

HONDURAS MISSION 2026





2026 Trip Dates
Thursday, September 17
to
Wednesday, September 23



History - Honduras Mission



LAMB
INSTITUTE



- ❖ Since 2011, we have sent a medical brigade to Honduras from Birmingham, and a construction crew whenever possible
- ❖ Volunteers come from several Birmingham churches led by Mountain Brook Community Church and All Saints Episcopal Church.
- ❖ We serve in Honduras in cooperation with LAMB Institute. www.LAMBinstitute.org
- ❖ Founded in 1999, LAMB today operates an orphanage, an elementary school, and provides a wide range of social services in Tegucigalpa, Honduras.





WHAT WE DO IN HONDURAS



Honduras Medical Mission

- ❖ We offer medical care with love and concern.
- ❖ Our medical brigades are made up of medical professionals and lay support staff. We provide 4 days of medical clinics in Tegucigalpa and the surrounding countryside and serve approximately 800 people, primarily women and children.
- ❖ We bring all the medicine and supplies needed for the clinics. We supply 70 types of prescription medicine; and each patient receives a Care Pack with over-the-counter medicine and vitamins. We often distribute glasses and specialized ophthalmological meds.



2025 Brigade



2024 Brigade



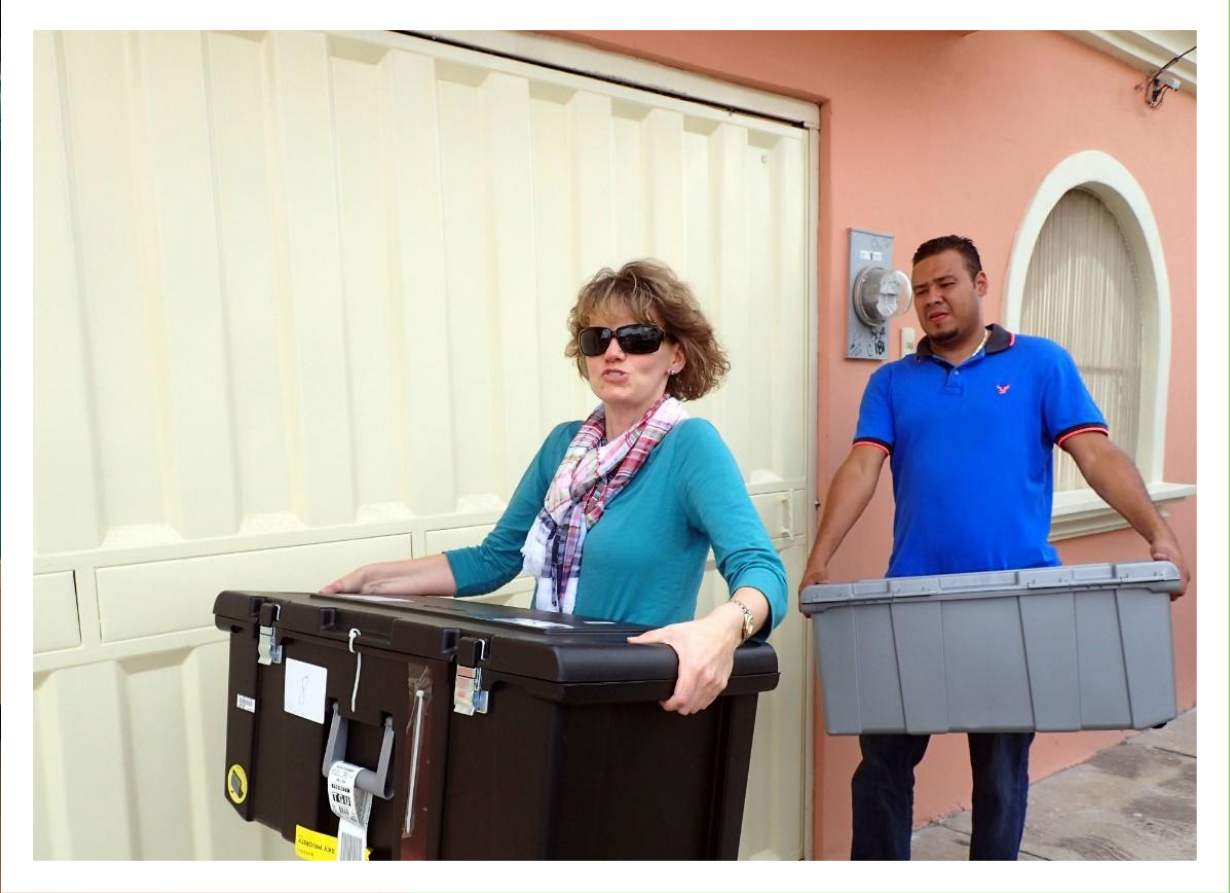
2022 Brigade with Translators



2018 Brigade



We bring all the medicine and supplies.





We host four day-long
medical clinic days at
locations selected by
LAMB













GRIST



B-23 Cough drops #1 bag ADULT
Disolver una pastilla en la boca
como sea necesario para la tos. VENCI



B-24 Mebendazole 100 mg #7
Sig: una (1) tableta al dia
(para infeccion de lombrices) VENCI DIC 2018



B-22 Calcium Carbonate-antiacid #50
Sig: Mastique una tableta si la necesita
(para antiacido) VENCI DIC 2018



Cough Drops (pastillas para la tos): Utilizar segun sea necesario para la sequedad de garganta o dolor [B-23]

Calcium carbonate 500 mg (carbonato de calico): Sig: Mastique uno (1) tres (3) veces al dia cuando sea necesario para acido [B-22]

Acetaminophen 500 mg tabs: Sig: Tome uno o dos tabletas tres veces al dia cuando sea necesario (para dolor o fiebre) [B-20]

Vermox (mebendazole) 100 mg: Sig: Una (1) tableta al dia (parasitos intestinales) [B-24]



W-30 Vitamin >12 yo + Folic Acid #120
Sig: una (1) tableta al dia. VENCI DIC 2018
print 75

**WE RECEIVE A WARM
WELCOME FROM THE PEOPLE
OF HONDURAS AND THE
BEAUTIFUL CHILDREN**





This is a mission of God's love – not only towards the people of Honduras, but God's love for us as well.

We feel blessed to serve our brothers and sisters in Honduras. We see God's love in so many faces.













**Honduras
CONSTRUCTION
MISSION
[if enough
volunteers
available]**

- ❖ Our construction crews are made up of volunteers of any skill level.
- ❖ We work on projects to maintain and enhance LAMB facilities.
- ❖ We also have built homes for local residents.







OUR STAY IN HONDURAS AT THE LAMB GUEST HOUSE









Sunday Worship with the children at the LAMB Children's Home





... and some sightseeing in Tegucigalpa



HOW YOU CAN HELP



Honduras Mission

Sept. 17 -23,
2026

- ❖ Our trip this year is September 17 to 23. We leave and return from Birmingham. Passport, but no Visa, required.
- ❖ We need both medical and non-medical **volunteers** for the medical brigade and construction crew.
- ❖ We request **donations** from individuals and churches to help defray mission costs. All donations go directly to providing medicine and supplies to the people we serve.
- ❖ Please **pray** for the continuing success of the Honduras Mission.



For more information or questions, please contact Dr. Stephen Russell swrussell@uabmc.edu;



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