

Believe it or not, we're approaching the halfway mark of 2023! Whether you've been surprised by the blessings of this year or disheartened by the difficulties, June is a great time to pause and reflect on where you're headed and what Holy Moments you'd like to create.

Take time over the next few weeks to come up with a dream for the rest of 2023—and to ask God what vision he has for you!

Here are 10 inspirations that will invite you make the last 6 months of 2023 better than the first:

Inspiration from Saint Pope John XXIII!

"Consult not your fears but your hopes and your dreams. Think not about your frustrations, but about your unfulfilled potential. Concern yourself not with what you tried and failed in, but with what it is still possible for you to do."

What Holy Moments do you want to create over the

God wants you to dream!

next 6 months? Write down your top three Holy Moment dreams and reflect on the first steps you'd need to take to make them happen.

Wisdom is more than just exercising common senseit's really the gift of thinking the way God thinks and

Virtue in focus...

seeing the world the way he sees it. Take a moment to think about the parts of your life you're unsure about. How do you think God would look at those fears, those challenges, and those opportunities? A burst of wisdom.

right direction...

Did you know...

There are some surprising ways being in nature can help your brain function better.

If you have a desire for this, you're headed in the

superficial things!

For the young and young at heart...

For those who are looking for answers... "When you have a decision to make, consult your future self. Imagine yourself twenty years from now,

God didn't create you to waste your time on

looking back on this moment, and honor what your future self advises you to do."—Matthew Kelly, Holy

Moments

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Let's Pray! "Give me, Lord God, a mind to know you, diligence

—St. Thomas Aguinas For more information on this email and our

to seek you, wisdom to find you, a life to please you."