

### Meet The Team

**BERNARD**PROPERTY MANAGER

**KRYSTINA**ASSISTANT PROPERTY MANAGER

CHARLIE & MACKENNA LEASING SPECIALISTS

HARRISON SENIOR MAINTENANCE SUPERVISOR

**DELVIN** *MAINTENANCE TECH* 

**WILLIE** *MAINTENANCE TECH* 

**CLAY** EVENT COORDINATOR

# Celebrating July





7/1 - Canada Day

7/3 - Dog Days of Summer Begin

7/4 - Independence Day

7/10 - National Kitten Day

7/11 - National Slurpee Day

7/13 - National French Fry Day 7/14 - Bastille Day

7/14 - Mac and Cheese Day

7/17 - World Emoji Day

7/27 - Parent's Day

7/30 - International Day of Friendship

7/31 - National Mixed Breed Dog Day

#### **Office Hours:**

Monday - Friday 8:00am-5:00pm Saturday 10:00am-5:00pm



## Resident Event



In observance of Independence Day, the Leasing Office will be CLOSED Friday, July 4th

A reminder to all residents that fireworks, sparklers, bottle rockets, and any other explosives are **NOT** allowed anywhere on the property and may not be discarded in any trash can or trash compactor.

**Leasing Office:** (757) 251-0992 **Emergency Maintenance:** (757) 671-3100 hallstead@pembrokerealty.com apartmentsathallstead.com

#### STAY CONNECTED! Don't forget to follow us @apartmentsathallstead



### Monthly Recipe



# Buffalo Shrimp Lettuce Wrap (serves 4) Ingredients

4 Tbsp. butter
2 garlic cloves, minced
1/4 cup hot sauce, such as Frank's
1 Tbsp. extra-virgin olive oil
1 lb. shrimp, peeled and deveined
Kosher salt

Freshly ground black pepper 1 head romaine, leaves separated 1/4 red onion, finely chopped 1 rib celery, sliced thin 1/2 cup blue cheese, crumbled

Want your favorite dish featured? Submit your recipe to marketing@pembrokerealty.com

#### **Directions**

**Make buffalo sauce:** In a small saucepan over medium heat, melt butter. When melted completely, add garlic and cook until fragrant, 1 minute. Add hot sauce and stir to combine. Turn heat to low while you cook the shrimp.

**Make shrimp:** In a large skillet over medium heat, heat oil. Add shrimp and season with salt and pepper. Cook, flipping halfway, until pink and opaque on both sides, about 2 minutes per side. Turn off heat and add the buffalo sauce, tossing to coat.

**Assemble wraps:** Add a small scoop of shrimp to the center of a romaine leaf, then top with red onion, celery, and blue cheese.

### Pet of the Month

Your four-legged friend could be featured here as our next Pet of the Month!





Send a photo of your pet with a brief description to hallstead@pembrokerealty.com.

The winning pet receives recognition in the newsletter and a goody bag!

### Hampton Roads Happenings

Every Saturday - Portsmouth Olde Towne Farmers Market
7/3 - Celebrate Freedom - Chesapeake City Park
7/4 - Stars and Stripes Celebration - VB Oceanfront
7/4 - Great American Picnic & Fireworks - Town Point Park
7/4 - Stars and Stripes Spectacular - Constant's Wharf Park & Marina
7/10 - Dierks Bentley - Veterans United Home Loans Amphitheater
7/12 - Virginia Zoo Adult Night

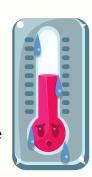
7/19 - Norfolk Latino Music Festival - Town Point Park 7/20 - Suffolk Pickle Palooza - Suffolk Visitor Center Pavilion 7/22 - Chicago - The Dome

7/25 - Nelly with Ja Rule - Veterans United Home Loans Amphitheater
 7/26 - Saturday Cinema: Despicable Me 4 - Bennett's Creek Park
 7/29 - Outlaw Music Festival - Veterans United Home Loans Amphitheater

### Don't Sweat Your Energy Bill

Summer's high heat can lead to even higher energy bills. Follow these tips to save energy, and money, during the hot months:

- Raise the thermostat 2-3 degrees during peak hours (2-9 p.m.) and rely on fans to keep your home cool
- Use thermal drapes or blackout curtains to keep heat outside your home
- Run appliances such as dishwashers, washing machines, and clothes driers at night only; use cold water settings when possible
- Unplug electronics when not in use





## Here's the Scoop

July is National Ice Cream Month
Celebrate with a scoop or two at these local spots:

Cone Slingers

15141 Carrollton Blvd Carrollton

The Mad Batter
149 N Main St Suffolk

Farmer's Table

Rick's Frozen Custard

13416 Benns Church Blvd Smithfield

2829 Airline Blvd Portsmouth

## WE FLIPPED OUT!

