

FEBRUARY 2026

Black Rock

School Year 2025/26 Breakfast Prices:

Reduced: 0.30

Full Pay: \$2.25

Make payments, check transactions or apply for free and reduced meals online
[@ linqconnect.com](http://linqconnect.com)

Monday



Groundhog Day Kickoff **2**

Kick off this week with a
 Cinnabar
 Or
 Assorted Cereals &
 RF Cheese Stick

9

Confetti Pancakes
 Or
 Assorted Cereals &
 RF Cheese Stick

Tuesday



Touchdown Tacos! **3**

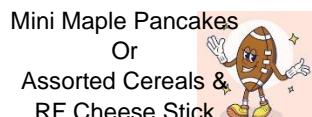
Breakfast Taco
 (Egg & Cheese Wrap)
 Victory Tater Tots
 Or
 Assorted Cereals &
 RF Cheese Stick

10

Egg and Cheese on a
 Toasty Croissant
 Or
 Assorted Cereals &
 RF Cheese Stick
Have an Egg-cellent Day!

Wednesday

Maple MVP **4**



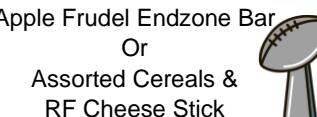
Mini Maple Pancakes
 Or
 Assorted Cereals &
 RF Cheese Stick

11

Goody Bun
 Or
 Assorted Cereals &
 RF Cheese Stick

Thursday

Super Bowl Spirit Day! **5**



Apple Frudel Endzone Bar
 Or
 Assorted Cereals &
 RF Cheese Stick

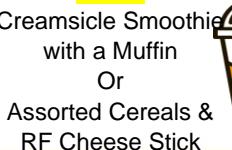
12

Cocoa Bread
 Or
 Assorted Cereals &
 RF Cheese Stick
You Make our Morning Sweet!



Friday

Sideline Sipper **6**



Creamsicle Smoothie
 with a Muffin
 Or
 Assorted Cereals &
 RF Cheese Stick

No School



13

No School



16

Donut Stick
 Or
 Assorted Cereals &
 RF Cheese Stick

17

Fresh Baked Cinnamon Buns
 Or
 Assorted Cereals &
 RF Cheese Stick

18

 ***New*** Lucky Lunar Parfait
 (Vanilla Yogurt, Granola,
 Mandarin Oranges)
 Or
 Assorted Cereals &
 RF Cheese Stick

19

 **Happy National Muffin Day** **20**
 Muffin and a RF Cheese Stick
 Or
 Assorted Cereals &
 RF Cheese Stick



National Banana Bread Day **23**



Banana Bread
 Or
 Assorted Cereals &
 RF Cheese Stick

24

Cinnamon Roll
 Or
 Assorted Cereals &
 RF Cheese Stick

25

Egg and Cheese
 on a Bagel
 Or
 Assorted Cereals &
 RF Cheese Stick

26

Breakfast Bun
 Or
 Assorted Cereals &
 RF Cheese Stick

Feel Good Friday! **27**

Cookies & Cream Smoothie
 with a Muffin
 Or
 Assorted Cereals &
 RF Cheese Stick



Everyday Offerings:

Assorted Fresh and Canned Fruit
 100% Fruit Juice

Choice of Unflavored Low fat or Flavored Milk
 Breakfast Includes Entrée Plus Two Fruits
 (or 1 juice and 1 fruit) and Choice of Milk!

Menu is subject to change. Students with food allergies should notify the cafeteria staff and check with the food service manager before selecting meals

This institution is an equal opportunity provider.

Contact Food Service Director, Jennifer Zarrilli, MS, RDN, CDN with any questions –
 203-879-8145 or jzarrilli@thomastonschools.org