

Our Parish Liturgy

This Week (Corpus Christi C)

DIVINE OFFICE	WEEK 4
ENTRANCE HYMN	18.00 None 09.00 646 11.00 646
PENITENTIAL ACT	Spoken
GLORIA	18.00 Spoken 09.00 New Celtic Liturgy 11.00 New Celtic Liturgy
FIRST READING	Genesis 14:18-20 <i>'He offered bread and wine.'</i>
PSALM RESPONSE	<i>You are a priest for ever, according to the order of Melchizedek.</i>
SECOND READING	1 Corinthians 11:23-26 <i>'For as often as you eat and drink, you proclaim the Lords's death.'</i>
GOSPEL ACCLAMATION	<i>Alleluia, alleluia!</i> <i>I am the living bread that came down from heave, says the Lord. If anyone eats of this bread, he will live for ever. Alleluia!</i>
GOSPEL READING	Luke 9:11b-17 <i>'All ate and were satisfied.'</i>
PRESENTATION OF THE GIFTS	18.00 None 09.00 643 11.00 643
SANCTUS	18.00 Spoken 09.00 New Celtic Liturgy 11.00 New Celtic Liturgy
MEMORIAL ACCLAMATION	18.00 Spoken 09.00 New Celtic Liturgy 11.00 New Celtic Liturgy
GREAT AMEN	18.00 Spoken 09.00 New Celtic Liturgy 11.00 New Celtic Liturgy
OUR FATHER	18.00 Spoken 09.00 Spoken 11.00 Spoken
AGNUS DEI	18.00 Spoken 09.00 New Celtic Liturgy 11.00 New Celtic Liturgy
COMMUNION ANTIPHON	<i>Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.</i>
THANKSGIVING	18.00 None 09.00 607 11.00 607
RECESSION	18.00 None 09.00 803 11.00 Today we leave Mass in silence; even in narthex.

RECESSION
18.00
09.00
11.00

Next Week (Sts Peter & Paul C)

DIVINE OFFICE	WEEK 1
FIRST READING	Acts 12:1-11 <i>'Now I am sure that the Lord has rescued me from the hands of Herod.'</i>
PSALM RESPONSE	<i>From all my terrors the Lord set me free.</i>
SECOND READING	2 Timothy 4:6-8, 17-18 <i>'There is laid up for me the crown of righteousness.'</i>
GOSPEL READING	Matthew 16:13-19 <i>'You are Peter, and I will give you the keys of the kingdom of heaven.'</i>

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MARRIAGE MATTERS

In his Apostolic Exhortation *Amoris Laetitia*, Pope Francis offers a profound insight into the joy of Christian marriage and reminds us of its place at the very heart of the Church's life. Christian marriage, he observes, 'is a sign of how much Christ loved his Church in the covenant sealed on the cross, yet it also makes that love present in the communion of the spouses. By becoming one flesh, they embody the espousal of our human nature by the Son of God.'

As we know, the Holy Scriptures feed and nourish our faith and help us to grow in our relationship with God and one another. It is for this reason that these scriptural reflections are offered. They should help enable married couples to focus on the richness of God's Word that we hear proclaimed each Sunday of the Year and to experience the deep joy of God's love expressed in the great Sacrament of Marriage.

MEMORIES OF YOU



Memories enable us to make the past present. At family gatherings we remember things we have shared together. At funerals we remember all that the person meant to us. At the family Eucharist the past is made present as we remember what Abraham, Melchizedek, Moses, and Jesus did. Let us seek to create God/good memories for ourselves and our children.

Parish Priest
Rev Fr Daryl George JCL
Sacred Heart Presbytery
25 Between Streets
COBHAM
Surrey
KT11 1AA

(01932) 862518
cobham@abdiocese.org.uk
sacredheartcobham.org.uk

THIS WEEK:

BIBLE READING PLAN

Mo Jonah; Matt. 11
Tu 2 Kgs. 13-4; 2 Chr. 25; Matt. 12
We Amos 1-3; Matt. 13
Th Amos 4-6; Ps. 55; Matt. 14
Fr Amos 7-9; Matt. 15

Financial News . .

Weekend of 15/06/25

Plate £ 532:23
Standing Orders £ 755:00
Contactless £ 155:00
1st Total £ 1,442:23
2nd £ 257:35
Day For Life

Thankyou for your continuing generosity to your Parish.

2nd Collection . . .

This Weekend 22/06/25

Nat. Cath. Fund Levy

Gift Aid Members are able to make this collection tax efficient using our Parish Envelope.

Next Weekend 29/06/25

Peter's Pence

Gift Aid Members are not able to make this collection tax efficient.

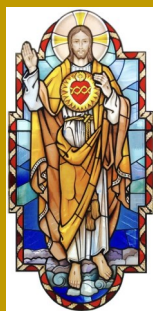
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Man is an animal which, alone among the animals, refuses to be satisfied by the fulfilment of animal desires.

Alexander Graham Bell

Sacred Heart Parish Newsletter

for the Roman Catholic community
of Cobham, Oxshott,
& Stoke D'Abernon



part of the Arundel & Brighton Diocesan Trust, a Registered Charity No. 252878

Volume 06 Issue 31

22nd June 2025 : Corpus Christi Year C

For what are you hungry?

The story of the feeding of the 5,000 is extraordinary in several ways. The fantastic miracle of the multiplication of the loaves is the most obvious. That was the flashy part. The substance behind the miracle, though, was Jesus' compassion for the crowd which had followed him, or sought him, far out in the wilderness.

The people in the crowd didn't go out into the wilderness to get food from Jesus because they were hungry. Who, in their right mind, would leave their home or village to go seeking food out in the desert? No, when the scene begins, the people are out in the wilderness because they are hungry for something else. (It sounds similar to the story of the crowds of people who went out to see and hear John the Baptist in the wilderness.) What are people hungry for besides food? Hope. Peace. Security. Justice. Health and wholeness. Reassurance that they are known and loved and that God will care for them.

Throughout the Gospels, Jesus was incredible in his ability to see through people to the heart of what they most needed. For some, it was physical healing. For some, words of forgiveness and mercy. For some, words of truth and justice addressed to the powerful. So when a crowd of people seeks out Jesus in the

wilderness, he offers them what they are most hungry for, healing for their illnesses and teachings about the Kingdom of God. After they spend the entire day with Jesus, then their physical hunger comes to the forefront, and Jesus provides for them in this way too.



"As often as you eat this bread and drink the cup, you proclaim the death of the Lord until he comes again."

Sheepish Question:

How does knowing Jesus' sacrifice to supply my daily bread change the way I ask for it?

Questions of the week

- 1 What is important enough that you would be willing to leave home to seek out something else?
- 2 What are you hungering for most deeply at this time in your life?



Before Mass - Talk to God During Mass - Listen to God After Mass - Talk to your friends

Parish Office

Normal Office Hours : Monday to Friday 09.30 - 12.30.

Parish Secretary : Sarah Cox (01932) 860244
cobham@abdiocese.org.uk

Newsletter Editorial : Items for possible inclusion in the Parish Newsletter (if there is room) need to be received (in writing please) at the Parish Office by midday on Wednesday.

Gift Aid Organiser : Dan Meehan (01372) 456416
ga.cobham@abdiocese.org.uk

Safeguarding Rep. : Mark Hillas 07436 571060
sg1.cobham@abdiocese.org.uk

General Parish Information

Parishioner Registration : Every household within the Parish is requested to complete a 'Parishioner Registration/Census' form so that our Parish records may be kept up to date. These forms can be obtained from the Parish Office and should be completed fully before being returned to the Parish Office.

Should you move address within the Parish at any time please complete a new form and write 'AMENDMENT' across the top of the form. Thank you.

Hospital : If you are going into hospital as a 'planned admission' you are strongly encouraged to make contact with Fr Daryl well beforehand so that, if appropriate, the Sacrament of the Sick can be celebrated beforehand.

Infant Baptism : Infant Baptisms are intended for the children of practising parishioners only and are celebrated on five occasions during the year after parents and godparents have completed a course of preparation. There can be no celebration without this important course. The dates of the courses for the current year can be found in the application form available from the Parish Office. Baptisms do not take place during the seasons of Advent or Lent.

Sacramental Preparation : Notice of the availability of Application Forms for preparation for First Reconciliation and First Eucharist will be made via the Parish Newsletter between the school Summer Half Term and 31st August each year. Possible candidates for Confirmation should respond to the announcements made via the Parish Newsletter at the beginning of the Autumn school term.

Parishioners are advised that it is very difficult to imagine that any family or individual who is not regularly practising the Faith as members of our community could possibly be ready to celebrate a Sacrament of the Church.

Marriage Preparation : Marriages are celebrated by appointment with the Parish Priest. It should be remembered that in the Diocese of Arundel & Brighton twelve months minimum notice is required before a marriage may take place; this is a requirement of the Church for all marriages that involve a Roman Catholic (even if they are not taking place in the Catholic Church). It is also necessary that one of the parties must have a meaningful connection with the Parish. Marriages do not take place during the seasons of Advent or Lent.

Parish Car Park : All Parishioners attending Mass and using our Car Park need to make sure that they have fully completed our 'Parishioner Registration/Census Form' (available from the Parish Office) before using the Car Park; this ensures that your current vehicle registration is lodged in the system. Registering only needs to be done once (unless you change your car or if you use another car in the family that is not registered on the system).

Important : if you are not registered on the system and you use the car park you will receive a parking notice.

Registered Parishioners and pre-registered visitors are able to park whilst they attend our Masses/liturgies without fear of a charge notice.

(Car Park queries - parking@shpcobham.com)

NOTE : the Car Park does not use QR codes any found are **scams!**



Church Mouse (cub reporter). . .

The musings of one of God's smallest creatures on events in and around the Parish over the past seven days . . .

Although this week has seen much more sunshine it has also developed into a very busy week here at The Presbytery (and, of course, Fr D does not do extreme heat!!!!)

At our 11.00 Mass last Sunday morning Fr D was delighted to celebrate the Mass at which our First Eucharist candidates this year celebrated their First Eucharist. On the Saturday morning he had taken the candidates and parents through the Mass; so that they knew what was going to happen and where they had to be (they also practised receiving Holy Communion with un-consecrated hosts and wine). After the Mass they were with Fr D in the front garden of the Presbytery using the bushes as a backdrop for the 'paparazzi' to take photographs.

Having celebrated Morning Prayer, Mass, and Exposition on Tuesday morning Fr D took off in the car to the Tribunal Office in Crawley (he has two judgements coming up next month and wants to complete his assessment of both cases). Following on from his stint at the Tribunal he was off to Burgess Hill where he attended a Catholic Standards and Ethos Committee of the Bosco Trust where they were looking at pupil attendance figures at all the Trust schools over the past year.

Whilst he was having his breakfast on Wednesday at about 07.30 the gas engineers arrived to remove the gas meter at the house (they had said that they would be there between 09.00 and 13.00!). Fr D was delighted that the thing was finally out and that the whole business of standing charges was now dealt with forever (a long and awkward story that we have spoken about previously!).

He had his monthly lunch with Fr Ruslan (Walton) before coming home for a 'Teams Meeting' online to shortlist for a new Director of Chaplaincy Services for the Bosco Trust (interviews will take place next week). By the time this was all over he just collapsed in his armchair with the fan running directly into his face for a couple of hours!

On Thursday after Morning Prayer and Mass Fr D was made aware that some of the hedging bordering the car park were involved in a fire on Sunday night and that we had lost twenty-two of the trees. This happened late at night and was probably deliberate; he will now have to make an insurance claim and make a decision about a replacement 'hedge' or 'fence' (-there goes the summer lull!)



CHILDREN'S WORD SEARCH CORPUS CHRISTI YEAR C

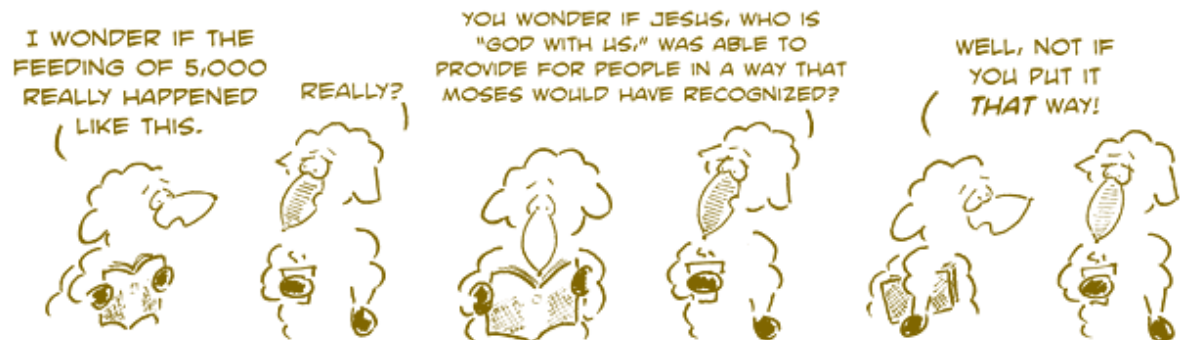
L Y B D G P I C K E D N R E P I C K D H	ATE	FILLED	LOAVES
O L L E E N S F I J G N D E K H F E F E	BASKETS	FIND	NEEDED
A O E S D E T A K I N G E F I O T K R A	BLESSING	FISH	NUMBERED
V A S E W E F B T E I O R S K R R L A V	BROKE	FIVE	PEOPLE
F V S S I D A A A I S E U I E L N B G F	BUY	FOOD	PICKED
A E R T C S N A E I S S C S F E U H M I	CLOSE	FRANGMENTS	SATISFIED
R E I N K D R I G V E F E I D F M S L L	CROWD	GAVE	TAKING
D E D E E N E N F J L D I D T T B M S L	CURED	GOD	THOUSAND
E K T M R N I R S D B E I E G O D R E C	DAY	HEALED	TWELVE
B S G G D W D N E W S O W T D V T A G L	DESERTED	HEAVEN	TEO
U F G A A H S I F B K K T T A E R F A O	DISCIPLES	JESUS	VILLAGES
Y I Y R V G E D S D M P F A R R D K L T	DRAWING	KINGDOM	WICKER
E V D F V E H O W C G U E D E S E W L H	FARMS	LEFTOVER	
B E K I N G D O M O I M N O N S S S I O			
L H D R A W R F D I D P A F P E E E V U			
E J E S M C A E F E E E L M E L R V K S			
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A E B L E S S H E A V E N H E F H E D D			

The God Who Frees and Feeds His People

Luke 9:11-17
¹¹When the crowds found out about it, they followed him; and he welcomed them, and spoke to them about the kingdom of God, and healed those who needed to be cured.
¹²The day was drawing to a close, and the twelve came to him and said, 'Send the crowd away, so that they may go into the surrounding villages and countryside, to lodge and get provisions; for we are here in a deserted place.'
¹³But he said to them, 'You give them something to eat.' They said, 'We have no more than five loaves and two fish - unless we are to go and buy food for all these people.'
¹⁴For there were about five thousand men. And he said to his disciples, 'Make them sit down in groups of about fifty each.'
¹⁵They did so and made them all sit down.
¹⁶And taking the five loaves and the two fish, he looked up to heaven, and blessed and broke them, and gave them to the disciples to set before the crowd.
¹⁷And all ate and were filled. What was left over was gathered up, twelve baskets of broken pieces.

Other Readings: Genesis 14:18-20; Psalm 110:1-4; 1 Corinthians 11:23-26

LECTIO:
The historical context of Luke's Gospel always has two aspects: the aspect of the times of Jesus, that is, the 30's in Palestine, and the context of the Christian communities of the 80's for whom he is writing his Gospel. At the time of Jesus in Palestine, the people lived in expectation of a Messiah who would be a new Moses and who would repeat the great signs worked by Moses in Exodus: leading the people through the desert and feeding them with manna. The multiplication of the loaves in the desert was for the crowd a sign that the messianic time had come (cf. Jn 6:14-15). In Luke's time, in the Greek communities, it was important to confirm the Christians in the conviction of their faith and to give them direction in the midst of difficulties. The way Luke describes the multiplication of the loaves, recalls the celebration of the Eucharist as celebrated in the communities in the 80's, and helps them to deepen their understanding of the Eucharist in their daily lives. Besides, in his description of the multiplication of the loaves, as we shall see, Luke recalls important figures in the history of the people of God: Moses, Elijah and Elisha, thus showing that Jesus is truly the Messiah who is to come to fulfil the promises of the past.



MEDITATIO:
Some will ask, "There was no miracle then? It was just a sharing?" Here are three reflections by way of an answer:
A first reflection: Which would be the greater miracle today: for instance, that on a certain day of the year, say Christmas, everyone has enough to eat and receives a Christmas hamper; or perhaps that people begin to share their bread so that no one goes hungry and there would be leftovers for other crowds. Which would be the greater miracle? What do you think?
A second reflection: The word *miracle* (miraculum) comes from the verb *to admire*. A miracle is an extraordinary action, outside the normal, that causes *admiration and leads to think of God*. The great *miracle*, the greatest miracle of all, is (1) Jesus Himself, God made man! Thus God becomes extraordinarily human as only God can be human! Another great *miracle* is (2) the change that Jesus succeeds in working among the crowd that is used to solutions from outside. Jesus succeeds in making the crowd face its problem from within and to take into account the means at their disposal. *A great miracle*, an extraordinary thing is (3) that through this gesture of Jesus', all eat and there are leftovers! When we share, there is always more... and leftovers! So there are three great miracles: Jesus Himself, the conversion of people and the sharing of goods leading to an abundance! Three miracles born of a new experience of God as Father revealed to us in Jesus. This experience of God changed all mental categories and the way of life. It opened an entirely new horizon and created a new way of living together with others. This is the greatest miracle: another world made possible!
A third reflection: It is difficult to know how things happened. No one is saying that Jesus did not work a miracle. He worked many miracles! But we must not forget that the greatest miracle is the resurrection of Jesus. Through their faith in Jesus, people begin to live in a new way, sharing bread with the brothers and sisters who have nothing and are hungry: "None of their members was ever in want, as all those who owned land or houses would sell them, and bring the money from them to present it to the apostles" (Acts 4:34-35). When a miracle is described in the bible, the greater attention is drawn not towards the miraculous aspect, but rather towards the meaning the miracle has for life and for the faith of the community of those who believe in Jesus, the revelation of the Father. In the so-called "first world" of the so-called "Christian" countries, animals have more to eat than human beings of the "third world". Many people are hungry! This means that the Eucharist has not taken deep root yet, nor does it reach out as it could and should.

Day	Date	Time	Service / Intention	Donor
Sat.	21 st June		St Aloysius Gonzaga, Religious	
PLEASE NOTE : No Reconciliation Today				
		18.00	In thanksgiving for Salesian School, Chertsey	C.
Sun.	22 nd June		CORPUS CHRISTI, YEAR C	
		09.00	For the Parishioners	
		11.00	Jean Geering	P. Peters
Mon.	23 rd June		St Thomas Garnet, Priest & Martyr (Diocesan Saint)	
No Service Today				
Mass 09.30 at Walton				
Tue.	24 th June		Nativity of St John the Baptist	
		09.15	Morning Prayer of the Church	[p.p. 264-493]
		09.30	Nertila, Diella & Marjana	M. Berisha
		10.00 - 11.00	Exposition of Blessed Sacrament for Private Prayer	
Wed.	25 th June		Ferial Weekday	
		09.15	Morning Prayer of the Church	[p.p. 274-493]
		09.30	Eugene & Maud Allen †	J. & E. Yates
Thu.	26 th June		Ferial Weekday	
		09.15	Morning Prayer of the Church	[p.p. 284-493]
		09.30	Rev. Fr Martin O'Connor †	DCA
Fri.	27 th June		Sacred Heart of Jesus (Patronal Feast Day) (No Abstinence)	
		09.15	Morning Prayer of the Church	[p.p. 294-493]
		09.30	In thanksgiving	M. Berisha
Sat.	28 th June		Immaculate Heart of Mary	
		17.00 - 17.30	Sacrament of Reconciliation	
		18.00	Patrick & Maryann Giblin †	J. & E. Yates
Sun.	29 th June		STS. PETER & PAUL, YEAR C	
		09.00	Rev. Fr Martin O'Connor †	D. & P. Meehan
		11.00	For the Parishioners	

Mass may be offered for both the living and the dead and also for most other intentions. We do our best to try and accommodate specific dates but this can be especially difficult on weekends and at less than three months notice.

'Mass Intentions' are published in the Parish Newsletter on the weekend before they are celebrated although sometimes a Requiem Mass will 'bump' an intention to a later date.

St Thomas Garnet


St Thomas Garnet (born 9th November 1575 – died 23rd June 1608) was a Jesuit priest who was executed in London. He is the protomartyr (i.e., the first martyr associated with a place) of Saint Omer and of Stonyhurst College. A nephew of the Jesuit Henry Garnet, he was born in Southwark, England, and studied for the priesthood St Omer in France, and at Valladolid, Spain. Initially ordained as a secular

priest, he joined the Jesuits in 1604 and worked to advance the Catholic cause in Warwick until his arrest in 1606. He was exiled after months of torture but returned again in 1607 and was very quickly arrested once more. This time was executed at Tyburn, London. Beatified in 1929, he was canonized in 1970 and is included among the Forty Martyrs of England and Wales.




DATE / MASS	WELCOME MINISTERS	READERS	EXTRAORDINARY MINISTERS	REPOSITORY AFTER MASS
SATURDAY Sts Peter & Paul 28/06/25 18.00	Still Required; please offer	J. Granström	N/A at present	P. Hunt A. Essien
SUNDAY Sts Peter & Paul 29/06/25 09.00	Still Required; please offer	A. Gilroy	G. Fisher D. Meehan	D. Westsmith M. Smyth
SUNDAY Sts Peter & Paul 29/06/25 11.00	Still Required; please offer	N. Twist	D. Yearley J. Sztakics	M. Smith C. Kendall

PLEASE REMEMBER : If you are unable to complete your particular ministry then it is **your responsibility** to arrange cover with another minister. In this way our Sunday Liturgies will run in a smooth and prayerful way.



AGENTS OF PEACE IN A DIVIDED WORLD - Pope Leo has acknowledged the challenges that young people face today, urging them to be “agents of peace in a divided world.” Speaking in a video message to young people gathered in his home city of Chicago on Saturday, the Pope reflected on the significance of the Trinity as a model of divine love and unity: “Three persons in one God live united in the depth of love, in community, sharing that communion with all of us,” he said, inviting younger listeners to reflect upon their own relationships and communities in that same spirit of love. Pope Leo called on those present to become “beacons of hope” in a world often burdened by division and despair: “Coming together as friends... we can find that the Lord’s grace, that the love of God can truly heal us.” Referring to St Augustine’s reflections on the “restless heart,” he also reminded young people that their longing for meaning is a sign of spiritual vitality rather than something to suppress: “We shouldn’t look for ways to put out the fire,” he said, “but to recognise that God can work through our lives. The world looks to you to announce a message of true hope and to promote peace.”

Prayers Please



FOR THOSE UNWELL AT THIS TIME:
Jay Adams, Sr Anne Bayley, Jim Begley, Maggie Dongray, Tom Delbridge, Fiona Frank, Maureen Garner, Fr John Horn, Michael Nutter, Marie Pinto, Pascal Smyth and Anne Sproul.

ANNIVERSARIES OF DEATH:
Florence Daly †
Fionnuala Kay †
Mgr Canon Arthur Iggleden †
Fr Geoffrey Sansom †
Fr Robert Madden †
Fr John Healy †

HOLY FATHER’S MONTHLY PRAYER INTENTION:
“ . . . let us pray that each one of us might find consolation in a personal relationship with Jesus, and from his Heart, learn to have compassion on the world.”

For those who are unwell.....
those who have died recently....
those whose anniversaries occur.....
the Holy Father’s Prayer Intention....

THE RECENTLY DECEASED:
None

MISSIO RED BOX APPEAL 2024 - In 2024 Sacred Heart, Cobham raised a wonderful £4,093.02 through our Red Boxes and donations to Missio, the Holy Father’s own Missionary Society in England and Wales. Your support of Missionary priests enables people to come together to celebrate the Eucharist and to work together to improve the lives of many missionary communities. Thank you!

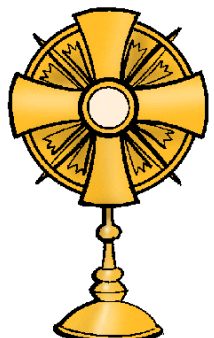
MORNING PRAYER BOOK AMNESTY - The number of Morning Prayer books at the back of the church that we use during the week before Mass has gone down by about 50%! Please look around at home to see if you have mistakenly taken a copy home at some point. Unlike public libraries there are no fines involved!

ST PETER’S CATHOLIC PRIMARY SCHOOL, LEATHERHEAD - Prospective Parents Open Morning will take place on Wednesday 9th July at 09.30. Please email the school office to book your place: office@stpeters-leatherhead.surrey.sch.uk

ECUMENICAL WALKING PILGRIMAGE 2025 - 9-23rd August. Walking over the Surrey Hills and along the Sussex coast, this year’s route will visit every deanery in the Diocese, with pilgrims welcome to join for a day or two, or the whole 2 weeks. To find out more and book a place:- thepilgrims.org.uk/book/home.php

JUBILEE YEAR PILGRIMAGE ROME - 5-10th November (£1,220 inc. travel, accommodation & half board; single supp. £188). Join two of our diocesan priests Fr Gus Campanello & Fr Nick Harden on pilgrimage to Rome. To find out more and book:- sarah@tangney-tours.com or 01732 886666

CORPUS CHRISTI EXTENDED PERIOD OF EXPOSITION - Each year ALL Catholic Parish communities are expected to have a period of extended Eucharistic worship. Many parishes throughout the world take the Opportunity of the Solemnity of Corpus Christi to do this, and for the past few years our Parish has held a period of Extended Exposition of the Blessed Sacrament. Accordingly we will be doing this this weekend from after our 11.00 Mass and ending with Evening Prayer and Benediction at 15.30. As always we will need to make sure that there are sufficient parishioners present in the church during this time and to this end there is a ‘sign-up’ sheet at the rear of the church for parishioners to choose a twenty minute slot where they commit themselves to being present. Please make a point of making sure that we are covered for the entire period of Exposition.





OUR PARISH SUPPORTS THE COBHAM AREA FOODBANK

UPDATED LIST OF WANTED ITEMS

Please can you help local people in crisis by purchasing items on the list below and placing them in the Foodbank’s collection point in the narthex when you come to Mass at the weekend? Thank You!

- UHT Semi Skimmed Milk
- UHT 1l Fruit Juice
- Pasta Sauce
- Fruit Squash
- Tomato Ketchup
- Tinned Fish
- Tinned Spaghetti Hoops
- Tinned Meat
- Tinned Custard

- Sanitary Pads
- Spaghetti (500g pack)
- Savoury Snacks
- Laundry Powder
- Male Deodorant
- Laundry Capsules
- Shaving Foam + Razors
- Shampoo + Conditioner
- Peanut Butter

