

Monday

Tuesday

Wednesday

Thursday

Friday

Everyday Offerings:
 Assorted Fresh and Canned Fruit
 100% Fruit Juice

Choice of Unflavored Low fat or Flavored Milk
 Breakfast Includes Entrée Plus Two Fruits
 (or 1 juice and 1 fruit) and Choice of Milk!



Cinibar

3

Or
 Assorted Cereal &
 RF String Cheese

**No School
 Election Day**

4



National Donut Day!

Mini Donuts

5

Or
 Assorted Cereal &
 RF String Cheese

Snack Wrap

6

Or
 Assorted Cereal &
 RF String Cheese

French Toast Bites

7

with Yogurt
 Or
 Assorted Cereal &
 RF String Cheese

Pumpkin Bread

10

Or
 Assorted Cereal &
 RF String Cheese

**No School
 Veteran's Day**

11



Celebration Smoothie

12

With a WG Muffin
 Or
 Assorted Cereal &
 RF String Cheese

Egg and Cheese

13

on a croissant
 Or
 Assorted Cereal &
 RF String Cheese

Donut Stick

14

Or
 Assorted Cereal &
 RF String Cheese

Banana Bread

17

Or
 Assorted Cereal &
 RF String Cheese

Cinnamon Roll

18

Or
 Assorted Cereal &
 RF String Cheese

Peach Smoothie with

19

A WG Muffin
 Or
 Assorted Cereal &
 RF String Cheese

Egg and Cheese

20

on a Croissant
 Or
 Assorted Cereal &
 RF String Cheese

Breakfast Bun

21

Or
 Assorted Cereal &
 RF String Cheese

Banana Chocolate Chip Bar

24

Or
 Assorted Cereal &
 RF String Cheese

Cinni Minni

25

Or
 Assorted Cereal &
 RF String Cheese

No School

26



No School

27

No School

28

**THANKSGIVING
 BREAK**

Menu is subject to change. Please notify kitchen manager of any food allergies.

This institution is an equal opportunity provider. Contact Food Service Director, Jennifer Zarrilli, MS, RDN, CDN with any questions
 203-879-8145 or jzarrilli@thomastonschool.org