

ROOM SERVICE MENU

BREAKFAST 7:30 - 10:00 AM

THE CONTINENTAL

US\$

Pot of coffee	8
Assorted teas	6
Two home-baked croissants	6
Two pains aux chocolat	6
Selection of yogurt	5
Fruit juice	5
Local cocoa tea	6
Fruit smoothie	10
Fresh fruit plate	10
Four brown or white toast	4
Selection of cereal	5

Prices subject to 10% vat and 13% service charge

US\$ 1.00 = EC\$ 2.67

ACL 01/11/25

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SUBSTANCE

US\$

Bagel with smoked salmon and cream cheese	14
Bagel with ham and cheese	13
The english breakfast <i>Over easy eggs, bacon, beans, sausage, tomato, mushroom</i>	17
Three eggs any style <i>With toast and bacon</i>	15
Three eggs omelette <i>With bacon, tomatoes, cheese, peppers, onion, mushrooms, saltfish and chives</i>	15
Saint lucian breakfast <i>With salted cod, green bananas, fried or roasted bake, boiled egg, guacamole</i>	17
Traditional eggs benedict <i>Toasted english muffin, bacon, ham, poached eggs, and hollandaise sauce</i>	17
Calabash eggs benedict <i>Toasted english muffin, salted cod, and smoked salmon with poached eggs and lemon hollandaise</i>	18
Coconut pancakes <i>With homemade jam and maple syrup</i>	9
Brioche “cocoa tea” french toast <i>With local honey and mixed fruit compote</i>	12
The windsong breakfast <i>Special of the day accompanied by a fruit plate and fruit juice</i>	23

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ROOM SERVICE MENU

ALL DAY ROOM SERVICE

10:00 am - 9:30 pm

US\$

Appetizers

Soup of the day 9-12

Caesar's salad, 19

With grilled asian flavoured shrimps

Caesar's salad, 16

With jerked chicken breast

Tempura shrimps, 17

With salad and wasabi mayonnaise

Cherry tomato & mozzarella tart 13

With sweet, candied onions

Mains

Ham & cheese baguette, 16

With a spicy mayonnaise

Prosciutto and swiss cheese, melted on ciabatta 19

With fried plantains and salsa

Calabash burgers

Fish 19

Chicken 16

Beef 17

Vegetarian 14

Jerked pork, 31

With roasted sweet potatoes and caribbean salsa

Pasta of the day 23-39

Grilled dorado fillet, 34

With homemade salsa and pan-fried plantains

Please refer to <https://www.calabashcove.com/dining> or allow us to tell you about our daily specials

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