

**24 HOURS**  
**ULTRAMARATHON  
FESTIVAL**  
**VENICE**

*3. memorial Elisa Suman*



**Rules**

**6H 12H 24H**  
**6H and 24H relay**



**UMF Ultramarathon Festival Venice** · *3. memorial Elisa Suman*

**RULES**

**1. ORGANISER AND GENERAL INFOS**

**Organiser:**

**ASD UMF VENICE TEAM – Venice (FIDAL VE554)**

**Responsible Organisation:**

**Andrea Zambon (+39 347.5479871 -**

**[darta@ultramarathonfestivalvenice.com](mailto:darta@ultramarathonfestivalvenice.com)**)

**Organisational secretary (for infos, results, claims, etc.):**

**[info@ultramarathonfestivalvenice.com](mailto:info@ultramarathonfestivalvenice.com)**

**Other figures:**

- FIDAL Race Officials
- Official of the “Neutralization area” (refreshments, toilettes, temporary abandonment of the race course)
- Data collection and processing service with electronic microchip
- FIDAL technical delegate

**GENERAL INFOS:**

**Website: [www.ultramarathonfestivalvenice.com](http://www.ultramarathonfestivalvenice.com)**

**e-mail: [info@ultramarathonfestivalvenice.com](mailto:info@ultramarathonfestivalvenice.com)**

**Mobile: +39 347.5479871 (Andrea Zambon)**

# UMF Ultramarathon Festival Venice

## 2. PARTICIPATION

UMF Ultramarathon Festival Venice is FIDAL and IUTA compliant: the event is part of the FIDAL national calendar.

Who can participate to UMF Ultramarathon Festival Venice (**6, 12 and 24 hours race**)?

### A. Athletes registered in Italy

Based on the "Rules for the organisation of events" issued by FIDAL, athletes registered in Italy can participate, limited to people aged 20 and over (born before 31.12.2004) in possession of one of the following requirements:

- Athletes in the Promise-Senior-Master categories registered with FIDAL for the current year (2024)
- Italian and foreign athletes registered for Sports Promotion Entities (Athletics discipline) who have signed the agreement with FIDAL, only if in possession of a valid RUNCARD-EPS (validity date not expired). Athletics and the year 2023 must be clearly indicated on the card of the Club.
- RUNCARD holders. Italian and foreign citizens residing in Italy of at least 20 years of age (born before 31.12.2004) can participate, even if they are not registered with a company affiliated with FIDAL or with a foreign Athletics company affiliated with WA (World Athletics), nor for a company affiliated with a sports promotion body (Athletics discipline), but in possession of a valid Runcard issued directly by FIDAL.

### B. Athletes registered outside Italy

Italian / foreign athletes, who are not registered in Italy, can participate, limited to people from 20 years onwards (born before 31.12.2004) in possession of one of the following requirements:

- Athletes in possession of Runcard (valid as sports insurance and permission to compete), limited to people aged 20 and over (born before 31.12.2004); in any case, the participation is subject, in addition to the possession of the "RUNCARD", to the presentation of a valid medical certificate for competing in athletics, which must be shown to the organisers (uploaded online) and kept, in copy, in the records of the organising company of the event. The medical certificate for foreigners can be issued in their own country, but the same tests required by Italian law must have been carried out.: a) medical examination; b) complete urinalysis; c) electrocardiogram at rest and after exertion; d) spirometry.

The Runcard is renewable. The card's expiration date is written on the card. If on the day of the Event, during the check of the card, it is found that it has expired, the athlete CANNOT participate, unless the online renewal receipt is presented.

- Athletes registered with a foreign Sports Promotion Organisation (Athletics discipline) affiliated with the IAAF: the participation, is in any case, subject to the compilation of the declaration (provided by the Organisation at the time of registration) which contains the name of the Federation, of the Company and (where applicable) the number of the card.

N.B.: all athletes must provide (uploaded online) the medical certificate of competitive fitness bearing the words "Athletics".

### **6 HOURS AND 24 HOURS RELAY**

The event also includes two **relay races (6 hours and 24 hours for teams)**, a free-paced recreational event open to everyone from the age of 20 and in possession of a valid medical certificate for athletics.

# UMF Ultramarathon Festival Venice

## TEAMS COMPOSITION

Teams can be freely formed by men and women.

**24 HOURS: Each team must be composed of a minimum of 2 up to a maximum of 12 people.**

**6 HOURS: Each team must be composed of a minimum of 2 up to a maximum of 3 people.**

Each team must choose a NAME and appoint a Manager / Contact person, who will have the task of representing and coordinating the presence of the participants during the event and will also be responsible for the data provided to the Organisation and for the payment of the team fee (to be paid in one time, as requested by the **Google Form**).

## 3. REGISTRATIONS

Registrations can be made in the following way:

ONLINE using the **Google Form** and completing the payment by bank transfer or Paypal, using the following details:

**BANK TRANSFER:**

**ASD UMF VENICE TEAM**

**IBAN: IT06G0874902002000000474266**

**BIC(Swift code): ICRAITRRKT0**

**PAYPAL:**

**E-mail address: umfvenice.reg@gmail.com**

**NB. No service fees, other than the registration fee, will be applied during the transaction. The Organisation bears the costs applied by the payment system.**

## 3.1 Required documents

### **A. 6 hours, 12 hours and 24 hours races**

- application form - **Google Form**
- copy of the FIDAL card (or equivalent), valid on the race day
- copy of the competitive medical certificate, valid on the race day

At the time of registration, each athlete must declare at what distance he/she intends to participate (6 hours, 12 hours, 24 hours race).

Please note that in order to complete the registration procedure, after completing the registration form, you must send the above documentation, together with the payment receipt to the Organisation email address: [info@ultramarathonfestivalvenice.com](mailto:info@ultramarathonfestivalvenice.com).

### **B. 6 hours and 24 hours relay**

- application form - **Google Form** (one single form for each team)
- For each athlete: copy of the competitive medical certificate, valid on the race day, that must be uploaded during the registration.

At the time of registration, each team must declare at what distance it intends to participate (6 hours or 24 hours relay).

Please note that in order to complete the registration procedure, after completing the registration form, as a team representative you must send the above documentation, together with the payment receipt to the Organisation email address: [info@ultramarathonfestivalvenice.com](mailto:info@ultramarathonfestivalvenice.com).

## 4. REGISTRATION FEES

- 6 HOURS RACE - INDIVIDUAL

€ 45,00 (until 29.02.2024)

## UMF Ultramarathon Festival Venice

€ 60,00 (until 01.04.2024)

### - 12 HOURS RACE - INDIVIDUAL

€ 60,00 (until 29.02.2024)

€ 70,00 (until 01.04.2024)

### - 24 HOURS RACE - INDIVIDUAL

€ 80,00 (until 29.02.2024)

€ 90,00 (until 01.04.2024)

**NOTICE!** For individual competitions only, an additional promotional fee is foreseen for the first 30 athletes registered in each competition. In this case the fees are:

€ 40,00 (6H)

€ 55,00 (12H)

€ 70,00 (24H)

### - 6 HOURS RACE - RELAY

(the fee is intended for each team regardless of the number of participants - minimum 2, maximum 3)

€ 75,00 (until 01.04.2024)

### - 24 HOURS RACE - RELAY

(the fee is intended for each team regardless of the number of participants - minimum 2, maximum 12)

€ 250,00 (until 01.04.2024)



## REGISTRATION FEE REFUND

In case of inability to participate due to serious injury or illness, the intention of cancellation must be communicated via e-mail to the Organisation's address ([info@ultramarathonfestivalvenice.com](mailto:info@ultramarathonfestivalvenice.com)) attaching the certificate or medical report, at least **15 days before** the event (before 03.31.2024). A 50% refund of the registration fee is foreseen.

Waiving for other reasons does not provide any refund. It is indeed possible to transfer the bib to another runner, with adjustment of the registration fees at the time of the transfer. The replacement procedure will be handled exclusively by the Organisation: the request must be sent by e-mail to the Organisation's e-mail address [info@ultramarathonfestivalvenice.com](mailto:info@ultramarathonfestivalvenice.com) at least **30 days before** the date of the event (before 15.03.2024).

**It is not possible to transfer the registration to the next edition/year.**

**IMPORTANT:** in case of race cancellation or interruption due to atmospheric events and/or for legal provisions of the competent authorities, and/or for other reasons not related to the choices of the Organisation, no refund will be provided.

The Organising Committee has the right to modify these Regulations at any time for reasons it deems appropriate and/or for a better organisation of the race itself, after having communicated the variations to FIDAL and IUTA and having obtained their approval.

## 5. MICROCHIP

It is provided by the Organisation: single use (for individual 6 hours, 12 hours and 24 hours races).

In the case of the 6-hour and 24-hour relay, the disposable chip will be delivered together with the bib and bib holder: all together (chip + bib + bib holder) will constitute the team BATON.

## **UMF Ultramarathon Festival Venice**

Please note that the race pack's collection must be done by the person identified as the team's Manager / Contact person (as indicated in the registration form).

### **6. PLACE OF THE EVENT**

All races take place inside Parco San Giuliano (Venice) along a flat and fast circuit on asphalt.

The course direction is counter-clockwise.

#### **COURSE APPROVAL**

The 1382 m - length race course has been measured and certified by FIDAL at national and international level.

### **7. INFOS ON PARCO SAN GIULIANO**

Parco San Giuliano was designed by the architect Antonio Di Mambro and was inaugurated in 2004.

Its 74 hectares - surface represents one of the most ambitious urban redevelopment projects in Italy and identifies a vast urban park located entirely in the Municipality of Venice.

It overlooks the Venice lagoon near the entrance to the Ponte della Libertà from the mainland, not far from Marco Polo International Airport. It represents an example of environmental and landscape recovery, and it is an ideal place for sports and cultural activities.

#### **7.1 How to get to Parco San Giuliano**

The GPS Coordinates of Parco San Giuliano are:

45° 28.54 N – 0

12° 16.06 E

### >> BY PLANE

From VCE - Venice Marco Polo Airport (about 10 km away), take ACTV Bus n. 5, direction Venice, and get off at the stop with the same name of Parco San Giuliano.

### >> BY CAR

#### FROM PADOVA

From the Venice motorway tollbooth, keep the right, take the exit towards Venice / Ravenna / Mestre / Marghera, then continue straight. At the roundabout, take the 2nd exit onto the junction for Porto / Trieste / Belluno / Tarvisio / Venice. Follow the route in the direction of Venice.

Continue on SS11 towards Venice, then keep left for Ravenna / Padova. After entering the right lane, follow the junction for Treviso / Trieste / Airport and turn right after the overpass. Continue for about 1 km until the first car park on the left.

#### FROM TREVISO/BELLUNO/UDINE/TRIESTE

From the Venice motorway tollbooth, keep left and proceed to the entrance of the Mestre ring road following the signs for Venice / Airport. After about 8 km take the SS13 exit towards Venice / Treviso / Triestina. At the roundabout take the 3rd exit and take SS13 / SS14bis - via Martiri della Libertà.

Continue on SS13 / SS14bis for about 6 km towards Venice up to Parco di San Giuliano.

### >> BY BUS

From Venice - Piazzale Roma:

ACTV Bus Lines 5, 12, 12/, 19, 24, 24H, N1 stop next to Parco San Giuliano

From Mestre - City Centre:

ACTV Bus Lines 10, 12, 12/, 12L, 29 (last stop of Viale S. Marco).

From Mestre FS - Railway station:

ACTV Bus Lines 9, 40 (last stop of Via Forte Marghera). Then walk towards Viale S. Marco.

ACTV Bus Line 31 (last stop of Viale S. Marco).

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## >> BY TRAIN

The Mestre FS - Railway station is located around 4 km away from Parco San Giuliano.

From Mestre FS - Railway station:

ACTV Bus Lines 9, 40 (last stop of Via Forte Marghera). Then walk towards Viale S. Marco.

ACTV Bus Line 31 (last stop of Viale S. Marco).

From Venice Santa Lucia - Railway station, by boat:

ACTV Waterbus Line 21 (former Line 25) connects Parco San Giuliano to Venice historic center, "S. Giuliano - Fondamenta Nove - Ospedale" and "Ospedale - Fondamenta Nove - S. Giuliano" landing stages.

## 7.2 Agreements with hotels / car parks

All informations and details will be promptly provided on the website and on the social pages dedicated to the event.

## 8. AGENDA AND EVENT SCHEDULE

### Friday 12.04.2024

3.00 PM – 8.30 PM

bibs and race packs' collect

### Saturday 13.04.2024

from 6.30 AM

bibs and race packs' collect

(collection possible until 9.00 AM, with the exception of the 12H race for which the secretariat will remain open until 9.00 PM)

# UMF Ultramarathon Festival Venice

**9.30 AM** athletes' entrance to the grid  
**24H and 24H RELAY / 6H and 6H RELAY**

**10.00 AM** race start  
**24H and 24H RELAY / 6H and 6H RELAY**

**4.00 PM** end of the race **6H**

**5.00 PM** awards ceremony / terzo tempo party **6H**

**9.30 PM** athletes' entrance to the grid **12H**

**10.00 PM** race start **12H**

## Sunday 14.04.2024

**10.00 AM** end of the race **24H / 12H**

**11.30 AM** awards ceremony / terzo tempo party  
**24H and 24H RELAY / 12H**

**1.00 PM** end of **UMF 2024**

## **9. BIBS AND RACE PACKS' COLLECT**

It is possible to collect the race pack at the Organising Secretariat located inside Parco San Giuliano, respecting the above mentioned schedule.

The race pack contains:

### **6H, 12H e 24H RACES**

- n. 1 chip for data and time processing together with its use instructions
- n. 2 bibs
- n. 8 safety pins
- copy of the present regulations of the event
- illustrative leaflet

## UMF Ultramarathon Festival Venice

- **BASIC KIT with essential goods**
- **Gadgets of the event**

### **Useful and important news:**

- **The chip cannot be exchanged with other competitors and cannot be reused in other races.**

### **6H and 24H RELAY**

- **n. 1 chips for data and time processing together with its use instructions**
- **bibs (n. 1 / each athlete)**
- **safety pins**
- **copy of the present regulations of the event**
- **Illustrative leaflet**
- **BASIC KIT with essential goods**
- **Gadgets of the event**

### **Useful and important news:**

- **the race pack's collection must be done by the person identified as the team's Manager / Contact person (as indicated in the registration form).**
- **The chip delivered together with the bib and bib holder (BATON) must be exchanged with the other competitors of the same team.**
- **The first athlete of each team will start at 10.00 AM on April 13, 2024.**
- **The change of each fraction will take place as follows: each team must communicate the change of relay runner within minute 55 of each hour. This communication will take place with the entry into the exchange area of the incoming relay runner. At the end of each race hour, the race director will give the start signal for the change of the fraction; from that moment the change must take place at the first passage in the appropriate and marked transition area, by touch of the hand and exchange of the BATON.**

NB. The change is only possible at the end of each hour. It is however possible for a relay runner to compete consecutively for several hours.

### **10. RESULTS, MEASUREMENTS AND UPDATES**

Each athlete is equipped with an electronic microchip, which allows the timing of each lap of the course. This is subject to the verification by the FIDAL GGG (only for individual races). Each athlete will be counted the covered entire laps of the circuit and the part of the lap (possibly not finished) in progress at the end of each race. To allow this detection, 30 minutes before the end of each race, the athletes will be provided with a special numbered mark, which must be left on the ground on the exact point of the circuit reached at the sixth / twelfth / twenty-fourth hour, under the strict supervision of the Race Judges. A sound signal will state the completion of the sixth / twelfth / twenty-fourth hour of the race. The sum will be rounded down to the nearest whole meter. As required by the FIDAL / IUTA Ultramarathon regulations, only results over 42.195 km will be admitted to the ranking.

A board will be available at the Organising Secretariat and at the refreshment area in the Neutralisation area with the update of the partial results of each race.

### **11. SERVICES DURING THE RACE**

- Delimited Neutralisation Zone, about 200 meters long, located along the course near the starting arch/line: the only area where athletes can take advantage of personal assistance
- Wc-Toilettes
- Refreshment area provided by the Organisation
- Area with tables provided by the Organisation available for PERSONAL SUPPLIES and any rest stops, for athletes and assistants without a tent (see paragraph 12)

## UMF Ultramarathon Festival Venice

- **MEDICAL ASSISTANCE** and mobile **FIRST AID** assistance service with on-board defibrillator.

### **12. PERSONAL SUPPLIES**

In the Neutralisation Area, near the Refreshments prepared by the Organisation, an area will be set up with tables available for any drinks or personal food. Athletes will be able to deposit their personal supplies directly on the provided tables, up to 30 minutes before the start of each race. Please note that it is forbidden to take and receive drinks and personal food supplies outside the Neutralisation Area, except the use of the fountains located along the course.

To ensure sufficient space for the athletes of the individual races (6 hours, 12 hours and 24 hours), only one post per team will be set for the 24-hours relay race.

### **NEUTRALISATION AREA**

A special fixed and delimited area will be set up, in which athletes will be able to access their personal supply.

Each athlete must equip himself with everything that is not contemplated and detailed above. It is advisable to provide autonomously for: blanket in case of cold weather; hot drinks; any gas burners (it is not possible to use electric ones); water bottles; personal sponges and sponge bucket; glasses, cutlery and personal plates.



## 13. OTHER RULES

- The chip must be worn before entering the starting area (following the instructions provided).
- Clothing must comply with the provisions of the International Technical Regulations. It is allowed to change clothes during the race, with the obligation to keep the bibs well exposed.
- The Service Doctor is the only person authorised to enter the competition circuit in the event of an athlete's injury. The Service Doctor will decide which treatments are required for the athlete and may impose, if he deems it necessary, the withdrawal of the athlete.
- Any form of pacing is excluded, under penalty of disqualification.
- The athletes' assistants cannot stop in the competition circuit and must approach the athlete in the neutralisation area only, for the time necessary for supplies, changes of clothing and other assistance operations.
- It is advisable to give way in case of overtaking: the lane identified in the innermost portion of the course is reserved for the fastest athletes.
- In road races it is NOT forbidden to use video / cassette recorders, radios, CDs, radio transmitters, mobile phones or similar devices (WA), unless indicated by the Race Officials.
- The abandonment of the circuit is allowed only in the neutralisation area (for refuelling, for rest stops, for toilet services) and also in the area reserved for medical treatment, as long as it is reported and authorised by the Race Officials.
- The rest stop is only allowed in the specific area prepared by the Organisation or in the Neutralisation Area.
- Abandonment of the circuit for other not allowed reasons will result in disqualification.
- Athletes must throw waste, glasses, etc., in the appropriate available containers (abandonment of waste along the route is forbidden, under penalty of disqualification).
- For what not already mentioned in the present regulations, the FIDAL and IUTA rules of Ultramaratona are valid.

# UMF Ultramarathon Festival Venice

## 14. ANTI-DOPING AND CLAIMS' PROCEDURES

### 14.1 Anti-doping

The event takes place according to the provisions of the IAAF, FIDAL, CONI and WADA rules.

Based on an internal code of ethics, it should be noted that the Organisation reserves the right to evaluate the admission to the competition of athletes who in the past have reported FIDAL reports or suspensions related to the use of doping substances.

### 14.2 Claims

Any claim must first be presented verbally to the Race Officials, within 30 minutes of the official announcement of the race result. In the second instance it must be submitted to the Race Officials in writing (form available from the Organising Secretariat), within 30 minutes of the official announcement of the arbitrator's decision, accompanied by the federal tax of 100,00 €.

## 15. AWARDS

To all PARTICIPANTS: race pack with event gadgets.

To all CLASSIFIED athletes (only of the individual races): medal.

### RANKING AWARDS

For individual races (**6 HOURS, 12 HOURS** and **24 HOURS**)

**WOMEN:** the top 3 absolute athletes awarded

**MEN:** the top 3 absolute athletes awarded

**CATEGORY AWARDS:**

The first male athlete and the first female athlete for each FIDAL category of those present in the competition will be awarded. The top 3 absolute athletes, women and men, will be excluded from these awards.

**For the 6 HOURS RELAY**

Award to the first ranked teams in each category (men, women and mixed).

**For the 24 HOURS RELAY**

Award to the top 3 ranked teams.



**ULTRAMARATHON  
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