







July 2025 MOCA House Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 11:00 Check In 12:00 Art with Judy 2:00 Women in Recovery 2:00 Men in Recovery 3:00 Journaling 6:30 Wayne County FSG	2 11:00 Check In 12:00 Nutrition Niblets ♥ 2:00 Recovery Work Group 2:00 Schizophrenia/Affective Disorder Group 3:00 Life Skills	3 11:00 Check In 12:30 Yoga with Brooke ♥ 2:00 NAMI Connection 3:00 Recovery Tools	4  NAMI & MOCA House are Closed for Independence Day	5
6	7 11:00 Check In 12:00 Basic Fitness ♥ 1:00 DBSA 2:00 NAMI Connection 3:00 Goal Setting	8 9:30 Staff Meeting—MOCA House Opens at Noon 12:00 Art with Bethany 2:00 Women in Recovery 2:00 Men in Recovery 3:00 Journaling	9 11:00 Check In 12:00 Wooster Hospital Dietician ♥ 2:00 Recovery Work Group 2:00 Schizophrenia/Affective Disorder Group 3:00 Life Skills	10 11:00 Check In 12:30 Yoga with Brooke ♥ 2:00 NAMI Connection 3:00 Recovery Tools	11 11:00 Check In 11:30 Summer Cookout 12:30 Spirituality & Prayer 1:00 Marley Therapy Dog 2:00 Winning Against Relapse 3:00 Self-Care	12
13	14 11:00 Check In 12:00 Basic Fitness ♥ 1:00 Talk with Dr Helmut ♥ 2:00 NAMI Connection 3:00 Goal Setting 5:00 Zoom DBSA	15 11:00 Check In 12:00 Art with Judy 2:00 Women in Recovery 2:00 Men in Recovery 3:00 Journaling	16 11:00 Check In 12:00 Nutrition Niblets ♥ 2:00 Recovery Work Group 2:00 Schizophrenia/Affective Disorder Group 3:00 Life Skills	17 10:00 SPC Meeting 11:00 Check In 12:30 Yoga with Brooke ♥ 2:00 NAMI Connection 3:00 Recovery Tools	18 11:00 Check In 11:30 Lunch on MOCA 12:30 Spirituality & Prayer 1:00 Art 2:00 Winning Against Relapse 3:00 Self-Care	19
20	21  Peer Recovery Summit MOCA House Closed 6:30 Holmes County FSG	22  Peer Recovery Summit MOCA House Closed 5:30 PALS Meeting	23 11:00 Check In 12:00 Art 2:00 Recovery Work Group 2:00 Schizophrenia/Affective Disorder Group 3:00 Life Skills	24  11:00 Ohio Bird Sanctuary Field Trip Pack Your Own Lunch Sign Up Required (no other programming) 6:00 Board Meeting	25 Birthday Friday! 11:00 Check In 11:30 Lunch on MOCA 12:30 Spirituality & Prayer 1:00 “Healthy Relationships” with Sheryl Villegas 2:00 Winning Against Relapse 3:00 Self-Care	26
27	28 11:00 Check In 12:00 Basic Fitness ♥ 1:00 DBSA 2:00 NAMI Connection 3:00 Goal Setting 5:00 Zoom DBSA	29 11:00 Check In 12:00 Art with Judy 2:00 Women in Recovery 2:00 Men in Recovery 3:00 Journaling	30 11:00 Check In 12:00 Fishing/Walking ♥ 2:00 Recovery Work Group 2:00 Schizophrenia/Affective Disorder Group 3:00 Life Skills	31 11:00 Check In 12:30 Yoga with Brooke ♥ 2:00 NAMI Connection 3:00 Recovery Tools	Important Notes MOCA House will open at noon on Tuesday, July 8 th and August 12 th . MOCA House will be closed on July 21-22 for the Peer Recovery Summit. NAMI and MOCA House will be closed July 4 th for Independence Day and August 28 th for our Annual Gathering.	

August 2025 MOCA House Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY <u>MOCA</u> = <u>M</u> otivating, <u>O</u> ptimistic, <u>C</u> aring, <u>A</u> ccepting <u>DBSA</u> = <u>D</u> epression <u>B</u> ipolar <u>S</u> upport <u>A</u> lliance <u>PALS</u> = <u>P</u> eople <u>A</u> ffected by a <u>L</u> oved-One's <u>S</u> uicide <u>WRAP</u> = <u>W</u> ellness <u>R</u> ecovery <u>A</u> ction <u>P</u> lan MOCA House hours are Monday - Friday, 11am - 4pm Everyone encouraged to participate in groups and activities. <i>Only those already actively participating in MOCA House programming are eligible to attend field trips.</i>				Free transportation for our program is available in Wayne & Holmes Counties. CALL THE VAN BETWEEN 8am - 9am 330-466-4765	1 	2
3	4 Happy Birthday MOCA House! 11:00 Check In 12:00 Basic Fitness ♥ 1:00 DBSA 2:00 NAMI Connection 3:00 Goal Setting 5:00 Zoom DBSA	5 11:00 Check In 12:00 Picnic at OARDC Pack Your Own Lunch Sign Up Required 2:00 Women in Recovery 2:00 Men in Recovery 3:00 Journaling 6:30 Wayne County FSG	6 10:30 Peer Support Meeting 11:00 Check In 12:00 Art 2:00 Recovery Work Group 2:00 Schizophrenia/Affective Disorder Group 3:00 Life Skills	7 11:00 Check In 12:30 Yoga with Brooke ♥ 2:00 NAMI Connection 3:00 Recovery Tools	8 11:00 Check In 11:30 Lunch on MOCA 12:30 Spirituality & Prayer 1:00 Board Games 2:00 Winning Against Relapse 3:00 Self-Care	9
10	11 11:00 Check In 12:00 Basic Fitness ♥ 1:00 DBSA 2:00 NAMI Connection 3:00 Goal Setting 5:00 Zoom DBSA	12 9:30 Staff Meeting—MOCA House Opens at Noon 12:00 Art with Bethany 2:00 Women in Recovery 2:00 Men in Recovery 3:00 Journaling	13  10:00 Cleveland Aquarium Pack Your Own Lunch Sign Up Required (no other programming)	14  11:00 Check In 12:30 Yoga with Brooke ♥ 1:30 LincWay (Sign Up Required) 3:00 Recovery Tools	15 11:00 Check In 11:30 Lunch on MOCA 12:30 Spirituality & Prayer 1:00 Chat with a Cop 2:00 Winning Against Relapse 3:00 Self-Care	16
17	18 11:00 Check In 12:00 Basic Fitness ♥ 1:00 DBSA 2:00 NAMI Connection 3:00 Goal Setting 5:00 Zoom DBSA 6:30 Holmes County FSG	19 11:00 Check In 12:00 Art with Judy 2:00 Women in Recovery 2:00 Men in Recovery 3:00 Journaling	20 11:00 Check In 12:00 Wooster Hospital Dietician ♥ 2:00 Recovery Work Group 2:00 Schizophrenia/Affective Disorder Group 3:00 Life Skills	21 10:00 SPC Meeting 11:00 Check In 12:30 Yoga with Brooke ♥ 1:30 Wayne Co Sheriff Art Exhibit 	22 11:00 Check In 11:30 Lunch on MOCA 12:30 Spirituality & Prayer 1:00 Marley Therapy Dog 2:00 Winning Against Relapse 3:00 Self-Care	23
24	25 11:00 Check In 12:00 Basic Fitness ♥ 1:00 DBSA 2:00 NAMI Connection 3:00 Goal Setting 5:00 Zoom DBSA	26  11:00 Check In 12:00 A Time to Craft Sign Up Required 2:00 Women in Recovery 2:00 Men in Recovery 3:00 Journaling 5:30 PALS Meeting	27 11:00 Check In 12:00 Fishing/Walking ♥ 2:00 Recovery Work Group 2:00 Schizophrenia/Affective Disorder Group 3:00 Life Skills	28 Office & MOCA House  Closed for Annual Gathering	29 Birthday Friday! 11:00 Check In 11:30 Lunch on MOCA 12:30 Spirituality & Prayer 1:00 BINGO 2:00 Winning Against Relapse 3:00 Self-Care	30/31



Day of Caring

Please join us in shouting out a big, “THANK YOU!” to Justin Haislip State Farm Insurance for their participation in Orrville Area United Way’s Day of Caring May 7th. Their team of hardworking agents came out to assemble a raised garden bed for MOCA House. This garden bed allows us to grow vegetables for Lunch on MOCA all summer long!



2025 Annual Gathering

Save the date! Our Annual Gathering is scheduled for Thursday, August 28th, at The Connection Conference & Event Center (1034 Country Club Dr, Wooster, OH 44691). Social time will begin at 5:30pm. Dinner, by Exclusively Yours Catering, will be served at 6:00pm. Our keynote, “Purpose in the Pain” will be presented by Shannon Ortiz, CEO and Founder of Light after Loss. Tickets are \$40 per person. RSVP by August 12th at <http://bit.ly/4mPYwgB>. We hope you’ll celebrate an impactful year with us!

NAMI Membership

Have you considered joining NAMI Wayne & Holmes Counties? Membership is open to those concerned about mental health issues and support our purpose. There are three levels of membership:

Household Membership	\$60
Individual Membership	\$40
Open Door Membership	\$5

Download (<https://bit.ly/4kB7w1A>), complete, and mail your application and payment to us at 2525 Back Orrville Rd, Wooster, OH 44691. Every membership helps us achieve our mission.



MOCA House Turns 15!

Help us celebrate 15 years of Motivating, Optimistic, Caring, and Accepting—our MOCA House. What started in the former Presbyterian Church’s parsonage continues as a thriving, exuberant, certified Peer Run Organization and mental health recovery center. We would love to have former and current MOCANs, friends of NAMI Wayne & Holmes Counties, and community leaders join us for our celebration. There will be opportunities for you to share your memories of MOCA House. And there’s a commemorative MOCA House t-shirt based on the original logo design from 15 years ago! Order your Anniversary Edition MOCA House retro t-shirt to wear to the celebration for \$10 by June 30th. We can’t wait to see you!

Family-to-Family Class This Fall

If you have a loved one with mental health concerns, it’s not too early to get on the wait list for our Family-to-Family class starting this fall! Call 330-264-1590 for more information or to get on the list!

Save the Date!

Our annual Expressions of Hope Art Auction will be Tuesday, November 11th, at The Connection Conference & Event Center. We hope to see you there!



Orrville Artists Among Us

This year’s Artists Among Us in Orrville was enormously successful! More than 100 pieces of art created by MOCANs was displayed June 2nd through the 13th throughout 24 businesses in downtown Orrville, Marshallville, and Dalton in partnership with Orrville Area Chamber of Commerce. We very much appreciate the support of these businesses:

Allium Naturopathic Health
Brown’s Furniture
B’s Deli
Buehler’s
City of Orrville
Cobblestone Hotel & Suites
CrossFit Orrville
CSB
Edward Jones
Farmers National Bank (High & Market St)
Justin Haislip State Farm Insurance
LincWay
Michael’s Bakery
Nancy’s Draperies
Old Carolina BBQ Co
Orr Valley Creamery
Orrville Area United Way
Orrville Cycling
Orrville Public Library
Orrville YMCA
Runion’s Furniture
Salvation Army
Wiles Hanzie Realty

Be sure to check out facebook.com/NAMIWayneHolmes to see the art as it was displayed!

Give with Venmo!

NAMI Wayne & Holmes Counties and MOCA House is funded entirely from donations, grants, and the Mental Health Levy. Nearly 50% of our operating budget comes from people like you who care about mental health and give generously all year long. To make it easier, you can now give to NAMI Wayne & Holmes Counties through Venmo!

Check it out!
<https://bit.ly/458EEsB>



Our Mission

To provide a place of safety where all persons affected by a mental health concern feel accepted and build hope through peer-based programming, and to deliver education, suicide prevention, and support to family members and the community.

Our Vision

Improving the lives of persons affected by mental illness

Thank You to Our Partners



Supported by the Mental Health & Recovery Levy