

Our Parish Liturgy

This Week (14 A)

DIVINE OFFICE	WEEK 2
ENTRANCE HYMN	18.00 ?? 09.00 ?? 11.00 Musicians
PENITENTIAL ACT	Spoken
GLORIA	18.00 Missal Tone 09.00 Missal Tone 11.00 Musicians
FIRST READING	Zechariah 9:9-10 <i>'Behold, your king is coming to you, humble.'</i>
PSALM RESPONSE	<i>I will bless your name for ever, my God and king.</i>
SECOND READING	Romans 8:9, 11-13 <i>'If by the Spirit you put to death the deeds of the body, you will live.'</i>
GOSPEL ACCLAMATION	Alleluia, alleluia! <i>I thank you, Father, Lord of heaven and earth, you have revealed the secrets of the kingdom to little children. Alleluia!</i>
GOSPEL READING	Matthew 11:25-30 <i>'I am gentle and lowly in heart.'</i>
PRESENTATION OF THE GIFTS	18.00 ?? 09.00 ?? 11.00 Musicians
SANCTUS	18.00 Missal Tone 09.00 Missal Tone 11.00 Musicians
MEMORIAL ACCLAMATION	18.00 Missal Tone 09.00 Missal Tone 11.00 Musicians
GREAT AMEN	18.00 Missal Tone 09.00 Missal Tone 11.00 Spoken
OUR FATHER	18.00 Spoken 09.00 Spoken 11.00 Musicians
AGNUS DEI	18.00 Missal Tone 09.00 Missal Tone 11.00 Musicians
COMMUNION ANTIPHON	<i>Taste and see that the Lord is good; blessed the man who seeks refuge in him.</i>
THANKSGIVING	18.00 ?? 09.00 ?? 11.00 Musicians

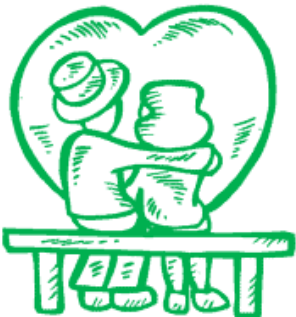
RECESSION	18.00 ?? 09.00 ?? 11.00 Musicians
Next Week (15 A)	
DIVINE OFFICE	WEEK 3
FIRST READING	Isaiah 55:10-11 <i>'The rain makes the earth bring forth and sprout.'</i>
PSALM RESPONSE	<i>Some seed fell into good soil and yielded its fruit.</i>
SECOND READING	Romans 8:18-23 <i>'The creation waits with eager longing for the revealing of the sons of God.'</i>
GOSPEL READING	Matthew 13:1-23 <i>'A sower went out to sow.'</i>
Music and text of Antiphons from <i>Psallite</i> , © 2005 Collegeville Composers Group. Published by Liturgical Press, MN56321. Used with Permission. One Licence No.0199	

MARRIAGE MATTERS

In his Apostolic Exhortation *Amoris Laetitia*, Pope Francis offers a profound insight into the joy of Christian marriage and reminds us of its place at the very heart of the Church's life. Christian marriage, he observes, 'is a sign of how much Christ loved his Church in the covenant sealed on the cross, yet it also makes that love present in the communion of the spouses. By becoming one flesh, they embody the espousal of our human nature by the Son of God.'

As we know, the Holy Scriptures feed and nourish our faith and help us to grow in our relationship with God and one another. It is for this reason that these scriptural reflections are offered. They should help enable married couples to focus on the richness of God's Word that we hear proclaimed each Sunday of the Year and to experience the deep joy of God's love expressed in the great Sacrament of Marriage.

YOLKED TO HIM WE ARE NOT OVERBURDENED



A 'yoke' keeps oxen together when carrying a heavy load or ploughing a field. On the day you married you chose to be 'yoked' together 'till death us do part'. The burdens of life can lower your spirits and create a barrier to intimacy in your relationship. Jesus says: "Stay 'yoked' to me and I will help you, however heavy the load."

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THIS WEEK:

BIBLE READING PLAN

Mo 2 Kgs. 12-14; 2 Chr. 24-25
Tu Jonah
We 2 Kgs. 15; 2 Chr. 26
Th Isaiah 1-8
Fr Amos 1-9

Financial News . .

Weekend of 28/06/26

1st Plate £ 367:60
Standing Orders £ 755:00
Contactless £ 153:00
1st Total £ 1,275:60
2nd £ 235:10
Peter's Pence

Thankyou for your continuing generosity to your Parish.

2nd Collection . . .

This Weekend 05/07/26

HCPT (151) Pilgrimage

Gift Aid Members are not able to make this collection tax efficient.

Next Weekend 12/07/26

Stella Maris (Sea Sunday)

Gift Aid Members are unable to make this collection tax efficient.

Bite Size . . .

You are a human being. You have rights inherent in that reality. You have dignity and worth that exists prior to law.

Lyn Beth Neylon

Sacred Heart Parish Newsletter

for the Roman Catholic community
of Cobham, Oxshott,
& Stoke D'Abernon



part of the Arundel & Brighton Diocesan Trust, a Registered Charity No. 252878

Volume 07 Issue 32

5th July 2026 : 14th Ordinary Year A

A lighter burden

For the past several weeks, Jesus gave instructions and warnings about how challenging it is to follow him. Yet today's reading gives the opposite impression: "come to me, all you who labour and are burdened, and I will give you rest... for my yoke is easy, and my burden is light."

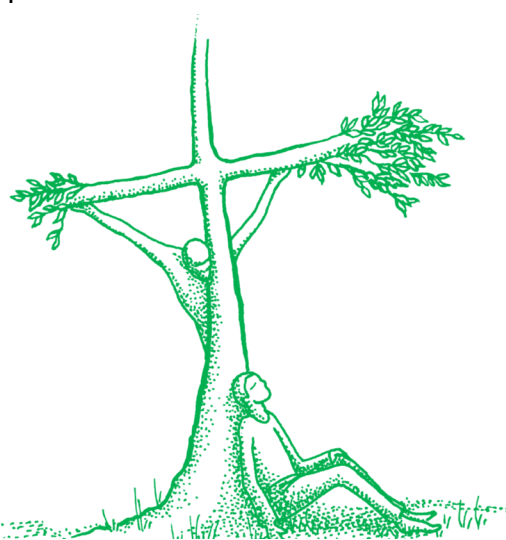


"Come to me all you who labor and are burdened, and I will give you rest."

Sheepish Question:

Whose burden can I relieve this week? Why is he or she so valuable?

Jesus' listeners were familiar with the image of a yoke because they were used to harnessing animals to do work in the field or to pull humans in carriages or cargo on wagons. In Judaism, the yoke was also a metaphor for the religious laws spelled out in the Old Testament. Over time, religious leaders (mostly the Pharisees) added to the 613 official written laws, creating an oppressive burden for an ordinary Jewish citizen. Several times in Matthew's Gospel Jesus, lashed out at the Pharisees for making it almost impossible (especially for poor people, who were the majority of the population) to live by all the



Questions of the week . . .

- 1 What religious rules or laws feel unnecessarily burdensome to you?
- 2 Does the idea of judging all of your actions and decisions by the yoke of Jesus bring you relief?

Before Mass - Talk to God During Mass - Listen to God After Mass - Talk to your friends

Parish Office

Normal Office Hours : Monday to Friday 09.30 - 12.30.

Parish Secretary : Sarah Cox (01932) 860244
cobham@abdiocese.org.uk

Newsletter Editorial : Items for possible inclusion in the Parish Newsletter (if there is room) need to be received (in writing please) at the Parish Office by midday on Wednesday.

Gift Aid Organiser : Dan Meehan (01372) 456416
ga.cobham@abdiocese.org.uk

Safeguarding Rep. : Mark Hillas 07436 571060
sg1.cobham@abdiocese.org.uk

General Parish Information

Parishioner Registration : Every household within the Parish is requested to complete a 'Parishioner Registration/Census' form so that our Parish records may be kept up to date. These forms can be obtained from the Parish Office and should be completed fully before being returned to the Parish Office.

Should you move address within the Parish at any time please complete a new form and write 'AMENDMENT' across the top of the form. Thank you.

Hospital : If you are going into hospital as a 'planned admission' you are strongly encouraged to make contact with Fr Daryl well beforehand so that, if appropriate, the Sacrament of the Sick can be celebrated beforehand.

Infant Baptism : Infant Baptisms are intended for the children of practising parishioners only and are celebrated on five occasions during the year after parents and godparents have completed a course of preparation. There can be no celebration without this important course. The dates of the courses for the current year can be found in the application form available from the Parish Office. Baptisms do not take place during the seasons of Advent or Lent.

Sacramental Preparation : Notice of the availability of Application Forms for preparation for First Reconciliation and First Eucharist will be made via the Parish Newsletter between the school Summer Half Term and 31st August each year. Possible candidates for Confirmation should respond to the announcements made via the Parish Newsletter at the beginning of the Autumn school term.

Parishioners are advised that it is very difficult to imagine that any family or individual who is not regularly practising the Faith as members of our community could possibly be ready to celebrate a Sacrament of the Church.

Marriage Preparation : Marriages are celebrated by appointment with the Parish Priest. It should be remembered that in the Diocese of Arundel & Brighton twelve months minimum notice is required before a marriage may take place; this is a requirement of the Church for all marriages that involve a Roman Catholic (even if they are not taking place in the Catholic Church). It is also necessary that one of the parties must have a meaningful connection with the Parish. Marriages do not take place during the seasons of Advent or Lent.

Parish Car Park : All Parishioners attending Mass and using our Car Park need to make sure that they have fully completed our 'Parishioner Registration/Census Form' (available from the Parish Office) before using the Car Park; this ensures that your current vehicle registration is lodged in the system. Registering only needs to be done once (unless you change your car or if you use another car in the family that is not registered on the system).

Important : if you are not registered on the system and you use the car park you will receive a parking notice. Registered Parishioners and pre-registered visitors are able to park whilst they attend our Masses/liturgies without fear of a charge notice. (Car Park queries - parking@shpcobham.com)

NOTE : the Car Park does not use QR codes any found are **scams!**



Church Mouse (cub reporter). . .

The musings of one of God's smallest creatures on events in and around the Parish over the past seven days

A few breathing spaces this week around The Presbytery as some of the independent schools start their summer holidays and others begin to enter their final weeks

Our First Eucharist and our Confirmation sacramental programmes for the year came to a conclusion last weekend with Certificates given out at our Sunday morning Masses, we also celebrated the Rite of Welcome for a child who will be Baptised in the middle of July. The new applications for Infant Baptism and First Reconciliation/Eucharist for next year are now both available (instructions elsewhere in this newsletter); Confirmation applications will be available once Fr D gets a date from the diocese/Bishop as to the date of the celebration so he can sort dates for the programme.

Following on from Morning Prayer, Mass, and Exposition on Tuesday morning Fr D was off in the car down to the diocesan offices to wear his 'other hat' in the Tribunal. He was also very grateful that the temperatures had come down to a more manageable level!

Wednesday, after Morning Prayer and Mass, Fr D was able to have a 'catch-up' session with Sarah in the Parish Office to help make sure the 'decks are clear' before the summer holidays start. He was able to chase up a few minor projects that are coming to fruition and start thinking about new phases for other ongoing projects. He also made a start on his parts of the newsletter for the week - all before sitting in front of the television for the 'BIG MATCH!'

Once again, after Morning Prayer and Mass on Thursday, Fr D went off in the car to Crawley. As he'd parked up and 'plugged-in' the car and entered the building he was asked if he had heard 'the news?' Slightly confused Fr D asked "What news?" to be told that whilst he was driving down to Crawley the Holy Father had appointed Fr Stephen Wang, the Rector of the English College in Rome as the sixth Bishop of Arundel and Brighton. At the present time his ordination will be taking place in October at Arundel Cathedral. Whilst he was at the Tribunal, workmen were dealing with a blocked drain at the back of the Parish Centre. When they got into it they found that new plastic pipework (not in a pea shingle bed, as is normally the case), put in when the Parish Centre was constructed had broken underground and roots (and frogs!) had grown in, along, and up a down pipe! Fr D asked the workmen to retrofit pea shingle around the repaired pipework that had been exposed to do the works

Churchmouse

CHILDREN'S WORD SEARCH 14TH SUNDAY YEAR A

S	O	N	R	E	V	E	A	L	E	D	H	CHILDLIKE
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D	R	P	R	A	I	S	E	O	L	L	I	FATHER
												HANDED OVER
H	A	N	D	E	D	O	V	E	R	A	D	HEAVEN
												HIDDEN
L	O	R	D	F	A	T	H	E	R	B	D	LABOR
												LEARNED
C	H	I	L	D	L	I	K	E	Q	O	E	LORD
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T	H	E	A	V	E	N	X	M	Z	R	N	REVEALED
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O	E	A	R	T	H	W	I	S	E	C	J	WISE
B	J	L	E	A	R	N	E	D	M	E	P	

YOKED WITH JESUS

Matthew 11:25-30

²⁵At that time Jesus said, "Father, Lord of heaven and earth! I thank you because you have shown to the unlearned what you have hidden from the wise and learned.

²⁶Yes, Father, this was how you wanted it to happen.

²⁷"My Father has given me all things. No one knows the Son except the Father, and no one knows the Father except the Son and those to whom the Son chooses to reveal him.

²⁸"Come to me, all of you who are tired from carrying heavy loads, and I will give you rest. ²⁹Take my yoke and put it on you, and learn from me, because I am gentle and humble in spirit; and you will find rest. ³⁰For the yoke I will give you is easy, and the load I will put on you is light."

Other Readings: Zechariah 9:9-10; Psalm 145:1-2, 8-11, 13-14; Romans 8:9, 11-13

LECTIO:

Short as it is, this passage contains three separate parts: verses 25-26, 27 and 28-30. No one knows for sure but it is likely that Matthew brought these words of Jesus together in one place to highlight a single idea. He wanted us to see Jesus' deep relationship with God the Father and with believers.

The first part (verses 25-26) is Jesus' prayer of thanksgiving to his Father, 'Lord of heaven and earth'. The phrase 'heaven and earth' is used to encapsulate the whole of creation. So God's lordship is absolute and extends throughout the whole universe.

This description of God serves Jesus' purpose very neatly. It comes soon after he has spoken about the sceptics who refuse to believe in him or his ministry (verses 20-24). He says they cannot lift themselves up to heaven. In other words, people can only enter heaven by believing in him.

Belief in God is a gift revealed by God himself. It is not based on our education or our ability to learn. Unlearned people can believe in God while people the world considers wise or clever can be completely ignorant about God.

The next verse expresses the unique relationship between God the Father and God the Son, Jesus. Each knows the other completely. The Father has given all things to Jesus. In the first section it was the Father who revealed things. In this section it is Jesus who is revealing the Father. Jesus declares that knowledge of the Father depends entirely on the Son. Jesus chooses who shares this knowledge; it is his gift to give. And no one can pretend to have this knowledge without Jesus' help to understand or know the Father. In the third section (verses 28-30) Jesus invites all who 'are tired from carrying heavy loads' to come to him because he offers rest. He invites them to put on his yoke.

The yoke represents the teaching a teacher gives to his students. Physical yokes were of course used to ensure that two animals worked together under the direction of the master. The image conveys that Jesus is in charge and his disciples need to follow his instructions. But Jesus promises he will lead us gently and humbly and the load will be light.



MEDITATIO:

- Which things strike you most from these verses?
- Have you accepted the 'yoke' of following Jesus? Do you find this yoke easy and light?
- Have you found rest in following Jesus?
- What examples can you think of that demonstrate the gentleness and humility of Jesus?
- Consider the awesome power of God – Lord of heaven and earth. How do you respond to this?

ORATIO:

Use the words of Psalm 145 to thank and praise God for his compassion, mercy and faithfulness.

You may have gained insight into the Father through your meditation. But perhaps you can also see an area where you would like to understand more. Ask God to help you understand and give you the grace to draw closer to him.

CONTEMPLATIO:

'But you do not live as your human nature tells you to; instead you live as the Spirit tells you to...' Romans 8:9

If we follow Jesus he gives us the Holy Spirit to help us live in obedience to Jesus' yoke. Meditate further on Matthew 11:27-30. Let the words sink into your heart and ask the Holy Spirit to speak to you and guide you.

Services For The Coming Week

Day	Date	Time	Service / Intention	Donor
Sat.	4 th July	Ferial Weekday		
Sacrament of Reconciliation				
☐ Live-Stream / Recorded		18.00	Jack Ellory †	B. Ellory
Sun.	5 th July	14 TH SUNDAY IN ORDINARY TIME, YEAR A		
☐ Live-Stream / Recorded		09.00	Kolber Family	L. Kolber
☐ Live-Stream / Recorded		11.00	For the Parishioners	
Mon.	6 th July	Sr Maria Goretti, Virgin & Martyr		
No Service Today Mass 10.00 at Leatherhead				
Tue.	7 th July	Ferial Weekday		
☐ Live-Streamed		09.00	Morning Prayer of the Church	[p.p. 116 & 493]
☐ Live-Streamed		09.30	Sue Robinson †	J. & E. Yates
☐ Live-Streamed		10.00 - 11.00	Exposition of Blessed Sacrament for Private Prayer	
Wed.	8 th July	Ferial Weekday		
☐ Live-Streamed		09.15	Morning Prayer of the Church	[p.p. 126 & 493]
☐ Live-Streamed		09.30	Ben Farmer	M. Drury
Thu.	9 th July	Ferial Weekday		
☐ Live-Streamed		09.15	Morning Prayer of the Church	[p.p. 137 & 493]
☐ Live-Streamed		09.30	Canon Alan M ^c Clean †	D.C.A
Fri.	10 th July	Ferial Weekday (Day of Abstinence)		
No Service Today Mass 10.00 at Leatherhead				
Sat.	11 th July	St Benedict, Abbot & Patron of Europe		
☐ Live-Stream / Recorded		17.00 - 17.30	Sacrament of Reconciliation	
☐ Live-Stream / Recorded		18.00	Rob Pierre	M. Drury
Sun.	12 th July	15 TH SUNDAY IN ORDINARY TIME, YEAR A		
☐ Live-Stream / Recorded		09.00	For the Parishioners	
☐ Live-Stream / Recorded		11.00	Geraldine Sharpe	M. Drury

Mass may be offered for both the living and the dead and also for most other intentions. We do our best to try and accommodate specific dates but this can be especially difficult on weekends and at less than three months notice.

'Mass Intentions' are published in the Parish Newsletter on the weekend before they are celebrated although sometimes a Requiem Mass will 'bump' an intention to a later date.

St Benedict

St Benedict was born into a distinguished family in central Italy, studied at Rome, and early in life was drawn to monasticism. First he became a hermit, leaving a depressing world - pagan armies on the march, the Church torn by schism, people suffering from war, morality at a low ebb. He soon realised that he could not live a hidden life in a small town any better than in a large city, so he withdrew to a cave high up in the mountains for three years. Some monks chose Benedict

as their leader for a while, but found his strictness not to their taste. Still the shift from hermit to community life had begun for him. He had an idea of gathering various families of monks into one "Grand Monastery" to give them the benefit of unity, fraternity, and permanent worship in one house. Finally he began to build what was to become one of the most famous monasteries in the world - Monte Cassino. The Rule that gradually developed prescribed a life of

liturgical prayer, study, manual labour, and living together under an abbot. In the course of the Middle Ages, all monasticism in the West was gradually brought under the *Rule of Saint Benedict*. Today the Benedictines exist in two branches: the Benedictine Federation; and the Cistercians, men and women of the Order of Cistercians of the Strict Observance.



DATE / MASS	WELCOME MINISTERS	READERS	EXTRAORDINARY MINISTERS	REPOSITORY AFTER MASS
SATURDAY 15 A 11/07/26 18.00	Still Required; please offer	J. Granström	N/A at present	P. Hunt A. Essien
SUNDAY 15 A 12/07/26 09.00	Still Required; please offer	Sr Maria	L. Kolber D. Meehan	D. Westsmith M. Smyth
SUNDAY 15 A 12/07/26 11.00	Still Required; please offer	P. Jukes	J. Sztakics D. Yearley	I. Heims S. Williams

PLEASE REMEMBER : If you are unable to complete your particular ministry then it is your responsibility to arrange cover with another minister. In this way our Sunday Liturgies will run in a smooth and prayerful way.



OUR PARISH SUPPORTS THE COBHAM AREA FOODBANK
UPDATED LIST OF WANTED ITEMS



Are you able to help local people in crisis by purchasing items on the list below and placing them in the Foodbank's collection point in the narthex when you come to Mass at the weekend? Thank You!

- ⇒ UHT Fruit Juice
- ⇒ UHT Semi-Skimmed Milk
- ⇒ Fruit Squash
- ⇒ Tinned Soup
- ⇒ Tinned Spaghetti Hoops
- ⇒ Sponge Puddings
- ⇒ Tinned Rice Pudding
- ⇒ Marmite
- ⇒ Hair Shampoo & Hair Conditioner
- ⇒ Laundry Powder / Liquid / Capsules
- ⇒ Bleach
- ⇒ Tinned Meat
- ⇒ Tinned Tomatoes
- ⇒ Tinned Fish
- ⇒ Tinned Fruit
- ⇒ Honey
- ⇒ Antibacterial Multipurpose Spray
- ⇒ Shower Gel
- ⇒ Sanitary Pads
- ⇒ Baby Wipes

Prayers Please

FOR THOSE UNWELL AT THIS TIME:
Sr Anne Bayley, Norma Begley, Judith Carson, Maggie Dongray, Tom Delbridge, Jonica Fox, Fiona Frank, Maureen Garner, baby Naomi Hunt, Michael Nutter, Fr Sebastian Paul, Pascal Smyth, Anne Sproul and John Wilkey.
THE RECENTLY DECEASED:
None

ANNIVERSARIES OF DEATH:
Dora Lavrencic †
Mario Morra †
Michael Marsden †
Fr William Timmons †
Fr John Medcalf †
Mgr Dillwyn Lewis †

HOLY FATHER'S MONTHLY PRAYER INTENTION:
" let us pray for the respect and protection of human life in all its stages, recognising it as a gift from God."

For those who are unwell.....
those who have died recently....
those whose anniversaries occur.....
the Holy Father's Prayer Intention....

HCPT (GROUP 151) PILGRIMAGE TRUST APPEAL - This weekend parishioners will be able to discover more about what Fr D does in Lourdes after Easter each year. The leader of the group that Fr D goes to Lourdes with each year is coming to talk about what it's all about and to make an appeal for funds to enable the group to continue taking special needs children on the pilgrimage. Since 1956, HCPT has offered life-changing week-long pilgrimage holidays to Lourdes, France, for special needs children. Such holidays are with small groups of prepared volunteer helpers. HCPT groups stay in hotels whilst in Lourdes.



No FRIDAY MASS THIS WEEK - Please note that there will be no Mass on Friday of this week as Fr D has an early morning meeting in Burgess Hill at 09.30 with the BOSCO Catholic Education Trust in which he is a trustee for the diocese covering the Catholic Academy Primary Schools of East and West Sussex.
11.00 SUNDAY COFFEE - Many thanks to all our volunteers who help to provide coffee after church and to those parishioners who come along and make it an enjoyable social event. Due to the generosity of everyone we have been able to donate £500 to Cobham Food Bank this year, which is sorely needed. We are grateful to our volunteers who are taking a step back and welcoming several new volunteers in September. There will be coffee after 11 o'clock mass up to 19th July and then a break for the summer, see you in September. If anyone would like to help in any way, please get in touch with Diane Yearley 07927 397 936.



STELLA MARIS

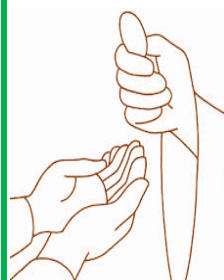
RETIRING COLLECTION NEXT WEEKEND - Seafarers and fishers play a vital role in all of our lives, but they often work in difficult, hazardous conditions. In the last year, more crews have been abandoned by their employers than ever before. Many are still being denied the right to leave their ships for even a short break away from the relentless noise and pressure on board. Many are reporting more stress and poorer mental health. Sea Sunday is this weekend. On this weekend the Church prays for all those who live and work at sea. Your support will make a big difference to seafarers and fishers in need. This collection is vital to enable Stella Maris (formerly called Apostleship of the Sea) to continue

its important work - so please give generously. Thank you.

CHURCH LIGHTING PHASE TWO - Throughout this week the electrical engineers will be working in the church building on 'Phase Two' of our upgraded lighting system. This will involve replacing the 'round spotlight' halogen units with new LED units which use far less electricity, last longer and give a better light; our emergency lighting in the main body of the church will also be changed to units that are more in keeping with a church aesthetic (rather than a factory)!



FIRST RECONCILIATION/EUCHARIST 2026/7



Application Forms for next year's 1st Reconciliation and 1st Eucharist Programmes are now available from the Sacristy after our weekend Masses.

Prospective candidates:

- need to have been born before 31st August 2019,
- be in at least Year 3 when schools re-commence in September,
- and, of course, be attending our weekend and Holy Day Masses along with their family.



It is very difficult to imagine that anyone who is not presently worshipping with our community on a regular basis could possibly be prepared and ready to receive this important sacrament of Christian growth within the next year.

Parents only (not grandparents or friends) should collect the application which needs to be completed and returned by 18.00 on 31st August 2026 (sorry, no late applications can be accepted).