

**Friday Open warmup at 5pm**

**Dives in main competition pool at 530-545**

**\*HPAC will warmup in the open diving area at 7am Saturday and 755 Sunday**

**Saturday 1<sup>st</sup> Warm Up**

## **Warm-Up Assignments for the Upcoming STX Championships**

### **Main Competition Pool (7:00 - 7:40)**

**+ 7:40 - 7:55 Dives in Main Competition Pool for All Swimmers**

1		2		3		4		5		6		7		8
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**ALAMO AREA AQUATICS**

### **Pool Opposite the Bulkhead**

1		2		3		4		5		6		7		8
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LAREDO VORTEX	WAVE	WAVE	WAVE	MMA	BOERNE ELITE	BOERNE ELITE	WINNING C3/ SEAL
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### **Teach Pool**

1		2		3		4
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WEST	UNATTACHED	HOT
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### **Diving Well**

HPAC	HOT
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## Saturday 2<sup>nd</sup> Warm up

# Warm-Up Assignments for the Upcoming STX Championships

### Main Competition Pool (7:55 - 8:35)

+ 8:35 - 850 Dives for All Swimmers

1	2	3	4	5	6	7	8
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STREAMLINE

YMCA ALLIANCE

ALAMO AREA HEIGHTS  
AQUATIC CLUB

### Pool Opposite the Bulkhead

1	2	3	4	5	6	7	8
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AUSTIN  
SWIM CLUB

AUSTIN  
SWIM CLUB

AUSTIN  
SWIM CLUB

SURGE  
AQUATICS

SURGE  
AQUATICS

SHERTZ

Diving  
Area

WOW

### Teach Pool

1	2	3	4	4	1
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VICTORIA,  
TEXAS

BROWNSVILLE

CLOVER

MSC

# Sunday 1<sup>st</sup> Warm Up

Main Competition Pool (7:00 - 7:40)							
+ 7:40 - 7:55 Dives for All Swimmers							
1	2	3	4	5	6	7	8
							
STREAMLINE	YMCA ALLIANCE			ALAMO AREA HEIGHTS AQUATIC CLUB			
Pool Opposite the Bulkhead							
1	2	3	4	5	6	7	8
AUSTIN SWIM CLUB	AUSTIN SWIM CLUB	AUSTIN SWIM CLUB	SURGE AQUATICS	SURGE AQUATICS	SHERTZ	Diving Area	
							
Teach Pool							
1	2	3	4	4			
VICTORIA, TEXAS	BROWNSVILLE	CLOVER	MSC				

## Sunday 2<sup>nd</sup> Warm Up

# Warm-Up Assignments for the Upcoming STX Championships

### Main Competition Pool (7:55 - 8:35)

+ 8:35 - 8:55 Dives in Main Competition Pool for All Swimmers

1		2		3		4		5		6		7		8
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**ALAMO AREA AQUATICS**

### Pool Opposite the Bulkhead

1		2		3		4		5		6		7		8
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LAREDO VORTEX	WAVE	WAVE	WAVE	MMA	BOERNE ELITE	BOERNE ELITE	WINNING C3/ SEAL
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### Teach Pool

1		2		3		4
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WEST	UNATTACHED	HOT
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### Diving Well

HPAC	HOT
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# Swim Meet Start Times

**Friday PM 6 start**

**Saturday prelims 9 a.m. start**

**Saturday finals 5 p.m. start**

**Sunday morning prelims 9 a.m. start**

**Sunday finals 4 p.m. start**