

NAMTPT Annual Conference
Friday 10.8.2021 through Saturday 10.9.2021
Times listed are in Central Standard Time, USA

Agenda for Friday October 8th, 2021:

- **9:00 am – 9:30 am:** Mary Biancalana
 - **Lecture topic:** *Current Research Updates in Myofascial Pain and Dysfunction*
- **9:30 am – 11:00 am:** Shannon Goossen
 - **Lecture Topic:** *How to Recognize Cervical Instability: An Overlooked Perpetuating Factor of Myofascial Pain and Dysfunction*
- **11:00 am – 12 Noon:** Antonio Stecco, MD
 - **Keynote Address:** *Fascia in Myofascial Pain Syndrome*
- **12:00 pm – 1:00 pm: Break for Lunch** (Keep Zoom Meeting open, camera off)
- **1:00 pm – 2:30 pm:** Renee Hartz, MD
 - **Lecture Topic:** *New Math and New Anatomy for Non-Traditional Myofascial Evaluation of Knee Pain.*
- **2:30 pm – 4:30 pm:** Stew Wild
 - **Lecture Topic:** *Treatment of Somatosensory Tinnitus ~ Hands-on Demo (Registrants are encouraged to have a client with them at this time to practice the hands-on skills)*
- **4:30 pm – 5:00 pm:** *Review of Key topics and Conclusion of First Day of Conference.*

Agenda for Saturday Oct 9th, 2021:

- **9:00 am – 11:00 am:** Mary Biancalana
 - **Lecture Topic:** *The Shoulder Depressors ~ Hands-on Demo (Registrants are encouraged to have a client with them at this time to practice the hands-on skills.) Don't Get Depressed When They are Dysfunctional. Advanced Trigger Point Treatment Techniques for Important Muscles in the Shoulder Complex.*
- **11:00 am – 12:00 Noon:** Julie Zuleger, PhD
 - **Lecture Topic:** *Corrective Movement and Exercise for People with Shoulder Pain and Dysfunction ~ Hands-on Demo (Registrants are encouraged to have a client with them at this time to practice the hands-on skills)*
- **12:00 pm – 1:00 pm: Break for Lunch** (Keep Zoom Meeting open, camera off)
- **1:00 pm - 2:00 pm:** Janet (Travell) Street
 - **Lecture Topic:** *5 Marketing Tips to Fill Your Calendar with Appointments in 2022*
- **2:00 am – 3:00 pm:** Jim Friction, MD
 - **Lecture Topic:** *Myofascial Oro-Fascial Pain and the PACT Program*
- **3:00 pm - 4:45 pm:** Stuart Hinds
 - **Lecture Topic:** *Treatment Techniques For Muscles in the Lower Leg, Ankle and Foot ~Hands-on Demo (Registrants are encouraged to have a client with them at this time to practice the hands-on skills)*
- **4:45 am – 5:00 pm:** *Review of Key Topics and Conclusion of Conference*