



LUNCH

All Meals include choice of entrée, milk, fruit, hot and cold vegetable. Must include at least one fruit or vegetable.

# FEBRUARY 2026

## THS

School Year 2025/26 Lunch Prices:

Reduced: 0.40

Full Pay: \$3.90

Make payments, check transactions or apply for free and reduced meals online  
@ linqconnect.com

Monday

Tuesday

Wednesday

Thursday

Friday

Happy Groundhog's Day!

Choice 1:

Pizza Crunchers  
Potato Wedges  
Garlic Green Beans

Choice 2:

Crispy Chicken Sandwich

Choice 1:

Chicken Tenders  
Crinkle Cut Fries  
Texas Toast  
Boom Boom Sauce

Choice 2:

French Bread Pizza

Cozy Sweater Day!

Choice 1:

Mac & Cheese  
Garlic Breadstick  
Broccoli

Choice 2:

Crispy Chicken Sandwich

Pregame Celebration!

Choice 1:

Popcorn Chicken with a choice of  
BBQ or Buffalo Dipping Sauce  
Nachos with Cheese Sauce

Harvest Alert!

Rainbow Carrots with Ranch Dip

Choice 2:

Stuffed Crust Pizza

Choice 1:

Cheeseburger  
Crinkle Cut Fries  
Vegetarian Baked Beans  
Celebration Cookie

Choice 2:

Crispy Chicken Sandwich

Choice 1:

Chicken Tenders  
Waffles  
Tater Tots

Choice 2:

French Bread Pizza

Happy Almost Valentine's Day!

Choice 1:

Heart Shaped Chicken Nuggets  
Smile Fries, Dinner Roll

Harvest Alert!

\*New\* Cajun Carrots

Be Mine Sidekick Treat

Choice 2:

Crispy Chicken Sandwich

Choice 1:

Beef Nachos  
Seasoned Ground Beef, Cheese  
Sauce, Tortilla Chips  
Brown Rice, Mexican Salad

Salsa &amp; Sour Cream

Choice 2:

Stuffed Crust Pizza

No School

13

Have a great long weekend!

No School



16

Lunar New Year

Choice 1:

Chicken Dumplings  
Vegetable Fried Rice  
Broccoli, Orange Wedges  
Fortune Cookie

Choice 2:

French Bread Pizza

Choice 1: Pasta Bar!

Pasta with Meatballs

Choice of Alfredo or Marinara Sauce  
Garlic Knot, Broccoli

Choice 2:

Crispy Chicken Sandwich

Choice 1:

Jamaican Beef Patty  
Potato Wedges  
Herb & Tomato  
Green Beans

Choice 2:

Stuffed Crust Pizza

Choice 1:

Combo Platter!

Mozzarella Sticks  
Chicken Tenders  
Marinara Sauce  
Italian Green Beans

Choice 2:

Crispy Chicken Sandwich

Choice 1:

THS Bowl:

Chicken Smackers  
Mashed Potatoes, Steamed Corn  
Honey Biscuit

Choice 2:

French Bread Pizza

Choice 1:

Pasta &amp; Meat Sauce

Breadstick

Steamed Broccoli

Choice 2:

Crispy Chicken Sandwich

Carnival Celebration!

Choice 1:

Funnel Cake  
Chicken Sausage  
Egg Patty  
Hash Browns

Choice 2:

Stuffed Crust Pizza

February Harvest of the Month: Carrots!

Crunchy, colorful, and super tasty—carrots are our Harvest of the Month for February! Carrots help keep our eyes healthy and strong because they are packed with vitamin A, which is great for vision and growing bodies. 🍉🥕

Did you know? Carrots grow really well right here in Connecticut and are one of the vegetables our local farmers can store and enjoy all winter long. That means even in February, carrots can still be fresh and local!

Be sure to give them a crunch and celebrate this yummy veggie with us! ❤️

Everyday Offerings:

Assorted Fresh and Canned Fruit  
Rainbow Veggie Tray  
100% Fruit Juice  
Choice of  
Unflavored Low fat or  
Flavored Fat free Milk

DAILY ALTERNATIVE MEALS:

Chicken Caesar Wrap  
Sun Butter and Jelly Sandwich  
Crispy Chicken Salads  
Garden Salads  
Made to Order Deli Sandwiches  
Hummus Box