



Confirmation Name Research Form

You may choose to take a Saint’s name for your Confirmation name or your own name. You are asked to do some research about the name you are choosing.

Please fill in the following and return it **no later than the end of February**.

My FULL LEGAL NAME is: (First name): _____
(Middle name): _____
(Last name): _____

Define: What is a Saint?

The Saint’s name I have selected for my Confirmation name is:

_____ of _____ (name city if applicable).

His/her Feast Day is _____. I chose this Saint’s name because (what personal connection do you have to it?):

Research on your Saint:

Describe **who** this saint was, **where** they were from, **when** they lived, & something **special** about that saint.

A **symbol** sometimes used to depict this saint is _____

This Saint is the **Patron Saint** of _____

Other interesting information I learned:

Tips for Choosing Your Confirmation Saint Name

- ❖ Your Confirmation Name should reflect your closer identification as a member of the Catholic Christian community. It must be the name of a Saint.
- ❖ The name you select can be associated with someone in your life whom you respect and admire, honoring them for their example of love and holiness.
- ❖ You can choose your baptismal name, middle name, or a new name.
- ❖ Pray! Ask the Holy Spirit to guide you as you choose your Patron Saint.
- ❖ Find a Saint who intrigues you. Here are some questions to get started:
 - Is there a Saint who sparks your curiosity? Makes you uncomfortable?
 - Is there a Saint with a strange/goofy name or who had similar struggles as you?
 - A Patron Saint of something you love, or whose Feast Day is on an important day to you (your Birthday, your Baptismal day, a holiday)?
- ❖ Pick one or two Saints who intrigue or inspire you and get to know them. Read about their early life. Seeing Saints as they were when they were young can make them more relatable and can give us insight into how to follow Christ as a young person.
- ❖ Seek out their advice and invest in your Patron Saint. Pray for their intercession, “St. ____, Pray for us.” Go deeper by reading something your Saint wrote, or a biography of them. Pray a prayer they have written or a prayer for the Saint’s intercession. Be inspired by their spirituality and service.
- ❖ The Saint’s are already pursuing you! They’re humble and don’t draw attention to themselves as they are pointing your way towards Christ. But if you pay attention, you will begin to notice the Saints are walking with you already!