



### **"Totem Tones..."**

As we are about to start a new cycle, a new year if you will, our transformational and awakening process will keep on accelerating.

Please, do not get overwhelmed by the pace of it all.  
Keep taking your time. Develop trust. Ease in to feeling safe in every new environment and continue to come back to your own inner peace. Tranquility.

You will not miss out by taking a moment. Or two...  
Continue grounding your energies.  
Greater roots enable greater connections to cosmic energies.

Stay true to your senses, all of them. You are an intuitive and sensitive soul. An empath.  
Intuition will enhance while gateways into spiritual realms are widening, the mists are thinning.  
Grand opportunities will arise and significant positive changes are starting to show.  
Have faith in the outcome and trust that all the tools needed are already in your kit.

Be grateful for your gifts.  
Vigilant being. Gentle but strong. Recovering freedom with grace.  
Innately drumming your own earth-beat.  
Creatively expressing the truest colours of your heart. Your essence.  
Reclaim all ancient knowledge and gain a greater perspective. A soaring vision.

Stay focused while cleansing. Shed all dark thoughts, all that is not serving. Reconnect with your inner child. Your innocence.

Invite impeccable divine timing. Submerge and surrender to this earthly transformation. The renewal of your spirit, rebirthing of the soul.  
Feel that eternal fire within. Bliss.  
You are a goddess of love. True, unconditional love.  
Mystical. Magical.

Abundance is your birthright.  
This is where you belong.  
Come now my love, it is time.  
Give in to flow.  
Dive in.

Surrender...