

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Location Key

WP – Willows Place **VSR** – Van Sickle Room **JC** – Johns Chapel **ME** – Main Entrance **RGP** – Rose Garden Patio **ML**–Main Lobby **SL** – Swingley Lounge **APL** – Arbor Plus Lounge

Assisted Living Calendar



August

3

10:00 a.m. Chapel-**JC**

4

8:45 a.m. Sit & Be Fit- **VSR**
9:30 a.m. Healthy Hands – **VSR**
10:00 a.m. Late Bloomers Garden Club-**RGP**
2:00 p.m. Cardio Drumming-**VSR**
3:45 p.m. Trivia with Lisa-**APL**

5

8:45 a.m. Strong Stability & Balance – **VSR**
11:00 a.m. Nails with Lisa- **Room B-27**
10:30 a.m. Chapel –**JC**
2:00 p.m. Bingo –**VSR**
3:45 p.m. Trivia with Lisa-**APL**

6

8:45 a.m. Sit & Be Fit- **VSR**
9:30 a.m. Healthy Hands – **VSR**
9:30 a.m. Chapel –**JC**
1:00 a.m. Dairyhouse-**ML**
2:00 p.m. Cardio Drumming-**VSR**
3:45 p.m. Trivia with Lisa-**APL**

7

8:45 a.m. Strong Stability & Balance – **VSR**
9:30 a.m. Musical Moments with Margaret – **ML**
10:00 a.m. Late Bloomers Garden Club-**RGP**
1:30-Crafty Creations-**VSR**
3 :45 p.m. Trivia with Lisa-**APL**

1

8:45 a.m. Sit & Be Fit – **VSR**
9:30 a.m. Healthy Hands-**VSR**
10:00 a.m. Nails with Lisa- **Room B-27**
2:00 p.m. Bingo-**VSR**
3 :45 p.m. Trivia with Lisa-**APL**

2

12:00 p.m. Moments of Music with Margaret – **ML**

10

10:00 a.m. Chapel-**JC**

11

8:45 a.m. Sit & Be Fit- **VSR**
9:30 a.m. Healthy Hands – **VSR**
10:00 a.m. Late Bloomers Garden Club-**RGP**
2:00 p.m. Cardio Drumming-**VSR**
3:45 p.m. Trivia with Lisa-**APL**

12

8:45 a.m. Strong Stability & Balance – **VSR**
10:00 a.m. Nails with Lisa- **Room B-27**
10:30 a.m. Chapel –**JC**
2:00 p.m. Bingo –**VSR**
3:45 p.m. Trivia with Lisa-**APL**
4:00 p.m. Happy Hour-**ML**

13

8:45 a.m. Sit & Be Fit- **VSR**
9:30 a.m. Healthy Hands – **VSR**
9:30 a.m. Chapel –**JC**
11:00 –Lunch Trip to Casino- **ME**
2:00 p.m. Cardio Drumming-**VSR**
3:45 p.m. Trivia with Lisa-**APL**

14

8:45 a.m. Strong Stability & Balance – **VSR**
9:30 a.m. Musical Moments with Margaret – **ML**
11:00 a.m. Pizza Party-**VSR**
1:30 p.m. Edible Expeditions-**VSR**
3 :45 p.m. Trivia with Lisa-**APL**

15

8:45 a.m. Sit & Be Fit – **VSR**
9:30 a.m. Healthy Hands-**VSR**
10:00 a.m. Nails with Lisa- **Room B-27**
2:00 p.m. Bingo-**VSR**
3 :45 p.m. Trivia with Lisa-**APL**

16

12:00 p.m. Moments of Music with Margaret – **ML**

17

10:00 a.m. Chapel-**JC**

18

8:45 a.m. Sit & Be Fit- **VSR**
9:30 a.m. Healthy Hands – **VSR**
10:00 a.m. Late Bloomers Garden Club-**RGP**
2:00 p.m. Cardio Drumming-**VSR**
3:45 p.m. Trivia with Lisa-**APL**

19

8:45 a.m. Strong Stability & Balance – **VSR**
10:00 a.m. Nails with Lisa- **Room B-27**
10:30 a.m. Chapel –**JC**
2:00 p.m. Bingo –**VSR**
3:45 p.m. Trivia with Lisa-**APL**

20

8:45 a.m. Sit & Be Fit- **VSR**
9:30 a.m. Healthy Hands – **VSR**
9:30 a.m. Chapel –**JC**
2:00 p.m. Cardio Drumming-**VSR**
3:45 p.m. Trivia with Lisa-**APL**

21

8:45 a.m. Strong Stability & Balance – **VSR**
9:30 a.m. Musical Moments with Margaret – **ML**
10:00 a.m. Late Bloomers Garden Club-**RGP**
1:30 p.m. Trip to Alpaca Pines Farm-**ML**

22

8:45 a.m. Sit & Be Fit – **VSR**
9:30 a.m. Healthy Hands-**VSR**
10:00 a.m. Nails with Lisa- **Room B-27**
3 :45 p.m. Trivia with Lisa-**APL**

23

12:00 p.m. Moments of Music with Margaret – **ML**

24

10:00 a.m. Chapel-**JC**

25

8:45 a.m. Sit & Be Fit- **VSR**
9:30 a.m. Healthy Hands – **VSR**
10:00 a.m. Late Bloomers Garden Club-**RGP**
2:00 p.m. Cardio Drumming-**VSR**
3:45 p.m. Trivia with Lisa-**APL**

26

8:45 a.m. Strong Stability & Balance – **VSR**
10:00 a.m. Nails with Lisa- **Room B-27**
10:30 a.m. Chapel –**JC**
2:00 p.m. Bingo –**VSR**
3:45 p.m. Trivia with Lisa-**APL**
4:00 p.m. Happy Hour-**ML**

27

8:45 a.m. Sit & Be Fit- **VSR**
9:30 a.m. Healthy Hands – **VSR**
9:30 a.m. Chapel –**JC**
11:00 a.m. Lunch at Fiesta Cancun –**ML**
2:00 p.m. Cardio Drumming-**VSR**
3:45 p.m. Trivia with Lisa-**APL**

28

8:45 a.m. Strong Stability & Balance – **VSR**
9:30 a.m. Musical Moments with Margaret – **ML**
10:00 a.m. Resident Council meeting-**WP**
1:30 p.m. Edible Expeditions-**VSR**
3 :45 p.m. Trivia with Lisa-**APL**

29

8:45 a.m. Sit & Be Fit – **VSR**
9:30 a.m. Healthy Hands-**VSR**
10:00 a.m. Nails with Lisa- **Room B-27**
3 :45 p.m. Trivia with Lisa-**APL**

30

12:00 p.m. Moments of Music with Margaret – **ML**

