# **Sports Level 2 Award**

#### **Course overview**

The NCFE L2 sports course is a largely practical course looking at developing the course learners personal fitness and ability to coach others in sport.

The course consists of 3 mandatory units (participating in sport, sports coaching and developing sporting skills and tactical awareness) and 4 optional units which we can tailor to fit each learner on the course. All units are centre assessed and students are required to develop a portfolio of evidence during each unit.

Overall this is the perfect course to fit a student wishing to further their experience of coaching and leading practical sports sessions and teams.

#### **Exam / Coursework**

100% centre assessed coursework

### **Qualification gained**

NCFE L2 Certificate in Sport.

## **Entry requirements**

No specific entry requirements but an interest in sports is desirable, as this course is largely practical, along with a willingness to learn.

#### **Career opportunities**

Continuing towards coaching, fitness training, fitness instructor, leading sports sessions, physiotherapy, sports massage, working in the sports and leisure industry, sports event or business management.

