

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Patty Sandwich Potato Wedges 6+7=Tasty! Happy 67th Day of School! 6 Chicken Nuggets 7 Potato Wedges Dinner Roll	2 Waffle Wonderland Chicken and Waffles Candy Cane Carrots (Glazed Carrots) Sweet Maple Syrup Magic	3 Elf Spaghetti Party! Spaghetti and Meatballs Garlic Knot Green Beans	4 Cozy Comfort Food Day Mac & Cheese Hug Garlic Breadstick Buddy Broccoli Trees Bagel Pizza Available	5 Festive Friday Pizza Party Stuffed Crust Pizza Garden Salad with Ranch Dressing
8 6+7=Tasty! Happy 67th Day of School! 6 Chicken Nuggets 7 Potato Wedges Dinner Roll	9 Smackin' Sleigh Lunch Chicken Smackers Mashed Potatoes Candy Corn (just kidding... it's regular corn!) Honey Biscuit	10 Breakfast Blizzard French Toast Sticks Chicken Sausage Patty Egg Patty Hash Browns	11 Melted Snowman Lunch Grilled Cheese Sandwich Toasty Tomato Soup Warm, Cozy & Cheesy! Lucky Tray Day! Bagel Pizza Available	12 Frosty Friday Pizza Day Personal Cheese or Pepperoni Pizza Garden Salad with Italian Dressing
15 Jingle Burger Day Hamburger or Cheeseburger North Pole Crinkle Fries Rudolph's Baked Beans Jingle Icy Cup Dessert	16 Fried Dough Is Back! Fried Dough Marinara Sauce Mozzarella Cheese Kale Yeah! Salad	17 National Maple Day! Maple Madness Mini Maple Pancakes Chicken Sausage Patty Tater Tots <i>"The best way to spread maple cheer is eating it loud for all to hear!"</i>	18 National Twin Day Twin Beef Tacos (Hard Taco Shell) Shredded Cheese Shredded Lettuce, Salsa Corn & Black Bean Salad Bagel Pizza Available	19 Festive Friday Pizza Party Round 2! Cheese or Pepperoni Pizza Slice Garden Salad with Ranch Dressing
22 Winter Wonderland Lunch Festive Shaped Chicken Nuggets Dinner Roll Sleigh Blizzard Broccoli	23 Holiday Pizza Party! Stuffed Crust Pizza Garden Salad with Italian Dressing Freshly Baked Holiday Cookie ½ Day	24 No School	25 No School	26 No School
29 No School	30 No School	31 No School	We'll see you after WINTER BREAK!	
All Meals include choice of Flavored Fat free Milk entrée, milk, fruit, hot and cold vegetable. Must include at least one fruit or vegetable.	DAILY ALTERNATIVE MEALS: Sun Butter and Jelly Sandwich Turkey Sandwich Crispy Chicken or Vegetarian Salad Fruit and Yogurt Parfait Bagel Box (Week of Dec 1 & 15) Muffin Box (Week of Dec 8 & 22)	Everyday Offerings: Assorted Fresh and Canned Fruit Rainbow Veggie Tray 100% Fruit Juice Choice of Unflavored Low fat or All Meals include choice of Flavored Fat free Milk	Harvest of the Month: Winter Squash Did you know there are lots of kinds of winter squash—like butternut, acorn, and spaghetti squash? They come in all shapes and colors! Winter squash is packed with vitamin A , which helps keep your eyes sharp—just like an eagle! 🦅 Fun Fact: Many winter squash are grown right here in Connecticut , where farmers harvest them in the fall so we can enjoy them all winter long!	

Menu is subject to change. Students with food allergies should notify the cafeteria staff and check with the food service manager before selecting meals.

This institution is an equal opportunity provider. Contact Food Service Director, Jennifer Zarrilli, MS, RDN, CDN with any questions

203-879-8145 or jzarrilli@thomastonschool.org