



Confirmation Retreat Options

It is the expectation that each youth grows in and reflects upon their relationship with God through a retreat **each year** of Confirmation Preparation. The expectation from the Diocese is that this experience:

- Includes reflection on the presence and power of God in their lives and the difference that has made for them.
- Provides opportunity to reflect on the challenges of life, and on the Gospel, and how their faith helps them to respond as disciples of Jesus Christ.
- Involves quiet and prayer, along with camaraderie and joy in an atmosphere of love and respect.

This requirement can be fulfilled by:

- Parish Confirmation retreat
 - Saturday, January 24, 2026 at St. Agnes Church. 11am-5:00pm. Bring your own lunch.
- Diocesan Confirmation Retreat
 - TBD at Notre Dame Retreat Center in Canandaigua
 - TBD at Camp Stella Maris
- High School Youth LEAD Retreat
 - For grades 9-12 only. TBD at Camp Stella Maris.
- Other retreat (must be preapproved by Director of Faith Formation)
 - Service/mission retreat
 - St. Bernard's monthly Saint retreats
 - Day of Recollection
 - Retreat center or monastery
- Several shorter experiences – we will provide a reflection guide to be completed
 - Visit to Abbey of the Genesee, St. Kateri or other shrine or Holy place
 - Prayer Experiences in the parish – Rosary, Adoration, Bible Reflection, Prayer group
 - Attend and reflect on Holy Week services (Palm Sunday, Holy Thursday, Good Friday, Easter Vigil)