

Family Action Kit

The worst time to hunt for an insurance card or a legal document is during a medical crisis. Use these blocks to organize your parent's critical details right now, while things are completely calm.



Legal & Financial Essentials

- ☐ Healthcare POA
(Signed & updated)
- ☐ Financial POA
(Designated proxy)
- ☐ Living Will
(End-of-life preferences)
- ☐ Account Inventory
(Banks & bills)



Medical & Health Records

- ☐ Master Med List
(Dosages & pharmacy)
- ☐ Insurance Cards
(Medicare/Private)
- ☐ Primary Doctor
(Name & direct phone)
- ☐ Known Allergies
(Clear medical log)



Emergency Information

- ☐ Trusted Neighbor
(Has a house key)
- ☐ Wellness Check
(Local non-Emergency)
- ☐ Portal Logins
(Health & utility)
- ☐ Home Access Details
(Hidden key or garage code)