



## CALABASH COVE RESORT & SPA

*St. Lucia • West Indies*

# EXCURSIONS & EXPERIENCES BROCHURE

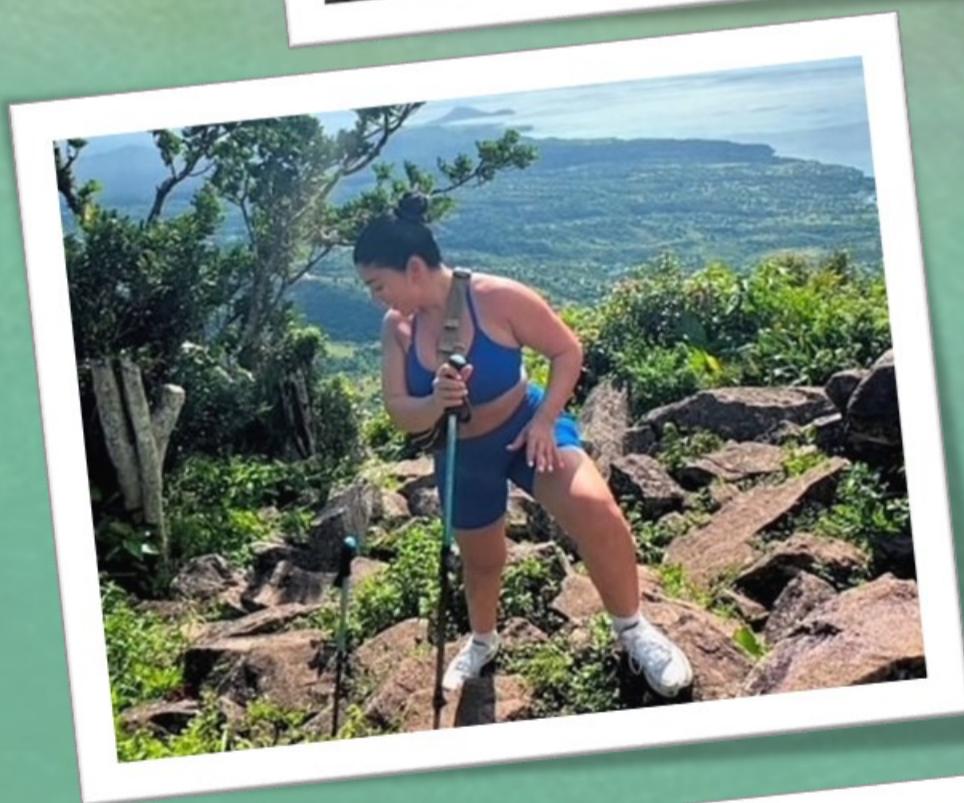
It's time to refresh your  
mind and sites!

### AVAILABLE

- LAND & SEA TOUR
- BIRD WATCHING
- SUNSET CRUISE
- HELICOPTER
- TRANSFERS PITON
- HIKE
- GOLF
- WHALE & DOLPHIN WATCHING
- SPORT FISHING

### BOOK NOW

[CONCIERGE@CALABASHCOVE.COM](mailto:CONCIERGE@CALABASHCOVE.COM)





## HELICOPTER TRANSFERS

### Airport Shuttles (approx. 10 minutes) (US\$ 521.00 PER COUPLE ONE WAY)

This shuttle takes you from either Hewanorra Airport or George F.L. Charles Airport to the other airport. Views: St. Lucia's lush interior highest peak (Mt. Gimmie), Roseau Dam, Atlantic Coast, Marigot

### South Island Tour (20 minutes) (US\$ 520.80 PER COUPLE) (INCLUSIVE OF 10% VAT)

**Sights:**  
Castries, Marigot Bay, St. Lucian Fishing Villages, Lush Rainforest, Interior Mountains, Pitons, Soufriere Volcano, Coral Reefs, Dive Sites, Remote Waterfalls, Rivers and Valleys.

### North & South Tour (30 minutes) (US\$ 633.60 PER COUPLE) (INCLUSIVE OF 10% VAT)

**Sights:**  
Castries, Major Beaches & Hotels, Plantations, Cap Estate Homes, Rugged Atlantic Coast, Pigeon Point, Fort Rodney, Rodney Bay Marina, Rat Island

### West Coast Shuttle (approx. 15 minutes) (US\$ 528.00 PER COUPLE ONE WAY )

This flight takes roughly five more minutes than the regular shuttle as it meanders over many of St. Lucia's favorite scenic areas. You'll see the Pitons in all their glory, the Soufriere Volcano and a rainforest that you might imagine coming from a magical fairy tale.

**PRIVATE TRANSFERS TO AND FROM HELIPAD ARE INCLUDED IN THE PRICE**



## **FUN TO SEE**

Airport Ferry (approx. 90 minutes to 2 hrs)

This shuttle takes you from Hewanorra Airport to Point Seraphine on Arrival and Point Seraphine to Hewanorra upon departure.

Your vacation in Saint Lucia begins upon exiting immigrations and heading straight to the Southern Taxi desk, where you will then provide your name and flight details to the agent.

A five-minute drive away from Hewanorra Airport, an air-conditioned vehicle brings you right to our luxurious boat. Here you are greeted and seated either in the comfortable air-conditioned cabin or on the open-air upper deck. The trip lasts between 90 minutes to 2 hours while you enjoy a breathtaking view of the amazing turquoise waters of the Caribbean Sea and the exotic coast of Saint Lucia.

**Cabin Seat US\$ 140.00 per  
person/one way**

**Cabin Booth US\$ 150.00 per  
person/one way**

**Upper deck open air (covered) US\$ 170.00 per person/one way**

Complimentary wine, beer, champagne and mimosas are provided for adults, along with snacks, soft drinks and bottled water for everyone.

**Ground transportation between the Airport and the Boat  
and between the Boat and the Resort is included.**

Prices are subject to change without prior notice



## TOUT BAGAY LAND AND SEA EXCURSION

“TOUT BAGAY” In Creole means “A little bit of everything” which is exactly what this tour is all about!

Sail down the west coast and capture on film the famous Pitons as they rise majestically out of the sea and visit the bubbling drive-in-volcano as you learn how our island was formed.

In Soufriere you will visit the refreshing Toraille Waterfall followed by Sulphur Springs where you can get:

a guided tour through the Volcano

or

take a dip in the mud formed.

Top it all off with a swim and snorkel or relax in the sun at one of St. Lucia’s protected bays. Keep your cameras handy for a perfect photo opportunity as you sail through picturesque Marigot Bay.

Then brush up on your dance steps with our guides and crew as they teach you the latest island steps. Don’t miss this chance to see and do “Tout Baygay” a little bit of everything.

**AVAILABLE**

**MONDAYS, TUESDAYS, WEDNESDAYS, FRIDAYS & SATURDAYS**

**8:00 AM TO 5:00PM**

**US\$ 135.00 PER ADULT (INCLUSIVE OF TRANSFERS AND 10% VAT)**



## PITON HIKE

Take the ultimate St. Lucian challenge and climb to the peak of the world-famous Gros Piton, designated a World Heritage Site by UNESCO and described by Oprah Winfrey as One of the tour places you must see during life.

The Pitons are two volcanic plugs located near the towns of Soufriere and Choiseul on the southwestern coast of the island. The Gros Piton is 771 m, and the Petit Piton is 743 m high; they are linked by the Piton Mitan ridge. There are still sulfur springs and hot mud pools in the nearby Soufriere caldera, visible remnants of former volcanic activity in the area.

**BRIGAND HIKE**—A trip by bus down the west coast to Soufriere, passing by Marigot Bay, Anse La Raye & Anse Cochon. In the village of Canaries is popular freshly baked bread, for your enjoyment. Your guide will then accompany you to the summit of Gros Piton, from which the view must be seen to be believed, with clear views across to Martinique to the north and St. Vincent to the south.

Be sure to get a photo – op near the World Heritage Site Monument.

It is proof that you made it to the top!

**All Day Excursion US\$ 149.60 per person (INCLUSIVE OF 10% VAT)  
(Bathing suit and change of clothing is recommended for lunch)**

**Lunch & refreshments are provided. Transfers Included**

**Available Mon, Wed & Fri, minimum of 4 required**

Prices are subject to change without prior notice



## EASTERN EXOTIC ATV TOURS

### 🌿 Irie Valley Ride (Approx. 2.5 hrs)

🚐 Pick-Up: 8:20 AM ⏱ Start: 9:30 AM

#### Highlights:

- Scenic ATV ride through the lush Mabouya Valley
  - Visit the Martyr's Rastafarian Community
  - Sample cassava & farine, enjoy folk music
  - Learn about the "Green Gold" banana era
  - Cultural, historical & nature-filled adventure

#### 💰 Rates:

- US\$180 – Single Seater
- US\$288 – Double Seater

### 🚐 Louvet Off-Road Adventure (Approx. 2.5 hrs)

🚐 Pick-Up: 12:20 PM ⏱ Start: 1:30 PM

#### Highlights:

- High-adrenaline 4x4 experience through rugged Louvet terrain
  - Navigate rocky paths & muddy tracks
  - Enjoy coastal & forest views
- Perfect for thrill-seekers & nature lovers

#### 💰 Rates:

- US\$180 – Single Seater
- US\$288 – Double Seater

Minimum: 4 pax

Hotel to Eastern Exotic ATV – 00:00 – 00:45 mins

Safety Gear: Closed toed shoes, helmets & eyewear required

Briefing: Full safety instructions provided before each ride

*Inclusive of transportation from and to hotel*

Prices are subject to change without prior notice



## 18 HOLE GOLF COURSE

### 6771 YARDS - PAR 71 FOR YOUR PLEASURE

The Golf and Country Club is where the tradition of a timeless game meets a distinct tropical setting. Lush fairways roll above stunning Caribbean waters. Contoured greens are surrounded by orchids and bromeliads. A dramatic course sits on an island bursting with beauty.

And when the round is over, gracious hospitality awaits in an open-air bar and restaurant with panoramic views of paradise.

#### Rates

18 holes...US\$ 290.00 per person (includes cart)

#### Rentals

Titleist Golf Club – US\$ 75.00 per person (1 sleeve of Titleist balls included)

Foot Joy Golf Shoe: – US\$ 20.00 per pair

Driving Range Fee: US\$ 25.00 (includes clubs and unlimited balls)

Range Balls: – US\$ 5.00 per bucket

Lessons (for 1-2 persons) – 30 minutes – US\$ 100.00

· 60 minutes – US\$ 180.00

90 minutes – US\$ 260.00

All rental payments are payable directly at the golf course.

Transportation not included

Restaurant, fully licensed bar (prices are inclusive of 10% VAT) and Duty-Free Pro Shop open daily

1st Tee Time – 6:50am

Rates for guidance only, subject to change without notice



## WHALE & DOLPHIN WATCHING

Whale and Dolphin Watching is one of the most emotional and exciting activities you can experience.

This should be a must in everyone's adventure plan and what better place than the blue waters of the Caribbean Sea. Here there are many resident pods as well as migratory ones, so you stand a pretty good chance of a sighting on nearly every trip.

The most common species are

Pilot whales	False Orcas
Sperm whales	Hawksbill Turtles
Humpbacks	Greenback Turtles

With the use of the hydrophone, you will hear the whales and dolphins, chatting to each other in a series of clicks, screams, squeals, clacks, grunts howls and in the case of the humpback melodic wailing.

Whale and Dolphin Watching US\$ 71.50 Per Person  
Available on Tuesdays, Thursdays & Saturdays

## DEEP SEA FISHING

Enjoy sport fishing in Saint Lucia! Recognized as one of the most populated fishing grounds in the Caribbean, catch a range of Blue Marlin, Dolphin (Mahi Mahi), Tuna, Wahoo, and Sailfish, just to name a few.

Board a customized 32' Bertram and get ready for an amazing offshore experience!

Group Fishing US\$ 145.20 Per Person  
Price is inclusive of 10% VAT

Prices are subject to change without prior notice

January 02, 2026



## SPORT FISHING

Captain Mike currently holds the St. Lucia's record for landing a 940lb blue marlin in January 2000!

If you are a professional - great - If not don't worry, we will show you the ropes of this exhilarating sport, you couldn't be in better hands, So come and join the master's and see what you can land!

### We offer:

Private 1/2-day 38ft	US\$ 871.20
Private 1/2-day 43ft	US\$ 1016.40
Private 1/2-day 46ft	US\$ 1108.80
Private full day 38ft	US\$ 1584.00
Private full day 43ft	US\$ 1848.00
Private full day 46ft	US\$ 1980.00

### ST. LUCIA FISHING CHART

Blue Marlin	Year-round (peaks Oct. -Jun)
Yellowfin Tuna	Year-round (peaks Dec. – May)
Big Eye Tuna	Year-round (peaks Mar – May & Oct. – Dec.)
Dorado	Year-round (peaks Dec. – Jun.)
Wahoo	Year-round (peaks Dec. – Jun.)
Blackfin & Skipjack Tuna	Year-round (peaks Dec. – Jun.)

Other species caught include:

White Marlin – Spearfish – Kingfish – Barracuda – Bonito Tuna and Mackerel.

Transfers to and from location are not included.



## SNORKELING

Marine Park US\$ 115.00 per person (8 person required)

US\$ 960.00 Private Trip

You will be picked up directly off the beach and greeted by our friendly and courteous staff. The boat will then take you on a 35-minute ride to Anse Cochon which is a remote dark sandy beach with an adjacent reef perfect for snorkeling, or to Anse Chastanet (55-minute ride) with a reef that starts just 10 yards beyond the water's edge. These reef's remarkable ecosystem offers an amazing profusion of unusual tropical marine life in shallow calm and clear water that harbors 150 different species of fish.

Snacks and beverages are provided.

Northern Site US\$ 66.00 per person (6 persons required)

US\$ 360.00 Privately for 2hours

US\$ 720.00 Privately for 4 hours

You will board the boat off the beach and then head to *Saline Point* (20-minute ride) or *Pigeon Island* (15-minute ride). *Saline Point* is a tapering piece of land projecting into the water located off the LeSport hotel where you will enjoy snorkeling off the beach into the clear Caribbean waters, viewing the variety of marine life from Sargent Majors to squids and octopus, flying Gurnards, spotted drums and lots of tropical fish. *Pigeon Island* – This site is below the historic Pigeon Island National Landmark; the Point is famous for Fort Rodney and hosting the St. Lucia Jazz Festival culminating events. The site is home to an abundance of schooling fish, snappers, grunts and to non-schooling fish, flounders, scorpion fish. Squids, octopus and turtles are also found on this site. The dive usually starts off shallow and it progresses around the point where you can get a maximum depth of 60 feet.



## SCUBA DIVING

Northern sites (minimum 2 divers) – US\$ 174.00 per person for certified divers

Anse Cochon (minimum 4 divers) – US\$ 174.00 per person for certified divers

Northern sites (minimum 2 divers) – US\$ 210.00 per person noncertified divers

Anse Cochon (minimum 4 divers) – US\$ 210.00 per person for noncertified divers

Rates above include equipment (snorkel gear) and marine park fees.

### Pick Up from the Beach

The most popular dive sites are, The Lesleen M, Anse Cochon, The Pinnacles, Superman's Flight, Anse Chastanet and Anse La Raye Wall. The boat ride to the sites varies from 35 to 55 mins depending on the site. The entire tour will last approximately 4hrs to 4hrs 45 mins depending on the sites visited.

Marine Park fees: The Annual fee is US\$ 15.00.  
(divers who will be doing more than 3 days diving during their trip)



## BATEAU MYGO

### Private Sailing Charters

Go sailing on your customized private charter and enjoy an unforgettable, intimate experience while exploring the west coast, indulging in complimentary snacks and other refreshments while sailing past our local fishing villages. Choose to swim or snorkel at our marine reserves with snorkel gear provided or simply relax on deck while enjoying refreshing drinks.

One may sail on a Classic Monohull sailing yachts ranging from 40-42ft, French design and style, offering spacious cockpit, ample foredeck space for laying out and a transom in the aft for easy access to swimming and snorkeling. Or go off in a Flagship Catamaran, the true-blue water cruiser with a large cockpit with direct access to swim platforms, to spacious trampoline nets in the foredeck. This 40ft Robertson & Caine Leopard was built in South Africa and crossed the Atlantic Ocean.

**Available Daily; bring camera, cash, towel, bathing suit and suntan lotion. Transfers to and from Marigot Bay are included.**

### Monohull Sailing Yachts

**Half Day Charters**  
Morning Adventure 9:30am to 1:30pm  
Afternoon Half Day 2:00pm to Sunset –  
US\$ 660 for 2 to 4 persons  
(add US\$ 120 for every additional person)

**Full Day Charters – Lunch is provided**  
10:00am to 5:00pm  
US\$ 900 for 2 to 4 persons  
(add US\$ 120 for every additional person)

### Flagship Catamarans

**Half Day Charters**  
Morning Adventure 9:30am to 1:30pm  
Afternoon Half Day 2:00pm to Sunset –  
US\$ 900 for 2 to 4 persons  
(add US\$ 120 for every additional person)

**Full Day Charters Lunch is provided**  
10:00am to 5:00pm  
US\$ 1140 for 2 to 4 persons  
(add US\$ 120 for every additional person)



## EXODUS BOAT TOURS

### Half Day Sight Seeing & Snorkel Charter

Cruise along Saint Lucia's west coast on a 31' Bowen speed boat with retractable bikini canvas top. Leave from Rodney Bay Marina past Castries our capital, Marigot Bay one of the most beautiful bays in the Caribbean, through the colonial fishing village of Anse la Raye, then Canaries and on to Soufriere; home of the majestic Pitons declared by Oprah Winfrey as "One of the five places to see in your lifetime." Swim and snorkel in the Marine Reserve then relax on board while you cruise back to Rodney Bay.

#### 31ft Bowen Speed Boat

US\$ 810 for up to 8 people  
US\$ 70.20 per additional person;  
maximum 14 people

#### 34 ft Bowen Speed Boat

US\$ 918.00 for up to 8 people  
US\$ 81.00 per additional person;  
maximum 14 people

### Full Day Sight Seeing & Snorkel Charter

Cruise down the picturesque coastline on a 31ft. Bowen Speed Boat are at leisure to choose your stops from several of the island's beautiful locations like Marigot Bay, one of the most sheltered bays in the Caribbean. Sail past some of the island's vibrant fishing villages like Anse La Raye home to the famous Friday Night Sea food fiesta and Canaries. Your final stop along the coast is the Island's former capital city the town of Soufriere.

Dip beneath the surface into the pristine turquoise waters of St. Lucia from your boat. Masks, Snorkels and Fins are supplied on board for your use as you dive down a host of colorful coral reefs. Lunch in Soufriere is available at an additional cost.

#### 31ft Bowen Speed Boat

US\$ 1026.00 for up to 8 people  
US\$ 91.80 per additional person;  
maximum 14 people

#### 34 ft Bowen Speed Boat

US\$ 1134.00 for up to 8 people  
US\$ 102.60 per additional person;  
maximum 14 people

**Time: 9:00am to 1:00pm or 1:00pm to 5:00pm / Duration: 4 hrs.**

**Tours are available daily with refreshments water, sodas, Beer and rum punch and the use of snorkel equipment.**

**Transfers are not included.**

Prices are subject to change without prior notice

January 02, 2026



## EXODUS BOAT TOURS

CATAMARAN - "LICENSED TO CHILL" (45ft Leopard Catamaran, built by Robertson & Caine)

**Private Half Day Charter**  
(9am – 2pm or 1pm–6pm)  
US\$ 1255.50 up to 10 people  
US\$ 63.00 per additional person,  
max of 30 people

Drinks, chips/crisps & fruits included  
A half day takes us from Rodney Bay to  
Anse Cochon for a swim/snorkel and  
cruise through Marigot Bay.

### Private Full Day

(9am – 5pm)  
US\$ 1575.00 up to 10 people,  
US\$ 72.00 per additional person,  
max of 30 people

Drinks, chips/crisps & fruits included  
A full day takes us from Rodney Bay  
to Soufriere.

Land tour in Soufriere

Lunch can be included upon request at  
an additional cost.

### Sunset Cruise

(5pm – 7pm)  
US\$ 1035.00 up to 10 people  
US\$ 54.00 per additional person,  
max of 30 people

Drinks, chips/crisps included  
A two-hour cruise in the Rodney Bay  
area.

*Drinks include water, coke, sprite,  
Piton beer, rum punch*



## BEAN TO BAR

Brace yourself for a gastronomical trip on a catamaran to create your very own delicious chocolate from scratch at a historic cocoa estate. See the cocoa in the bean stage, experience bean tasting, de-shelling, grinding. Scoop out the beans to be roasted and inhale the sensual aroma as they are turned into fine bars of chocolate. While the tempering (setting of the chocolate) is taking place enjoy a three-course lunch infused with cocoa treats.

After lunch collect your personally made chocolate bar, then it's on to the Mud Bath where you slather in a mineral-rich potion allowing your body to relax and rejuvenate.

Finally, return to the catamaran to join the Piton Sunset cruise, where you will be spellbound as the sun vanishes between the glowing Pitons

**US\$ 159.50 per adult**

**Duration is approximately 10 hrs. from 9:00am to  
7:00pm Price is inclusive of 10% VAT**

**Bring along sneakers, change of clothes, towel, swimsuit, camera,  
sunscreen & water shoes.**

**Available on Wednesdays & Fridays  
Minimum of 6 Persons to confirm**

Prices are subject to change without prior notice



## LUCIAN FOOD TOURS

"LUCIAN FOOD TOURS is an AWARD-WINNING walking food & culture tour in Rodney Bay & Castries Market, Saint Lucia. If you're looking for a foodie tour filled with fun, food and those signature Saint Lucian vibes, then this tour is for you!"

This tour is run and guided by born and raised Saint Lucians, so you'll hear real stories and leave feeling like a local. This tour is designed to explore Saint Lucia's culture and history... through food! So, come hungry and LET'S EAT! 2023 Saint Lucia's Tour guide of the year and a guaranteed highlight of your trip!"

### What you need to know:

Start & End Point:

Rodney Bay – Baywalk Taxi Stand near MASSY home stores in Rodney Bay  
OR

Castries in front of MASSY supermarket in the Conway Business Centre

Business Center. Time: 10:30am Duration: Tour lasts approximately 2

– 2.5 hours US\$ 102 per person

We have 5 stops to make and it's going to be fabulous! All your local food tastings & local beverages are included. This is an easy walking tour – wear comfortable walking shoes, and a hat and/or sunscreen! We encourage you to bring along extra cash to purchase souvenirs and additional bites/drinks if desired. You might love something you taste!

\*\*Please share any dietary restrictions or allergies with your concierge.

Prices are subject to change without prior notice



## SANDY HOOFS

### Private Horseback Beach Ride

This private horseback riding tour explores St. Lucia's quiet northeast coast along secluded trails and peaceful beaches, far from typical tourist areas. Guided by a local expert, riders of all experience levels enjoy a relaxed, customized two-hour outing with well trained horses. The route offers scenic views of countryside, forest, and the Atlantic Ocean, with opportunities for experienced riders to trot or canter along the shoreline. When conditions allow, guests may even ride into the sea a rare and memorable experience. It is an immersive way to discover a more natural and authentic side of St. Lucia.

App. 2 hours  
US\$ 99.00 pp

### Private Horseback Picnic Ride

This is a relaxed, small group horseback ride along St. Lucia's quiet northeast coast unstructured, unhurried, and tailored to each rider's pace. Departing from a local stable, guests follow scenic trails through countryside and forest to two secluded, untouched beaches overlooking the Atlantic. Midway, the group enjoys a casual picnic of local snacks, fruit, and drinks, with the option to toast with Prosecco or local beer. When sea conditions allow, riders may also experience the thrill of riding into the water. The return journey is peaceful, leaving time for quiet reflection or friendly conversation a calm, authentic way to connect with St. Lucia's natural beauty.

App. 2.5 hours  
US\$ 129.00 pp



## Private Advanced Beach Ride

This private three-hour ride along St. Lucia's untamed northeast coast is made for confident, experienced riders. The route covers countryside trails, forest paths, and four remote Atlantic beaches, offering space to canter, explore, and connect deeply with the landscape. With no set pace or scripted route, the experience is raw and freeing — focused on the rhythm of the ride and the beauty of the wild coastline. When conditions allow, riders may even enter the sea for a quiet, unforgettable moment. It's not a sightseeing tour, but a true ride for those who live for time in the saddle.

**App. 3 hours  
US\$ 119.00 pp**

**Inclusive of 10% VAT  
Available daily, from 9:00am, 10:00am, 2pm, 3pm  
Do not forget your camera and suntan lotion!!**

Prices are subject to change without prior notice



## TET PAUL TRAIL HIKE

### STAIRWAY TO HEAVEN

The Tet Paul Nature Trail hike can take about 45minutes to complete.

The St. Lucian tour is guided by friendly and knowledgeable locals who can answer your questions and provide insight about the attractions you will see along the way.

The hike itself is easy to moderate difficulty and is great for families and groups. There will be many stunning photo opportunities so don't forget to bring along a camera!

There's something for everyone on the Tet Paul hike! Culture., history, exotic horticulture and spectacular landscapes can all be found on this St. Lucian tour!

US\$ 280.00 PER COUPLE

Inclusive of Taxi Transfers, Water and a Packed to Go Breakfast.

Add Ons: Sulphur Springs US\$ 22.50 PER PERSON

Diamond Falls Botanical Gardens US\$ 8.00 PER PERSON



## REAL NATURE - REAL FUN

*Aerial Tram (3.5hours) US\$92.00 - Per Person*

### *UP UP and AWAY!*

Open-air gondolas, with a naturalist guide provide one and only access to the upper layer of the rainforest. Ascending through the middle layer of the rain forest enjoy the fauna and flora. Descending you experience panoramic views of the northern tip of the island while viewing the top of the rainforest canopy.

Aerial Tram + Fern Nature trail + awesome views. No fitness limits, for all ages.

*Ultimate Three (5 hours) -US\$ 107.00 - Per Person*

Soar, Hike and Glide through the rain forest.

Combine the relaxing Aerial Tram ride, with a short and rugged hike and a zip line course high up in the canopy of the majestic trees.

Aerial Tram + zipline (8 zip lines, 9 platforms) + Hike

*Adrenaline (3 hours) -US\$ 92.00 - Per Person*

Mama's Boys Need Not Apply

Get hitched up to a series of cables and zip from platform to platform in the tree canopy and swing like Tarzan or Jane. If your adrenaline isn't flowing then, a brisk hike to the next set of platforms will juice things up a bit before you zip safely and with a thrill to the base.

Zip line course (8 zip lines and 9 platforms) in the rain forest

**(Transfers included—rates inclusive of 10% VAT)**

Prices are subject to change without prior notice



## REAL NATURE REAL FUN BIRD WATCHING

**Bird Watching (4–5hours) US\$ 72.00**

Nature is its own reward

St. Lucia is home to several endemic species and some of the region's most intriguing birdlife, the Castries Water-works Forest reserve is a favored environment for many of them. The watching hike is designed to engage everyone from the serious birder to casual enthusiasts. The tour sets off just after sunrise to ensure the best sightings.

Jacquot trail hike + 5 endemic species +Tropical continental breakfast for serious Bird watching enthusiast and hikers

**Jacquot Trail (4–4.5 hours) US\$ 57.00**

Heart & Soul

Named for St. Lucia's proud symbol, the Jacquot or Amazona Versicolor parrot, the Jacquot Trail immerses hikers in the wonderful opportunities to learn about St. Lucia's Flora and Fauna as an experienced Nature Interpreter guides you across ravines and creeks deeper into the mature rainforest.

What to Bring/wear — Walking shoes mandatory on trails (no high heels, sandals or flip flops). Sun/Rain protection, Insect repellent, Travel details for Duty free shopping.

Note for Zip lines—No age restriction, Minimum waist 45.7cm/18, Maximum hip waist 127cm/50, Maximum weight 170kg/350lbs, not suitable for pregnant woman or persons with back or neck injuries. Only suitable for the physically fit. Long shorts or trousers (no skirts or dresses) Shirts/t-shirts with short or long sleeves recommended (wearing har-ness) long hair must be tied back.

**Transfer included. NB Disclaimer Mandatory  
(Inclusive of 10% VAT)**

Prices are subject to change without prior notice



## ENDEMICS AND SPECIALTY BIRDS EXPEDITION

### Tour Description:

Our first stop on the east coast of St. Lucia will be devoted to discovering the very much sought-after, the White-breasted Thrasher, and acquiring good views of this range-restricted endemic. We also have the opportunity to find the Saint Lucia Warbler, the Pewee and possibly, the Saint Lucia Black Finch. Other specialist birds to look for in this habitat are the Grey Trembler, the LA Saltator, the Green Throated Carib and the LA Crested Hummer.

We head to the beautiful and lush Des Cartier Rainforest trail for the highlight of the day; the opportunity to see the spectacular Saint Lucia Parrot, National Bird of Saint Lucia, and the most colorful parrot of the Amazona parrots. This will involve a leisurely walk up the gently sloping track from the entrance, stopping along the way searching for Saint Lucian endemics. Specialties like the Rufus throat Solitaire, the Grey Trembler, the LA Fly Catcher, the Antillean Euphonia, the Purple Throated Carib, the LA Swift and other rainforest dwelling birds can also be observed in this area. The day will conclude with the final stop at the Dennery fishing Port. This is where you will see the fishermen brining in their catch of the day, with a variety of fish species and Frigate birds scavenging for fish guts and scraps.

### AVAILABLE DAILY

Cost US\$ 84.00 per person (inclusive of transportation and 10% vat)

6AM TO 1PM

We recommend long trousers, proper walking shoes & insect repellent for the rainforest.



## ST. LUCIA SUNSET CRUISE

COME SEEK THE **GREEN FLASH**! It's either in the eyes of that special someone or towards the horizon as the sun sets. There's no better way to spend two hours than on board our spacious catamaran enjoying complimentary hors d'oeuvres and drinks fruit punch, rum punch sodas, champagne and rum mixes.

Listen to the sounds of the local music as well as classic international hits onboard the boat as the sun dips to the west and the evening sets in. Simply enjoy the romance of the setting sun or party like there's no tomorrow!

We head back to port for 7.00pm. Sorry, but all good things must come to an end!

Available on Wednesdays &

Fridays

5:00PM TO 7:00PM

US\$ 75.00 PER ADULT (INCLUSIVE OF TRANSFERS AND 10% VAT)

Prices are subject to change without prior notice



## CAR RENTALS

At our recommended car rental company Drive-a-Matic,  
We offer the largest fleet of rental cars, jeeps and vans island wide.

Your rental car includes the following free of charge in our total quality service package:

- 24 Hour Emergency Services
  - Unlimited Mileage
- Free Delivery and Pick Up at the Hotel
  - Free St. Lucia Road Map

The experience in your rental car would not be completed without visiting some of our beautiful beaches and places of interest and activities in St. Lucia, the Helen of the West.

Our rental Agents know our destinations well and will be happy to give you directions on our maps to make your dream vacation Hassle-free.

To reserve your choice of vehicle contact us at [reservations@calabashcove.com](mailto:reservations@calabashcove.com) or visit concierge on arrival.

Required for Rental  
Original Driver's License from country of issue  
Local Driver's Permit is Mandatory



PERSONALIZE YOUR EXPERIENCE  
WITH OUR HIGHLY INFORMATIVE TAXI DRIVERS EVERTON OR NORBIE.  
WHILE YOU ENJOY SOME REFRESHMENTS AND CRUISE ALONG

# How about a trip to Pigeon Island

Pigeon Island National Landmark is heralded as one of the most important monuments of Saint Lucia's history. It is a vivid representation of the cultural and historical monuments of international, civil, military and marine cross currents, characteristic of West Indian historical change.

# Kite surfing

Whether you are a beginner or already know how to kitesurf, we have lessons to cater for your needs.

# The Castries Market and Vendor's Arcade

is the largest open-air market in Castries, Saint Lucia. It is in the middle of the capital and has over 300 regular vendors and a hundred or more local sellers on market days. The market was constructed in 1891 by building engineers Bruce & Still Ltd, of Liverpool.

LET US HELP YOU PERSONALIZE YOUR EXPERIENCE WITH US.

Prices are subject to change without prior notice



## HONEYMOON ESCAPADE

Commence your evening....

with a couples massage at sunset followed by a Romantic Candlelight beach dinner with your own private server on Bonaire Bay with stunning views of the Caribbean Sea and the lights of Castries.

If that is not enough....

return to a candlelit room scattered with petals and indulge in chocolate dessert and a glass of champagne.

Romantic Honeymoon Escapade:

Couples Massage

Private Candlelight dinner

Flower petals Champagne

US\$ 495.00 including taxes

Prices are subject to change without prior notice



***TI SPA***  
***SIGNATURE***  
***ISLAND ROMANCE***  
***(PLEZI LIL-LA)***

A CANDLE-LIT AROMATIC THERAPEUTIC  
MASSAGE FOR TWO PEOPLE IN LOVE USING  
SPECIALY BLENDED ESSENTIAL OILS. REKINDLE YOUR  
FIRE AT THE BOARDWALK OR THE GAZEBO

**US\$ 260.00**

Prices are subject to change without prior notice



## PRIVATE DINNER

*A Romantic Experience Under the Stars*

*Enjoy a candle lit dinner for two on the beautiful gazebo  
or even the boardwalk overlooking the  
Caribbean Sea.*

*Dinner is inclusive of a bottle of Prosecco*

**US\$ 260 per couple Inclusive of Taxes**

Prices are subject to change without prior notice



# PRIVATE DINNER MENU

## APPETIZERS

Creamy pumpkin soup with  
pearly coconut drops  
Or

Tempura shrimps  
with wasabi mayonnaise and sesame seaweed  
Or

Crispy homemade vegetable spring rolls with  
special plum dip

## MAIN COURSES

Calabash grilled lobster  
with squash vegetables, risotto, organic leaves and rum butter sauce  
Or

Grilled beef tenderloin “maître d’hôtel” with grilled  
tomato and steamed spinach  
Or

Roasted local zucchini  
stuffed with sautéed vegetable compote on jasmine rice

## DESSERTS

Chairman's rum cheesecake  
Or

Chocolate fondant  
on strawberry sauce and coco dust  
Or

Fresh fruit salad

Prices are subject to change without prior notice