



"True Colours..."

Stop and listen, be still.

It is time.

Can you sense it?

The calling has been heard. New beginnings are here.

But only we ourselves can tell, know, feel, if we are truly ready.

Are you?

Leaving this one form and becoming another. Turning into a much lighter being.

Vibrating higher and higher. Tuning into the purest frequency.

Acknowledge all stages you have grown into, out of and have yet to become.

Most of all honor where you are right now. Sit with the process. Observe.

This metamorphosis will allow us to taste the sweetest nectar of life.

Embracing all that is. Expressing our truest selves.

Leaving the past behind while bringing with us all the experiences and lessons learned.

This change comes from the inside out, but our bright colours will be seen by the outside world.

Whenever feeling lonely illuminate the tones that show your deepest being and you will become a beacon to attract like minded souls.

Stop hiding. Stop misrepresenting. Get to know your true intentions. Is who you present yourself to be really who you are?

Face everything, everyone, with an open heart. And when it feels safe, be vulnerable. Do not hold back. Reveal every little bit of yourself, even the so called ugly parts, and hold space for others to enable them to do the same.

Look beyond the obvious, see what is behind and underneath.

Pay attention to subtle messages and do not judge a book by its cover.

Rise above the heaviness of earthly matters. Be gentle. Come into flow. Softly allow the change in. It is here.

Transform.

Are you ready to be reborn...?