

Monday

Tuesday

Wednesday

Thursday

Friday

Everyday Offerings:
 Assorted Fresh and Canned Fruit
 100% Fruit Juice
 Choice of Unflavored Low fat or Flavored Milk
 Breakfast Includes Entrée Plus Two Fruits (or 1 juice and 1 fruit) and Choice of Milk!

No School

1

No School

2

Happy New Year
2026

Welcome Back

Pumpkin Bread
 Or
 Assorted Cereals &
 RF Cheese Stick

5

Rise and Shine!

Egg and Cheese on
 A Toasty Croissant
 Or
 Assorted Cereals &
 RF Cheese Stick

6

New Year Celebration
 Smoothie with a Muffin
 Or
 Assorted Cereals &
 RF Cheese Stick

7

New
 Frosty Fruit and Yogurt Bark
 Or
 Assorted Cereals &
 RF Cheese Stick

8

Fun Friday!

Donut Stick
 Or
 Assorted Cereals &
 RF Cheese Stick

9



Banana Bread
 Or
 Assorted Cereals &
 RF Cheese Stick

12

Toasty Tuesday!

New

Bagel, egg and cheese sandwich
 Or
 Assorted Cereals &
 RF Cheese Stick

13

Midweek Pick Me Up

Chocolate Bread
 Or
 Assorted Cereals &
 RF Cheese Stick

14

Freshly Baked
 Cinnamon Roll
 Or
 Assorted Cereals &
 RF Cheese Stick

15



Fun Friday!

Breakfast Bun
 Or
 Assorted Cereals &
 RF Cheese Stick

16



19



Kick Off

Cinni Minis
 Or
 Assorted Cereals &
 RF Cheese Stick

20

Sideline Wednesday

Breakfast Bar
 Or
 Assorted Cereals &
 RF Cheese Stick

21

Huddle Up Nachos!

New

Apple Nachos topped with
 Yogurt, Granola and
 Chocolate Chips
 Or
 Assorted Cereals &
 RF Cheese Stick

22



Victory Morning

Goody Bun
 Or
 Assorted Cereals &
 RF Cheese Stick

23

Apple Roll
 Or

Assorted Cereals &
 RF Cheese Stick

26

Mini Maple Waffles
 Or
 Assorted Cereals &
 RF Cheese Stick

27

Cinnabar
 Or

Assorted Cereals &
 RF Cheese Stick

28

Egg and Cheese on a
 Croissant
 Or

Assorted Cereals &
 RF Cheese Stick

29

Fun Friday!

Donut Stick
 Or
 Assorted Cereals &
 RF Cheese Stick

30

Menu is subject to change. Please notify kitchen manager of any food allergies.

This institution is an equal opportunity provider. Contact Food Service Director, Jennifer Zarrilli, MS, RDN, CDN with any questions
 203-879-8145 or jzarrilli@thomastonschool.org