

“I’m not moving to a home.”

If that’s what you picture when someone mentions independent or assisted living, take a closer look at what it can be like today.



What could your day look like?

A place that is yours

Many communities offer private apartments where you can bring your own furniture, photos and favorite things.

More ways to spend your day

You may be able to join others for meals or activities, welcome visitors and enjoy time alone when you want it.

Help that fits your needs

Depending on the community, staff can help with daily tasks such as bathing, dressing or medications.

Is there a location that’s important to you or an activity you don’t want to give up?
Let’s talk about what matters to you, then visit a few communities together so
you can see firsthand what senior living is really like.

TrueGuide Senior Advisors

Clear guidance. Confident decisions.

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(614) 383-9193