


Monday

Groundhog Day Kickoff **2**

Kick off this week with a
 Cinnabar
 Or
 Assorted Cereals &
 RF Cheese Stick



9

Confetti Pancakes
 Or
 Assorted Cereals &
 RF Cheese Stick


No School **16**

HAPPY President's Day



National Banana Bread Day **23**

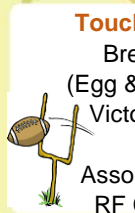
Banana Bread
 Or
 Assorted Cereals &
 RF Cheese Stick



Tuesday

Touchdown Tacos! **3**

Breakfast Taco
 (Egg & Cheese Wrap)
 Victory Tater Tots
 Or
 Assorted Cereals &
 RF Cheese Stick



10

Egg and Cheese on a
 Toasty Croissant
 Or
 Assorted Cereals &
 RF Cheese Stick

Have an Egg-cellent Day!

17

Donut Stick
 Or
 Assorted Cereals &
 RF Cheese Stick


24

Cinnamon Roll
 Or
 Assorted Cereals &
 RF Cheese Stick

Wednesday

Maple MVP **4**

Mini Maple Pancakes
 Or
 Assorted Cereals &
 RF Cheese Stick




11

Goody Bun
 Or
 Assorted Cereals &
 RF Cheese Stick

18

Fresh Baked Cinnamon Buns
 Or
 Assorted Cereals &
 RF Cheese Stick




25

Egg and Cheese
 on a Bagel
 Or
 Assorted Cereals &
 RF Cheese Stick

Thursday

Super Bowl Spirit Day! **5**

Apple Frudel Endzone Bar
 Or
 Assorted Cereals &
 RF Cheese Stick



12


Cocoa Bread
 Or
 Assorted Cereals &
 RF Cheese Stick

You Make our Morning Sweet!

New **19**

LOCAL

Lucky Lunar Parfait
 (Vanilla Yogurt, Granola,
 Mandarin Oranges)
 Or
 Assorted Cereals &
 RF Cheese Stick



26

Breakfast Bun
 Or
 Assorted Cereals &
 RF Cheese Stick

Friday

Sideline Sipper **6**

New

Creamsicle Smoothie
 with a Muffin
 Or
 Assorted Cereals &
 RF Cheese Stick




No School **13**

February is
 American Heart Month



Happy National Muffin Day **20**

Muffin and a RF Cheese Stick
 Or
 Assorted Cereals &
 RF Cheese Stick



Feel Good Friday! **27**

Cookies & Cream Smoothie
 with a Muffin
 Or
 Assorted Cereals &
 RF Cheese Stick

Everyday Offerings:

Assorted Fresh and Canned Fruit
 100% Fruit Juice

Choice of Unflavored Low fat or Flavored Milk
 Breakfast Includes Entrée Plus Two Fruits
 (or 1 juice and 1 fruit) and Choice of Milk!

Menu is subject to change. Students with food allergies should notify the cafeteria staff and check with the food service manager before selecting meals

This institution is an equal opportunity provider.

Contact Food Service Director, Jennifer Zarrilli, MS, RDN, CDN with any questions –
 203-879-8145 or jzarrilli@thomastonschools.org