



AD **DIVINE**  
DESIGN

## DESIGNED TO CARRY

Review:

- 1) We were designed to run to perfection.
- 2) We were designed to be holy.
- 3) We were designed to bear His name.
- 4) We were designed to NOT be some things—  
not designed to be difficult; not designed  
to be unforgiving; not designed to hold a  
grudge.
- 5) We were designed to see the \_\_\_\_\_.

There are some things, as women, we were born (or  
born-again) to carry.

1. **We Were Designed to Carry \_\_\_\_\_.**  
**Genesis 3:1-6, 12, 17**

Ways we influence/are influenced:

- A. Our \_\_\_\_\_
- B. Our \_\_\_\_\_
- C. Our \_\_\_\_\_
- D. Our \_\_\_\_\_
- E. Our \_\_\_\_\_ for God.

III.: Solomon  
I Kings 8:22ff, 54, 60-62  
I Kings 11:1-3, 4-9

## 2. We Were Designed to Carry Our Own

**Genesis 3:22-24; 4:1-2; 3:16**

This wasn't going to end well. They had been tossed from  
the garden. God had already told her that childbirth wasn't  
going to be easy.

But childbirth was only the beginning of her having to be  
tough. Her first two sons were not going to get along and  
one was going to kill the other. She could have said, "I'll  
never do this again." See Genesis 4:25-26.

**People who *carry their own weight* are contributing  
equally to a task assigned to them.** They are carrying out  
the part assigned to them and not relying on others to pick  
up their slack.

Imagine a group assigned to carry large loads . . . .

If someone is not carrying his or her own weight, that per-  
son is becoming a \_\_\_\_\_ on the rest of the  
team. Others have to pick up some of the tasks that this  
person is not completing.

“To *carry your own weight* means to  
contribute your part to something.”

III.: People in a boat with oars

This phrase means the same as the phrase *to pull one's  
own weight*. The opposite, *not pulling one's own weight*, is  
expressed in the idiom *dead weight*, which means to not  
complete tasks and be a burden on others.

To carry your own weight to is to contribute your part to a group task.

We are a group. We're a church. Do you carry your own weight? 10% of the people doing 90% of the work.

Do you arrive on time?  
Do you volunteer for anything?  
Do you participate in a ministry?  
Do you greet visitors?  
Do you sing in a heartfelt way?  
Do you look forward to church?  
Do you invite people to church?  
Do you speak well of your church?  
Do you post nice things online?  
Do you encourage the pastor?  
Do you encourage other members?  
Do you attempt to mentor another lady?  
Do you try to grow by attending all services?

Or  
Do you arrive late?  
Do you sit in the back as a spectator?  
Do you talk only to people you know?

### 3. We Were Designed to Carry Others'

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How many burdens do you think Eve carried?  
How many burdens do you think Mary carried?

Carrying another's burden doesn't mean taking away their pain. It simply means to "hold them up." It's something carried. It could be . . .

A \_\_\_\_\_  
A \_\_\_\_\_  
A \_\_\_\_\_

Sometimes we experience unnecessary anxiety and burdens that we were never meant to carry. It occurs when we bring something to God through prayer, but then we ultimately end up "taking it back."

When we give something to God, it feels wonderful because we are essentially giving the burden, worries, and cares of that thing over to Him. Philippians 4:6.

*Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.*

Peace comes from doing that—as promised in the next verse:

*And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.*

The problem lies, however, when we "take back" that thing that we gave to Him in the first place.

We can more adequately bear others' burdens when we realize that God is helping bear ours.

*Bear ye one another's burdens, and so fulfil the law of Christ.*

### 4. We Were Designed to Carry the

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Of all the things we may struggle with, we most fall short here probably.

Matthew 28:19, 20—There's no "Plan B."  
God gave us this treasure in earthen vessels

Each person develops his own style and preferences.

Places to leave tracts:

- |    |     |
|----|-----|
| 1. | 6.  |
| 2. | 7.  |
| 3. | 8.  |
| 4. | 9.  |
| 5. | 10. |