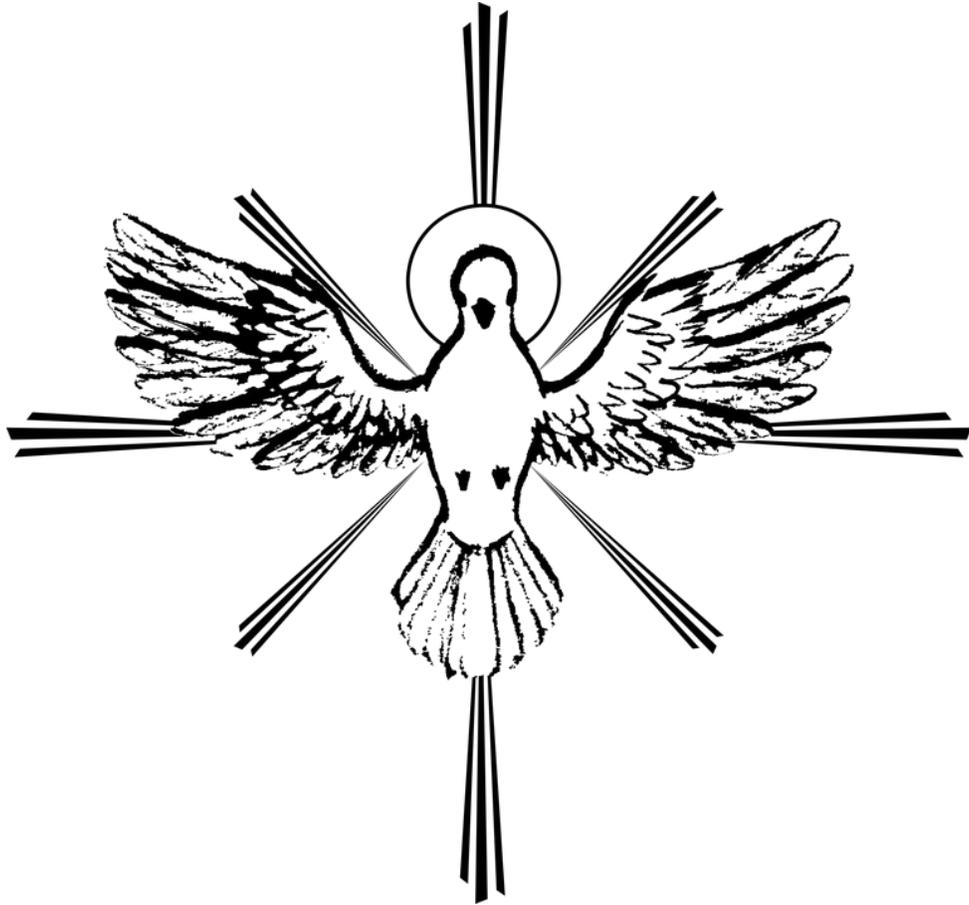


My Works of Charity Journal

Confirmation 2024-2025



NAME: _____

Due February 8th, 2026 to Megan Vina or Parish Office

CORPORAL WORKS OF MERCY

Answer for each: What did you do? What did you learn?

Feed the hungry / give drink to thirsty

Adult Signature

Date

Phone

Visit the sick / visit the imprisoned

Adult Signature

Date

Phone

Bury the dead

Adult Signature

Date

Phone

Shelter the homeless / clothe the naked or give alms to the poor

Adult Signature

Date

Phone

SPIRITUAL WORKS OF MERCY

Answer for each: What did you do? What did you learn?

Counsel the doubtful

Adult Signature

Date

Phone

Instruct the ignorant

Adult Signature

Date

Phone

Admonish the sinner

Adult Signature

Date

Phone

Comfort the sorrowful or afflicted

Adult Signature

Date

Phone

Bear wrongs patiently / forgive injuries

Adult Signature

Date

Phone

Pray for the living and the dead

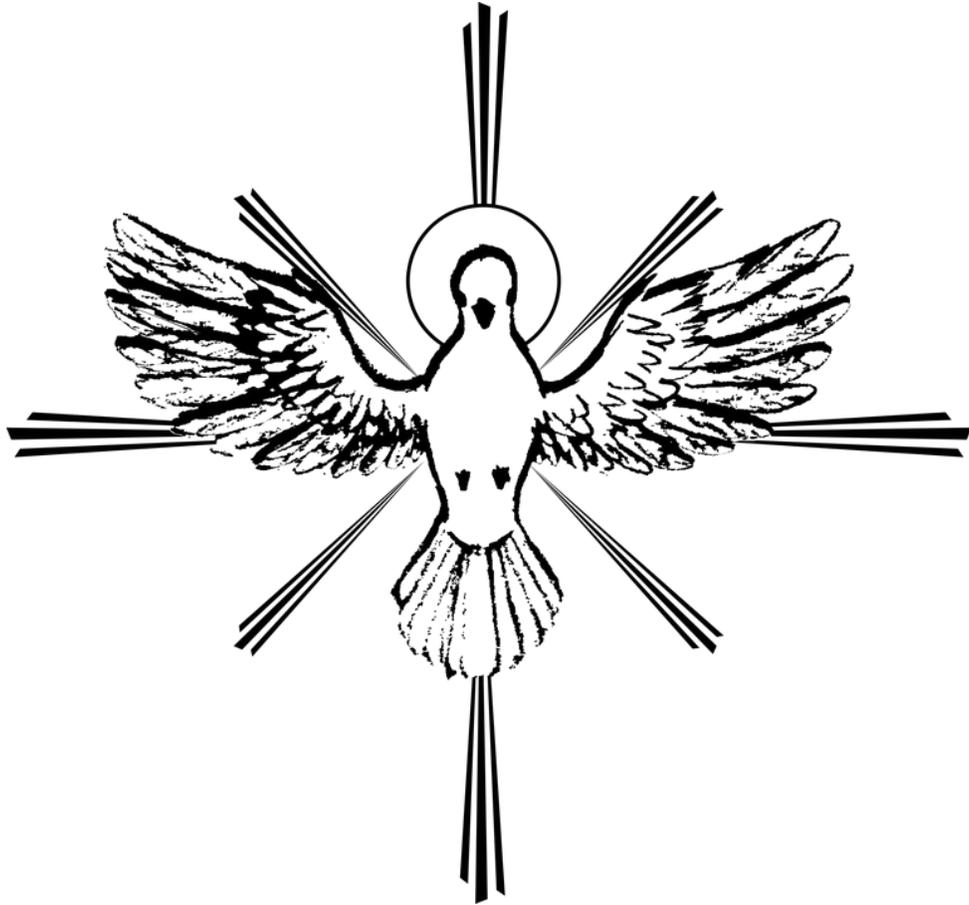
Adult Signature

Date

Phone

Works of Charity Guide

Confirmation 2025-2026



This guide is intended to give helpful information/ ideas that you could use for your Works of Charity Project/ Reflection Paper. Do not feel obligated to use all (or any) of these ideas if you have better ideas yourself! They are simply here to serve as a guide and help you understand what acts of service could be considered 'Works of Mercy' and how we can incorporate them into our daily lives as Christians.

CORPORAL WORKS OF MERCY

Feed the hungry / give drink to thirsty

- Community Supper at Presbyterian Church on 2nd/4th Wednesday a month 5:00-6:30PM
- New Day Family Resource Center in Sandusky: Food Pantry 3rd Saturday of each month 11:00-2:00PM
- Consider donating to this incredible charity giving clean water to others:
 - <https://www.charitywater.org>
- Help the garden crew that cares for the grounds at St. Peter parish/school
- Cook dinner for your family, a parent or grandparent

Visit the sick / visit the imprisoned

- Visit a family member who is ill (at home, in hospital, or at a nursing home)
- Partnering with Eucharistic Ministers at St. Peter's who take Communion to these facilities/homebound and visit with them
 - Jason Endlish is responsible for this ministry and offered to coordinate with any student/ their parents that would be interested in accompanying him personally or another Eucharist Minister to a homebound visit.
 - Email/ Contact: jason.endlish@gmail.com
- Go to a nursing home and share musical talents (play the piano or a musical instrument) for an hour (The Meadows at Osborn Park, Admiral's Pointe Nursing & Rehabilitation)

Bury the dead

- Getting trained as a server and serving at a funeral mass
- Offering to be a pallbearer at a family or friend's funeral mass
- Going to a funeral or being present with relatives/ friends to honor a person's life at a funeral mass or celebration
- If no one in your life has died recently, perhaps consider burying an animal that has died (for example a bird that runs into your window or a pet that passes away) and talk about the significance of creation/ caring for creation as a family and why it's important to bury those we love. This is not theologically the same as burying a person, but I would accept this for reflection!

Shelter the homeless / clothe the naked or give alms to the poor

- Consider giving your allowance to a charity or a small portion of money gifted to you from a birthday or holiday to a charitable organization.
 - Here are some examples of charities you could donate to:
 - Catholic Charities: <https://www.catholiccharitiesusa.org>
 - Disaster Relief/ Red Cross: <https://www.redcross.org>
 - America's Charities Disaster Recovery Fund:
<https://www.charities.org/funds/disaster>
- Donate old clothes you have in your closet to GoodWill or Salvation Army

SPIRITUAL WORKS OF MERCY

Counsel the doubtful

- Talk to someone about their faith if they are doubting their belief/ trust in God
- Talk to a friend who is struggling (with school, with friendships, with relationships with family members or friends)
- Talk to a sibling who is going through something or needs encouragement
- Offer to help two friends reconcile if they have a disagreement

Instruct the ignorant

- Tell people who Jesus is and what you've learned about the Catholic faith or experiences through the church
- Tell a younger sibling about what you've learned through your Confirmation class
- Explain to someone who's never heard of Confirmation what Confirmation is
- Talk to a friend/ family member who has never heard about Catholicism and explain what it means to be a follower of Jesus

Admonish the sinner

- Engage in a conversation with a classmate or friend who disagrees with teachings of the church and explain God's love for them
- Look up a controversial issue and the church's standpoint on it. Even if you aren't able to have a conversation with someone face-to-face, write a reflection on how you could respond in the future with truth and with love

Comfort the sorrowful or afflicted

- Talk to a friend, parent, sibling or family member that is sad and needs encouragement
- Give someone a hug that is having a hard or difficult day
- Do something nice for someone that is struggling with life's circumstances
- Comfort someone that recently lost a loved one

Bear wrongs patiently / forgive injuries

- Verbally forgive someone that has hurt you
- Be patient with your siblings or friends that may have hurt you intentionally or unintentionally and write a reflection of how you responded in love (rather than frustration, anger or rage)

Pray for the living and the dead

- Visit a cemetery and pray for the souls of all of the men & women that are buried there.
- Pray together with your family and share your intentions with one another. We are called to help get each other to heaven with our prayers and actions!