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MANY VOICES, ONE VILLAGE | Building Hope in Tennessee





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Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS)

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Assistant Director, Office of Crisis Services and Suicide Prevention

Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS)

TN Statewide Crisis Services and Suicide Prevention Conference

Office of Crisis Services and Suicide Prevention

Presented by:

Jennifer Armstrong, LPC-MHSP
TDMHSAS Director of Crisis Services and Suicide Prevention

Andy Lawrence, LPC-MHSP

TDMHSAS Assistant Director of Crisis Services and Suicide Prevention



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Presentation Overview

- Achievements and Milestones
- Ongoing Initiatives
- Measuring Quality and Impact
- Looking Ahead: Plans and Priorities





Historic Growth in Crisis Funding



Recurring State Funds for Crisis

TDMHSAS Funding for Provider Rate Increased from FY23 to FY25:

\$7,757,207

Funds for new CSU sites

TennCare supported two new C & Y CSU sites:

\$10,000,000

American Rescue Plan Act (ARPA) supported four new adult WIC/CSU sites:

Program	FY20 Funding	FY26 Funding	% Increase in Funding: FY20-FY26
WIC/CSU/Respite	\$15,786,000	\$19,911,400	26%
Mobile Crisis	\$5,397,700	\$9,596,300	78%
TOTAL	\$21,183,700	\$29,507,700	39%

\$35,850,075





326,050 crisis calls answered

58% resolved by phone

42% referred for mobile crisis

Mobile Crisis Assessments

108,104 mobile crisis assessments completed

Diversion Rate

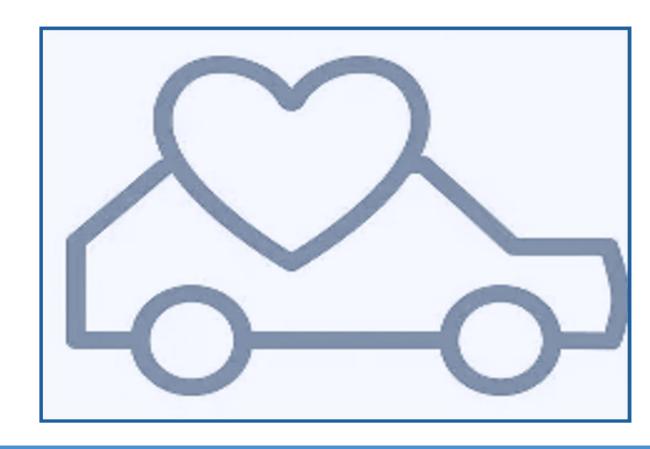
Average Mobile Crisis Diversion Rate (In-Person):

72%

Average Mobile Crisis Diversion Rate (Telehealth):

64%





Mobile Crisis

Over the last two Fiscal Years (FY24 and FY25):

Walk-In Center (WIC) and Crisis Stabilization Units (CSU)

Over the last two Fiscal Years (FY24 and FY25):

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WIC

37,823 Crisis Assessments Completed in a WIC

Average WIC Diversion Rate **79%**

21,508 Admissions to 23-Hour Observation

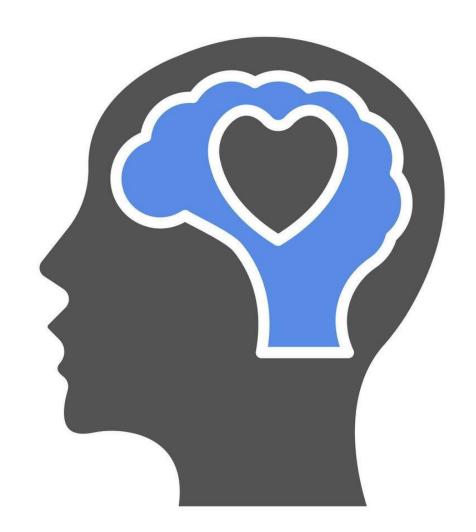
<u>CSU</u>

14,262 Admissions to a CSU

Adult: **13,753**

Children/Youth: 460

7,429 Admissions to Respite







2020-2021

TN-4476 – 2020 Tornado Outbreak

TN-4514 - 2020 COVID

TN-4609 - 2021 Waverly Floods

TN-4637 - 2021 Storms, Straight-line Winds, Tornadoes

2022-2023

TN-4701 - 2023 Storms, Straight-line Winds, Tornadoes

TN-4751 - 2023 Storms and Tornadoes



TN-4832 - 2024 Tropical Storm Helene

TN-4878 - 2025 Storms, Straight-line Winds,

Tornadoes



Disaster Management

From 2020-Present: 8 CCP Grants



Responding to Disaster in Tennessee

Over the last two Fiscal Years (FY24 and FY25):



18,869,034 reached through distribution of Mass Media

30,423 materials distributed to impacted communities

7,657 served with direct CCP services

4,762 collaborations made through community networking





Suicide Prevention

Over the last two Fiscal Years (FY24 and FY25):

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Tennessee Suicide Prevention Network

Provided gatekeeper trainings to **32,134** individuals

Expanded to 10 regions, adding an additional regional director in Middle TN

Mental Health 101

172 middle & high schools across the state participated in program

56,390 youth reached through program

Project TN

143,479 teachers/school staff trained

451,233 students impacted

Mental Health America Screening

72,617 individuals screened

School and Communities Youth Screen

1,609 adults trained in Mental Health First Aid

378 students screened

Youth and Young Adult Suicide Prevention Program

28,869 individuals reached through awareness and outreach

858 individuals trained in suicide prevention





988: Success in Tennessee



Celebrated the 3 Year Anniversary of 988: July 17, 2025

Eight 988 Call Centers

Four 988 Chat/Text Centers

Additional Support:

Evaluation Team

Marketing Team

988 Advisory Coalition





TN 988 Accomplishments (since Go-Live on July 16, 2022)



Increased Capacity and Workforce

Added 2 new call centers

Added 4 new chat/text centers

Enhancing Follow-up

Added 7 follow-up specialists to 988 system

Warm Transfers

Collaboration with:

- 911
- Tennessee Bureau of Investigations





988 Call Volume and Outcomes



Over the last two Fiscal Years (FY24 and FY25):

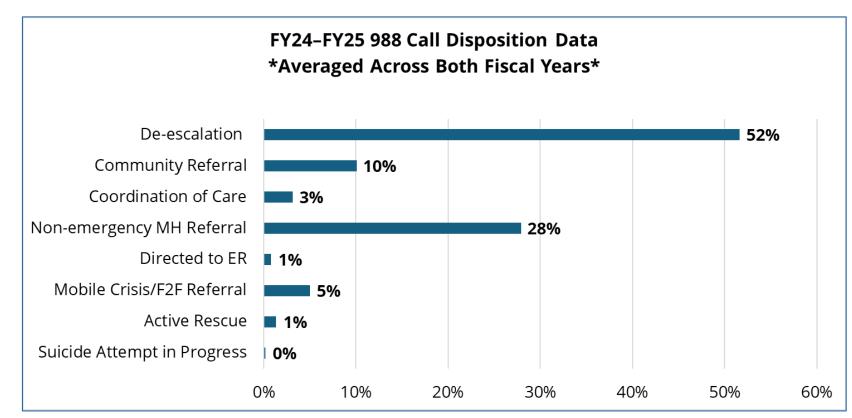
95,567 calls answered by 988 providers in TN

Average In-State Answer Rate:

88%

Average Time to Answer:

27 seconds



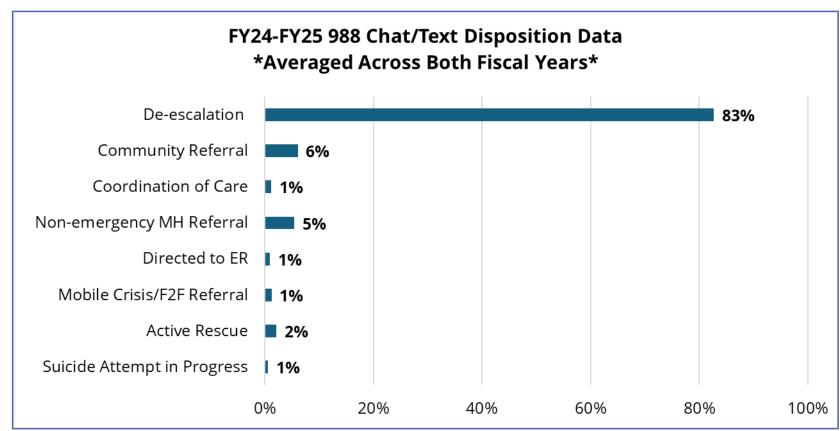


988 Chat/Text Volume and Outcomes

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Over the last two Fiscal Years (FY24 and FY25):

27,877 chat/text answered by 988 providers in TN





Connecting Tennesseans to the Right Care at the Right Time

Crisis Assessments Completed in Emergency Room

5% decrease from FY20 to FY25 (1,567 fewer clients presented to an ER in FY25)

Law Enforcement Involvement

21% decrease from FY20 to FY25 (3,186 fewer clients transported by LE in FY25)

Be the lifeline.

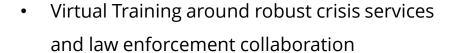






Increased Collaboration with Law Enforcement





Streamlining MPA Program

- Conducted 13 Mandatory Prescreening Agent (MPA) trainings,
- Designated 178 Qualified Mental Health Professionals

Mental Health Resource Awareness for First Responders

- 9.5 million impressions across digital platforms
- 9,100+ unique webpage visitors

Ongoing Initiatives

Over the last two Fiscal Years (FY24 and FY25):





A Look Inside: Expanding Crisis Services Footprint



Opened March 2025

Opening September 2025





Opened June 2025

Opened April 2024





Expanding our Footprint

Opening TWO new adult WIC/CSU sites

1. CenterstoneSeptember 2025- Clarksville, TN

2. Pathways of TennesseeDecember 2026- Dyersburg, TN.

Opening TWO new children/youth CSU sites

1. Mental Health Cooperative October 2025- Nashville, TN

2. Alliance HealthcareApril 2026- Memphis, TN.



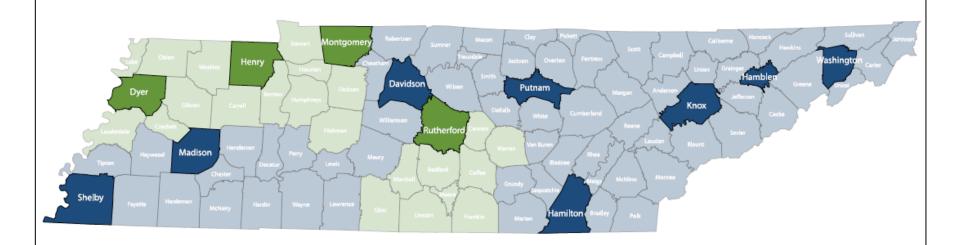
Expansion Adult CSU and Walk-In Centers



Dyer: Pathways Behavioral Health Henry: Carey Counseling Center

Montgomery: Centerstone of Tennessee Rutherford: Volunteer Behavioral Health





Current Adult CSU and Walk-In Centers



Shelby: Alliance Healthcare Services Madison: Pathways Behavioral Health Davidson: Mental Health Cooperative Putnam: Volunteer Behavioral Health Hamilton: Volunteer Behavioral Health

Knox: McNabb Center Hamblen: McNabb Center Washington: Frontier Health



CHILDREN AND YOUTH CRISIS SERVICES

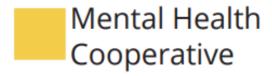
Call or Text 988 and Press 0 for a Crisis Counselor





Two additional Children's Walk-In Centers and Crisis Stabilization Units are being added in Nashville and Memphis with new funding in the current state fiscal year budget.











Looking Ahead

Increasing CSU Referrals and Utilization

- Standardize operations
- Enhanced census reporting
- Marketing campaign
- Middle TN Pilot Project

Developing new Crisis Management System

- Focus on episodes of care
- Integration of 988 data
- Focus on quality outcome measures
- Ensure standardized, consistent data capture



Analyzing Suicide Death Data

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- Dissemination plan to providers for internal QA
- Utilization of data to inform barrier and access to services.
- Utilization of data to inform outreach and implementation strategies



Let's Connect

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COMPLETE CONFERENCE EVALUATION FORMS AND THE REQUEST FOR DOCUMENTATION OF CES EARNED

Up to 4.75 contact / clock hours available for this event.

QUESTIONS? Email: tamho@tamho.org





https://www.surveymonkey.com/r/CrisisEval25

https://www.surveymonkey.com/r/CrisisCE25

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