


Monday	Tuesday	Wednesday	Thursday	Friday
1 Assorted Breakfast Breads	2 Egg and Cheese on a Croissant Or Assorted Cereals & RF Cheese Stick	3 Peach Smoothie and a Muffin Or Assorted Cereals & RF Cheese Stick	4 Mini Waffles Or Assorted Cereals & RF Cheese Stick	5 Donut Ring Or Assorted Cereals & RF Cheese Stick
8 Assorted Breakfast Breads	9 Cinnamon Roll Or Assorted Cereals & RF Cheese Stick	10 Strawberry Smoothie and a muffin Or Assorted Cereals & RF Cheese Stick	11 Honey Stick Breakfast Bar Or Assorted Cereals & RF Cheese Stick	12 Goody Ring Or Assorted Cereals & RF Cheese Stick
15 Assorted Breakfast Breads	16 Sausage and Cheese on a Croissant Or Assorted Cereals & RF Cheese Stick	17 Blueberry Smoothie with a muffin Or Assorted Cereals & RF Cheese Stick	18 Muffin, Yogurt, and String Cheese Or Assorted Cereals & RF Cheese Stick	19 Donut Twin Sticks Or Assorted Cereals & RF Cheese Stick
22 Assorted Breakfast Items Or Assorted Cereals & RF Cheese Stick	23 Assorted Breakfast Items Or Assorted Cereals & RF Cheese Stick	26 SCHOOL'S OUT FOR SUMMER		
30 Everyday Offerings: Assorted Fresh and Canned Fruit 100% Fruit Juice Choice of Unflavored Low fat or Flavored Milk Breakfast Includes Entrée Plus Two Fruits (or 1 juice and 1 fruit) and Choice of Milk!				

Menu is subject to change. Students with food allergies should notify the cafeteria staff and check with the food service manager before selecting meals
 This institution is an equal opportunity provider.
 Contact Food Service Director, Jennifer Zarrilli, MS, RDN, CDN with any questions –
 203-879-8145 or jjzarrilli@thomastonschools.org

