 6:30pm	Off		7v7
U9 White - 12 Coach Angel	Springfield Park Field 4 5pm - 6:30pm	Off	Springfield Park Field 4 5pm - 6:30pm	Springfield Park Field 4 5pm - 6:30pm	Off		7v7
U8 Black - 7 Coach Joel	Springfield Park Field 4 5pm - 6:30pm	Springfield Park Field 4 5pm - 6:30pm	Off	Springfield Park Field 4 5pm - 6:30pm	Off		5v5
U8 Gold - 4 Coach Niko/Chona	Off	Springfield Park Microfield 5:45pm - 7:00pm	Springfield Park Microfield 5:45pm - 7:00pm	Springfield Park Microfield 5:45pm - 7:00pm	Off		5v5
U8 White - 12 Coach Niko/Chona	Off	Springfield Park Microfield 5:45pm - 7:00pm	Springfield Park Microfield 5:45pm - 7:00pm	Springfield Park Microfield 5:45pm - 7:00pm	Off		5v5
	GIRLS						
U18 Girls Coach Hernan	Olympic Park 7pm - 8:30pm Field #8	Camera Park Turf 7:00pm - 8:30pm	Springfield Park Field 1 6:30pm - 8:00pm	Off			
U17 Girls Coach Hernan	Olympic Park 7pm - 8:30pm Field #8	Camera Park Turf 7:00pm - 8:30pm	Springfield Park Field 1 6:30pm - 8:00pm	Premiership 1 Game - u17			
U14 GIRLS - 4 Coach Raf	Springfield Park 7:30pm - 9:00pm Field 3	Premiership 2 Game	Springfield Park Field 1 7pm - 8:30pm With Boys	Springfield Park 8:00pm - 9:30pm Field 3	Off		
U13 GIRLS - 11 Coach Raf	Springfield Park 7:30pm - 9:00pm Field 3	Springfield Park Field 1 8pm - 9:30p With boys	Premiership 2 Game	Springfield Park 8:00pm - 9:30pm Field 3	Off		
U12 GIRLS - 11 Coach Raf	Springfield Park 6pm - 7:30pm Field 3	Springfield Park 6pm - 7:30pm Field 3	Off	Springfield Park 6:30pm 8:00pm Field 3 (Darrion)	Off		

U11 GIRLS - 12 Coach Darrion	Springfield Park 6pm - 7:30pm Field 3	Springfield Park 6pm - 7:30pm Field 3	Off	Springfield Park 6:30pm 8:00pm Field 3 (Darrion)	Off		
U10 GIRLS - 17 Coach Darrion	Off	Springfield Park Field 1 5pm - 6:30pm	Springfield Park Field 1 5pm - 6:30pm	Springfield Park Field 3 5pm - 6:30pm		Premiership 1 Game	
U9 GIRLS - 6 Coach Darrion	Off	Springfield Park Field 1 5pm - 6:30pm	Springfield Park Field 1 5pm - 6:30pm	Springfield Park Field 3 5pm - 6:30pm			
U8 GIRLS - 6 Coach Niko/Chona	Springfield Park 5pm - 6pm Microfield	Springfield Park Microfield 5:45pm - 7:00pm	Springfield Park Microfield 5:45pm - 7:00pm				
Girls Fierce Futbolers Darrion	Springfield Park 5pm - 6pm Microfield	Springfield Park Microfield 5:45pm - 7:00pm	Springfield Park Microfield 5:45pm - 7:00pm				