



**LODI  
BOYS & GIRLS CLUB**

**Minimum Day**

January 14

**Club Hours**

12:00 PM- 6:00 PM



# JANUARY



**CLUB AREA**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**KIDS CLUB**

3:00- 4:00  
4:15- 5:15  
5:15- 6:00

Power Hour  
Energizer  
Kids Choice

Power Hour  
Smart Kids  
(6-8)  
Free Time

Power Hour  
Arts & Crafts  
Kids Choice

Power Hour  
Triple Play  
Healthy Habits  
Free Time

Fun Friday  
Activities

**ART ROOM**

3:00- 4:00  
4:15- 5:15

Power Hour  
High-Yield  
Activity

Power Hour  
Smart Moves  
(10-12)

Power Hour  
Energizer

Power Hour  
Arts & Crafts

Fun Friday  
Activity

**PANDA ROOM**

3:00- 4:00  
4:15- 5:15

Power Hour  
Book Club  
(10-12)

Power Hour  
Group Games

Power Hour  
Arts & Crafts

Power Hour  
Triple Play  
Healthy Habits

Fun Friday

**SOCIAL REC.**

2:00- 3:00  
5:15- 6:00

Power Hour  
Jeopardy

Power Hour  
Pool  
Tournament

Power Hour  
Triple Play  
Social Rec.  
(6-9)

Power Hour  
Energizer

Fun Friday  
Activity

**GYM**

3:00- 4:00  
4:15- 5:15

Capture the  
Flag  
Open GYM

Daily  
Challenges  
Open GYM

2<sup>nd</sup> Chance  
Open GYM

Last Man  
Standing  
Open GYM

Fun Friday  
GAME

**TRIPLE  
PLAY**  
a game plan for the mind, body and soul



Skills Mastery and Resilience Training  
**SMART  
moves**



**HEALTHY HABITS**

