

# TENNESSEE STATEWIDE EARLY PSYCHOSIS LEARNING SERIES

A video learning series with guest speaker  
**JASON SCHIFFMAN, PhD**

Professor and Director of Clinical Training at the University of California, Irvine, within the Department of Psychology

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This training video is sponsored by TDMHSAS in partnership with the Tennessee Association of Mental Health Organizations (TAMHO). Funding was provided [in part] under grant number 6H79SM086148, the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.

**A training series comprised of six topics focusing on issues related to youth at Clinical High Risk (CHR) for psychosis.**

The TN Department of Mental Health and Substance Abuse Services is excited to welcome you to our six-part virtual learning series focused on youth and young adults experiencing Critical High Risk for Psychosis (CHR-P). **This series was intentionally designed for providers, educators, and community partners who serve youth at pivotal moments of vulnerability and opportunity.** Early identification and intervention for psychosis can significantly alter a young person's developmental, clinical, and life trajectory. Yet, early warning signs of psychosis are often misunderstood, overlooked, or misattributed, leading to delays in care and increased risk for symptom progression. This learning series aims to bridge that gap by advancing community knowledge, clinical skill, and confidence in recognizing and responding to early indicators of psychosis.

Across six sessions, participants will engage in evidence-informed learning on critical topics including the administration of the Mini Structured Interview for Psychosis (mini-SIPS), the intersection of early psychosis and substance use, autism within clinical high-risk presentations, and other emerging areas relevant to youth mental health. Each session is designed to be practical, accessible, and directly applicable to real-world clinical and community settings. This learning series promotes early detection, informed intervention, and prevention of prolonged untreated psychosis. By increasing awareness of early warning signs and strengthening provider capacity, we collectively move toward systems of care that intervene sooner, respond more effectively, and support better long-term outcomes for youth and families.

Continuing Education Units (CEUs) will be available for each session, supporting both professional development and clinical excellence.

# TRAINING SERIES RELEASE SCHEDULE

**FEBRUARY 15, 2026**

**VIDEO 1**

**How to Administer the Mini-SIPS**

**MARCH 15, 2026**

**VIDEO 2**

**Comorbidity and Youth at Clinical High-Risk for Psychosis**

**APRIL 15, 2026**

**VIDEO 3**

**Intersections Between Autism and Clinical High-Risk for Psychosis**

**MAY 15, 2026**

**VIDEO 4**

**Suicidality in Clinical High-Risk for Psychosis**

**JUNE 15, 2026**

**VIDEO 5**

**Substance Use and Youth at Clinical High-Risk for Psychosis**

**JULY 15, 2026**

**VIDEO 6**

**Tools for School-Based Providers: Assessing Risk for Psychosis in Youth**

## VIDEO DESCRIPTIONS AND LEARNING OBJECTIVES

### VIDEO 1

#### How to Administer the Mini-SIPS

**RELEASE DATE:** FEBRUARY 15, 2026

**CE UNITS AVAILABLE:** 2.00 CE UNITS OR CONTACT / CLOCK HOURS

**APPROXIMATE LENGTH OF VIDEO:** 2 HOURS

**COST:** GRANT FUNDED ACTIVITY – NO COST TO VIEW AND RECEIVE DOCUMENTATION OF CES EARNED

#### LINKS

##### ACCESS TO COMPONENT/VIDEO:

[HTTP://TN.GOV/BEHAVIORAL-HEALTH/EARLYPSYCHOSISLEARNINGSERIES](http://tn.gov/behavioral-health/earlypsychosislearningseries)

##### LINK TO EVALUATION AND REQUEST FOR DOCUMENTATION

**OF CES EARNED:** [CLICK HERE](#) OR PASTE THIS URL INTO YOUR INTERNET BROWSER

[HTTPS://WWW.SURVEYMONKEY.COM/R/EPCOMPONENT1](https://www.surveymonkey.com/r/EPComponent1)

**TAMHO CONTACT:** [TAMHO@TAMHO.ORG](mailto:TAMHO@TAMHO.ORG)

This component of the Early Psychosis Learning Series will provide an overview of psychosis and psychosis-risk syndromes. It will include a focused training of the Mini-Structured Interview for Prodromal-Risk Syndromes (Mini-SIPS), a brief assessment of psychosis-risk. A portion of time will also be dedicated to the application and practice of the Mini-SIPS in interactive sessions. There will also

be a discussion of self-report assessment instruments and assessment best practices.

#### Learning Objectives:

1. Describe attenuated / sub-threshold symptoms typically assessed to determine psychosis-risk status.
2. Identify benefits of specialized treatment for this population.
3. List the components of the Mini-SIPS.

### VIDEO 2

#### Comorbidity and Youth at Clinical High-Risk for Psychosis

**RELEASE DATE:** MARCH 15, 2026

**CE UNITS AVAILABLE:** 1.25 CE UNITS OR CONTACT / CLOCK HOURS

**APPROXIMATE LENGTH OF VIDEO:** 1 HOUR 15 MINUTES

**COST:** GRANT FUNDED ACTIVITY – NO COST TO VIEW AND RECEIVE DOCUMENTATION OF CES EARNED

#### LINKS

##### ACCESS TO COMPONENT/VIDEO:

[HTTP://TN.GOV/BEHAVIORAL-HEALTH/EARLYPSYCHOSISLEARNINGSERIES](http://tn.gov/behavioral-health/earlypsychosislearningseries)

##### LINK TO EVALUATION AND REQUEST FOR DOCUMENTATION

**OF CES EARNED:** [CLICK HERE](#) OR PASTE THIS URL INTO YOUR INTERNET BROWSER

[HTTPS://WWW.SURVEYMONKEY.COM/R/EPCOMPONENT2](https://www.surveymonkey.com/r/EPComponent2)

**TAMHO CONTACT:** [TAMHO@TAMHO.ORG](mailto:TAMHO@TAMHO.ORG)

This component of the Early Psychosis Learning Series explores the relation between clinical high-risk (CHR) for psychosis and common comorbid conditions, such as depression, anxiety, trauma, and substance use. It examines how these comorbidities influence symptom severity, diagnosis, and treatment approaches, highlighting the importance of comprehensive assessment and individualized care. Research findings and clinical considerations are discussed to improve understanding and intervention strategies.

**Learning Objectives:**

1. Identify common comorbid conditions associated with clinical high-risk (CHR) for psychosis and be familiar with their prevalence based on research findings.
2. Differentiate between primary psychotic symptoms and symptoms influenced by comorbid conditions such as anxiety, depression, trauma, and substance use.
3. Explain how comorbid conditions impact symptom severity, functional outcomes, and treatment approaches in individuals at CHR for psychosis.

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**VIDEO 3**

## Intersections Between Autism and Clinical High-Risk for Psychosis

**RELEASE DATE:** APRIL 15, 2026

**CE UNITS AVAILABLE:** 1.25 CE UNITS OR CONTACT / CLOCK HOURS

**APPROXIMATE LENGTH OF VIDEO:** 1 HOUR 15 MINUTES

**COST:** GRANT FUNDED ACTIVITY – NO COST TO VIEW AND RECEIVE DOCUMENTATION OF CES EARNED

**LINKS**

**ACCESS TO COMPONENT/VIDEO:**

[HTTP://TN.GOV/BEHAVIORAL-  
HEALTH/EARLYPSYCHOSISLEARNINGSERIES](http://tn.gov/behavioral-health/earlypsychosislearningseries)

**LINK TO EVALUATION AND REQUEST FOR DOCUMENTATION**

**OF CES EARNED: CLICK HERE** OR PASTE THIS URL INTO YOUR INTERNET BROWSER

[HTTPS://WWW.SURVEYMONKEY.COM/R/EPComponent3](https://www.surveymonkey.com/r/EPComponent3)

**TAMHO CONTACT:** [TAMHO@TAMHO.ORG](mailto:TAMHO@TAMHO.ORG)

Schizophrenia and autism spectrum disorders have been historically linked and, even today, are found to

have substantial overlap in symptomatology. This component of the Early Psychosis Learning Series presents challenges for clinical diagnosis and intervention and points to a need for further research as a foundation that will enable clinicians to reliably delineate the common and distinct features of both disorders. This presentation will cover an overview of the current state of research in the field, including its historical context, the prevalence of this co-morbidity, working theories of the association, the overlap in diagnostic criteria, challenges in assessment, implications of co-morbidity, tips for clinical assessment and treatment, and a discussion of case studies.

**Learning Objectives:**

1. Provide an overview of autism and the attenuated psychosis syndrome.
2. Identify areas of convergence and divergence in diagnostic categorization.
3. Offer tips for assessment and clinical conceptualization useful for treatment.

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**VIDEO 4**

## Suicidality in Clinical High-Risk for Psychosis

**RELEASE DATE:** MAY 15, 2026

**CE UNITS AVAILABLE:** 1.00 CE UNITS OR CONTACT / CLOCK HOURS

**APPROXIMATE LENGTH OF VIDEO:** 1 HOUR

**COST:** GRANT FUNDED ACTIVITY – NO COST TO VIEW AND RECEIVE DOCUMENTATION OF CES EARNED

**LINKS**

**ACCESS TO COMPONENT/VIDEO:**

[HTTP://TN.GOV/BEHAVIORAL-  
HEALTH/EARLYPSYCHOSISLEARNINGSERIES](http://tn.gov/behavioral-health/earlypsychosislearningseries)

**LINK TO EVALUATION AND REQUEST FOR DOCUMENTATION**

**OF CES EARNED: CLICK HERE** OR PASTE THIS URL INTO YOUR INTERNET BROWSER

[HTTPS://WWW.SURVEYMONKEY.COM/R/EPComponent4](https://www.surveymonkey.com/r/EPComponent4)

**TAMHO CONTACT:** [TAMHO@TAMHO.ORG](mailto:TAMHO@TAMHO.ORG)

This component of the Early Psychosis Learning Series explores the complex issue of suicidality among youth at clinical high risk for psychosis (CHR), highlighting the prevalence, risk factors, and effective assessment and intervention strategies. The presentation draws on recent research to understand the relation between symptoms of psychosis risk, internalized stigma, sleep quality, and suicidal thoughts

and behaviors. The presentation notes key points on this topic, including statistics such as suicide being the second leading cause of death for youth aged 10-25 years in the United States. The talk also covers potential theoretical, biological, and psychosocial models for explaining the link between suicidality and risk for psychosis. Effective risk assessment tools, such as the Columbia Suicide Severity Rating Scale (C-SSRS) and Ask Suicide-Screening Questions (ASQ), as well as safety planning and other interventions, are discussed.

**Learning Objectives:**

1. Describe risk factors for suicide among people at risk for psychosis.
2. Compare assessment strategies for suicide risk.
3. Identify promising approaches to care for people at risk for psychosis with suicidality.

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**VIDEO 5**

## Substance Use and Youth at Clinical High-Risk for Psychosis

**RELEASE DATE:** JUNE 15, 2026

**CE UNITS AVAILABLE:** 1.25 CE UNITS OR CONTACT / CLOCK HOURS

**APPROXIMATE LENGTH OF VIDEO:** 1 HOUR 15 MINUTES

**COST:** GRANT FUNDED ACTIVITY – NO COST TO VIEW AND RECEIVE DOCUMENTATION OF CES EARNED

**LINKS**

**ACCESS TO COMPONENT/VIDEO:**

[HTTP://TN.GOV/BEHAVIORAL-HEALTH/EARLYPSYCHOSISLEARNINGSERIES](http://tn.gov/behavioral-health/earlypsychosislearningseries)

**LINK TO EVALUATION AND REQUEST FOR DOCUMENTATION**

**OF CES EARNED: CLICK HERE OR PASTE THIS URL INTO YOUR INTERNET BROWSER**

[HTTPS://WWW.SURVEYMONKEY.COM/R/EPComponent5](https://www.surveymonkey.com/r/EPComponent5)

**TAMHO CONTACT:** [TAMHO@TAMHO.ORG](mailto:TAMHO@TAMHO.ORG)

This component of the Early Psychosis Learning Series examines the intersection of clinical high risk (CHR) for psychosis and substance use, highlighting the impact of substances like cannabis on psychosis risk and symptom severity. It provides an overview of key drivers of substance use, assessment strategies, and

evidence-informed treatment approaches tailored to CHR population

**Learning Objectives:**

1. Recognize the link between substance use and clinical high risk (CHR) for psychosis.
2. Explain the role of various contributors to substance use among youth at CHR for psychosis.
3. Distinguish between substance-induced psychosis and primary psychosis disorders in CHR individuals.

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**VIDEO 6**

## Tools for School-Based Providers: Assessing Risk for Psychosis in Youth

**RELEASE DATE:** JULY 15, 2026

**CE UNITS AVAILABLE:** 1.25 CE UNITS OR CONTACT / CLOCK HOURS

**APPROXIMATE LENGTH OF VIDEO:** 1 HOUR 15 MINUTES

**COST:** GRANT FUNDED ACTIVITY – NO COST TO VIEW AND RECEIVE DOCUMENTATION OF CES EARNED

**LINKS**

**ACCESS TO COMPONENT/VIDEO:**

[HTTP://TN.GOV/BEHAVIORAL-HEALTH/EARLYPSYCHOSISLEARNINGSERIES](http://tn.gov/behavioral-health/earlypsychosislearningseries)

**LINK TO EVALUATION AND REQUEST FOR DOCUMENTATION**

**OF CES EARNED: CLICK HERE OR PASTE THIS URL INTO YOUR INTERNET BROWSER**

[HTTPS://WWW.SURVEYMONKEY.COM/R/EPComponent6](https://www.surveymonkey.com/r/EPComponent6)

**TAMHO CONTACT:** [TAMHO@TAMHO.ORG](mailto:TAMHO@TAMHO.ORG)

This component of the Early Psychosis Learning Series provides an overview of psychosis and psychosis-risk syndromes, followed by issues regarding assessment and intervention. It will include a primer on the use of the SIPS and the PRIME Screen, and touch on assessment best practices, and use of existing screening instruments. The entire presentation will be tailored to the needs of schools to provide services for those at risk for psychosis in schools.

**Learning Objectives:**

1. Define attenuated / subthreshold symptoms typically assessed to determine psychosis-risk status.
2. Identify psychosis-risk assessment strategies.
3. Describe psychosocial interventions for youth at risk for psychosis.

## LEARNING SERIES SPEAKER & EXPERT

Dr. Jason Schiffman earned his Ph.D. in Clinical Psychology from the University of Southern California in 2003 and is currently a Professor and Director of Clinical Training at the University of California, Irvine, within the Department of Psychology. His research is dedicated to enhancing the identification and treatment of individuals at risk for psychosis, with a particular focus on refining diagnostic processes, exploring the efficacy of psychosocial interventions, reducing stigma, and addressing health inequities. Dr. Schiffman has published over 200 scientific articles and serves on the editorial boards of *Psychiatric Services*, *Schizophrenia Bulletin*, and *Early Intervention in Psychiatry* (the latter two of which he is an associate editor). He has successfully secured over \$20 million in external funding, including grants from the National Institute of Mental Health (NIMH). Dr. Schiffman has co-founded three university-community partnerships dedicated to supporting individuals at risk for psychosis, including a SAMHSA-funded CHRP clinic in Maryland and a CHRP program in Southern California. He is a nationally recognized consultant, providing guidance to numerous CHRP programs across the country, and is a member of the Early Serious Mental Illness Treatment and Technical Assistance (ESMI TTA) team, where he contributes to national efforts to enhance early intervention services. Additionally, he is one of only a few certified trainers in the administration of the Structured Interview for Psychosis Risk Syndromes (SIPS). Dr. Schiffman is also leading the development of a new Ph.D. program in Clinical Psychology at UC Irvine, further advancing the field through education and training.



[Schiffman CV 2025](#)



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## CONTINUING PROFESSIONAL DEVELOPMENT CREDITS

Certificates documenting continuing professional development hours earned will be available by TAMHO upon request. There is a total of up to 8.00 contact/clock hours available within the Statewide Early Psychosis Learning Series.

FEBRUARY 15, 2026   VIDEO 1   <b>How to Administer the Mini-SIPS</b> .....	2.00
MARCH 15, 2026   VIDEO 2   <b>Comorbidity and Youth at Clinical High-Risk for Psychosis</b> .....	1.25
APRIL 15, 2026   VIDEO 3   <b>Intersections Between Autism and Clinical High-Risk for Psychosis</b> .....	1.25
MAY 15, 2026   VIDEO 4   <b>Suicidality in Clinical High-Risk for Psychosis</b> .....	1.00
JUNE 15, 2026   VIDEO 5   <b>Substance Use and Youth at Clinical High-Risk for Psychosis</b> .....	1.25
JULY 15, 2026   VIDEO 6   <b>Tools for School-Based Providers: Assessing Risk for Psychosis in Youth</b> .....	1.25
<b>TOTAL CEs Available for the Learning Series</b> .....	<b>8.00</b>

### National Association of Social Workers, Tennessee Chapter

This event has been approved by the **NATIONAL ASSOCIATION OF SOCIAL WORKERS, TENNESSEE CHAPTER** for up to 8.00 continuing education units for this Learning Series with appropriate conference documentation

*Professionals in attendance at this conference are encouraged to review Chapter 1365-1 to ensure the workshop they are attending is applicable and appropriate to their professional development. The Tennessee Board of Social Work Certification and Licensure does not pre-approve continuing education programs. It is the responsibility of the LMSW/LCSW, using their professional judgment, to justify that the continuing educational program meets the guidelines of Chapter 1365-1 and is relevant to their professional practice.*

### Professional Counselors, Marital and Family Therapists, and Clinical Pastoral Therapists

As stated within the rules and regulations of the State of Tennessee Board for Professional Counselors (0450-01-.12-(5)-(a)-1-vi and vii), Marital and Family Therapists (0450-02-.12-(5)-(a)-1-vi and vii), and Clinical Pastoral Therapists (0450-03-.12-(5)-(a)-1-vi and vii), the hours approved for this conference by APA and/or NASW are considered pre-approved hours acceptable for submission of documentation for continuing professional development for individuals licensed by this Board.

### Tennessee Certified Young Adult Peer Support Specialist (CYAPSS)

This event has been approved by the Tennessee Certified Young Adult Peer Support Specialist for up to 8.0 contact/clock hours with appropriate conference documentation.

*It is the responsibility of the event attendee to use their professional judgment, to justify that the continuing educational programs attended meet the guidelines of their respective licensure or certification boards/agencies and is relevant to their professional practice.*