

Our Parish Liturgy

This Week (04 A)

DIVINE OFFICE	WEEK 4
ENTRANCE HYMN	18.00 747 09.00 747 11.00 Musicians
PENITENTIAL ACT	Spoken
GLORIA	18.00 New Celtic Mass 09.00 New Celtic Mass 11.00 Musicians
FIRST READING	Zephaniah 2:3; 3:12-13 <i>'I will leave in your midst a people humble and lowly.'</i>
PSALM RESPONSE	<i>Blessed are the poor in spirit; for theirs is the kingdom of heaven.</i>
SECOND READING	1 Corinthians 1:26-31 <i>'God chose what is weak in the world.'</i>
GOSPEL ACCLAMATION	<i>Alleluia, alleluia! Rejoice and be glad, for your reward is great in heaven. Alleluia!</i>
GOSPEL READING	Matthew 5:1-12a <i>'Blessed are the poor in spirit.'</i>
PRESENTATION OF THE GIFTS	18.00 607 09.00 607 11.00 Musicians
SANCTUS	18.00 New Celtic Mass 09.00 New Celtic Mass 11.00 Musicians
MEMORIAL ACCLAMATION	18.00 New Celtic Mass 09.00 New Celtic Mass 11.00 Musicians
GREAT AMEN	18.00 New Celtic Mass 09.00 New Celtic Mass 11.00 Spoken
OUR FATHER	18.00 Spoken 09.00 Spoken 11.00 Musicians
AGNUS DEI	18.00 Spoken 09.00 Spoken 11.00 Musicians
COMMUNION ANTIPHON	<i>Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.</i>
THANKSGIVING	18.00 625 09.00 625 11.00 Musicians
RECESSION	18.00 601 09.00 601 11.00 Musicians

Next Week (05 A)

DIVINE OFFICE	WEEK 1
FIRST READING	Isaiah 58:6-10 <i>'Your light shall break forth like the dawn.'</i>
PSALM RESPONSE	<i>A light rises in darkness for the upright.</i>
SECOND READING	1 Corinthians 2:1-5 <i>'I proclaimed to you the mystery of Christ crucified.'</i>
GOSPEL READING	Matthew 5:13-16 <i>'You are the light of the world.'</i>
Music and text of Antiphons from Psallite, © 2005 Collegeville Composers Group. Published by Liturgical Press, MN56321. Used with Permission. One Licence No.0199	

MARRIAGE MATTERS

In his Apostolic Exhortation **Amoris Laetitia**, Pope Francis offers a profound insight into the joy of Christian marriage and reminds us of its place at the very heart of the Church's life. Christian marriage, he observes, 'is a sign of how much Christ loved his Church in the covenant sealed on the cross, yet it also makes that love present in the communion of the spouses. By becoming one flesh, they embody the espousal of our human nature by the Son of God.'

As we know, the Holy Scriptures feed and nourish our faith and help us to grow in our relationship with God and one another. It is for this reason that these scriptural reflections are offered. They should help enable married couples to focus on the richness of God's Word that we hear proclaimed each Sunday of the Year and to experience the deep joy of God's love expressed in the great Sacrament of Marriage.

BEING HUMAN - WE ARE HUMAN BE-INGS NOT DO-INGS



With the ever-increasing pace of life, when do we get a chance 'to be'? Today, the Word of God is intended to relate more to the deeper aspects of our humanity and the inner essence of our being, and the qualities of our personhood. It's about the ways we relate to each other in our marriages, our families, our communities.

Sacred Heart Parish Newsletter

for the Roman Catholic community of Cobham, Oxshott, & Stoke D'Abernon



part of the Arundel & Brighton Diocesan Trust, a Registered Charity No. 252878

Parish Priest
Rev Fr Daryl George JCL
Sacred Heart Presbytery
25 Between Streets
COBHAM
Surrey
KT11 1AA

(01932) 862518
cobham@abdiocese.org.uk
sacredheartcobham.org.uk

Volume 07 Issue 10 1st February 2026 : 4th Ordinary Year A

THIS WEEK:

BIBLE READING PLAN

Mo Exodus 7-11
Tu Exodus 12-15
We Exodus 16-18
Th Exodus 19-21
Fr Exodus 22-27

Financial News . . .

Weekend of 25/01/26

1st Plate £ 447:24
Standing Orders £ 755:00
Contactless £ 157:00
1st Total £ 1,359:24
2nd Parish Buildings Fund £ 355:24

Thankyou for your continuing generosity to your Parish.

2nd Collection . . .

This Weekend 01/02/26

National Cath. Fund Levy

Gift Aid Members are able to make this collection tax efficient using our Parish Envelope.

Next Weekend 08/02/26

Lourdes Pilgrimage Fund

Gift Aid Members are able to make this collection tax efficient by using the Special Envelope.

Bite Size . . .

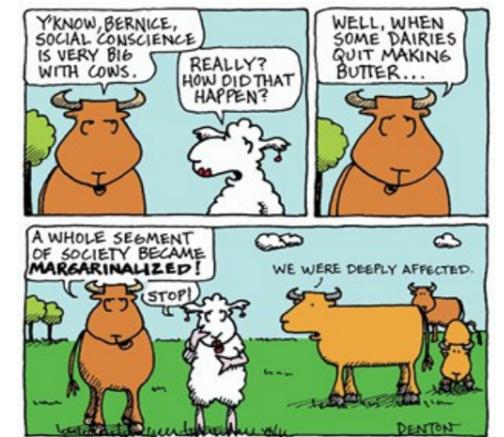
"Your money or your life." We know what to do when a burglar makes this demand of us, but not when God does.

Mignon M^cLaughlin

People who needed to hear good news

These Beatitudes come at the beginning of the Sermon on the Mount when Jesus went up a mountain and sat down to teach his disciples. Immediately before this passage, Jesus and his new friends had been traveling throughout Galilee, a poor area of the Middle East under the military occupation of the Roman empire and its brutal military. The people there were burdened by high rates of poverty and high taxes. Jews of those days owed triple taxes: to Rome, to Herod-the local king, and their religious Temple. They experienced tremendous rates of disease and infant and child mortality. Strict religious codes of the time excluded large segments of the population from day-to-day social interaction (women, children, foreigners, the sick and diseased, etc). Matthew tells us that in their travels Jesus was busily teaching and preaching the good news and "curing every disease and sickness among the people" (Mt 4:23).

Imagine someone leading a small group of students through an extremely impoverished area of a city where homeless, poor, mentally ill, and sick people are everywhere. Imagine that person unafraid to talk to, touch, and interact with such people. Imagine that person having the boldness to tell them that they are loved, that God has not forgotten them, and that they are valuable. That's what Jesus had just done when he began teaching the Beatitudes. That was the good news he was bringing to people whom the rest of society had forgotten or cast off. That was the hope he was preaching to others like him who were working for the poor and among the poor.



"Rejoice and be glad, for your reward will be great in heaven."

Sheepish Question:

What injustices am I witnessing today that motivate me to act against them?

Questions of the week

- Which line in the Beatitudes most speaks to you today? Why?
- Who do you know (or know of) who is poor in spirit, mourning, meek, merciful, hungering for justice, etc who needs to hear - or perhaps be reminded of - the good news that they are blessed?



Before Mass - Talk to God During Mass - Listen to God After Mass - Talk to your friends

Parish Office



Office Hours: Mon, Tues, Thurs & Fri this week 09.30-12.30
Parish Secretary : Sarah Cox (01932) 860244
 cobham@abdiocese.org.uk
Newsletter Editorial : Items for possible inclusion in the Parish Newsletter (if there is room) need to be received (in writing please) at the Parish Office by midday on Wednesday.
Gift Aid Organiser : Dan Meehan (01372) 456416
 ga.cobham@abdiocese.org.uk
Safeguarding Rep. : Mark Hillas 07436 571060
 sg1.cobham@abdiocese.org.uk

General Parish Information



Parishioner Registration : Every household within the Parish is requested to complete a 'Parishioner Registration/Census' form so that our Parish records may be kept up to date. These forms can be obtained from the Parish Office and should be completed fully before being returned to the Parish Office.

Should you move address within the Parish at any time please complete a new form and write 'AMENDMENT' across the top of the form. Thank you.

Hospital : If you are going into hospital as a 'planned admission' you are strongly encouraged to make contact with Fr Daryl well beforehand so that, if appropriate, the Sacrament of the Sick can be celebrated beforehand.

Infant Baptism : Infant Baptisms are intended for the children of practising parishioners only and are celebrated on five occasions during the year after parents and godparents have completed a course of preparation. There can be no celebration without this important course. The dates of the courses for the current year can be found in the application form available from the Parish Office. Baptisms do not take place during the seasons of Advent or Lent.

Sacramental Preparation : Notice of the availability of Application Forms for preparation for First Reconciliation and First Eucharist will be made via the Parish Newsletter between the school Summer Half Term and 31st August each year. Possible candidates for Confirmation should respond to the announcements made via the Parish Newsletter at the beginning of the Autumn school term.

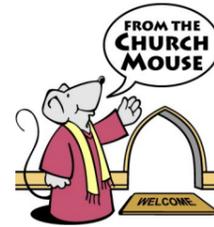
Parishioners are advised that it is very difficult to imagine that any family or individual who is not regularly practising the Faith as members of our community could possibly be ready to celebrate a Sacrament of the Church.

Marriage Preparation : Marriages are celebrated by appointment with the Parish Priest. It should be remembered that in the Diocese of Arundel & Brighton twelve months minimum notice is required before a marriage may take place; this is a requirement of the Church for all marriages that involve a Roman Catholic (even if they are not taking place in the Catholic Church). It is also necessary that one of the parties must have a meaningful connection with the Parish. Marriages do not take place during the seasons of Advent or Lent.

Parish Car Park : All Parishioners attending Mass and using our Car Park need to make sure that they have fully completed our 'Parishioner Registration/Census Form' (available from the Parish Office) before using the Car Park; this ensures that your current vehicle registration is lodged in the system. Registering only needs to be done once (unless you change your car or if you use another car in the family that is not registered on the system).

Important : if you are not registered on the system and you use the car park you will receive a parking notice. Registered Parishioners and pre-registered visitors are able to park whilst they attend our Masses/liturgies without fear of a charge notice. (Car Park queries - parking@shpcobham.com)

NOTE : the Car Park does not use QR codes any found are **scams!**



Church Mouse (cub reporter) . . .

The musings of one of God's smallest creatures on events in and around the Parish over the past seven days

Quite a full week around The Presbytery this time as we finish the first month of the New Year (already!)

Over last weekend Fr D met with someone in the process of being prepared to be received into the Church along with baptising her daughter; both have been working towards this for a few months now and we will hopefully accept them as members of our Parish community over Easter this year. Fr D also met with a young couple from the Parish who will be getting married in Sicily later in the year (fortunately both parties are Catholic so it requires the minimum of paperwork for Fr D to undertake!). At our 11.00 Mass on Sunday the Rite of Welcome was celebrated for a baby girl who will be baptised as a member of our community in a few weeks.

Following Morning Prayer, Mass, and Exposition on Tuesday, Fr D went off to the diocesan offices in Crawley to continue his work at the Tribunal. In the evening he again met with the parents of this year's First Eucharist candidates for their second session; this time they were looking at the first main section of the Mass the 'Liturgy of the Word,' ready to help their children on Saturday morning.

On Wednesday, once he had celebrated Morning Prayer and Mass, Fr D began work on his parts of the newsletter for this week. In the afternoon he had a meeting with the other priests from the Deanery in response to a request from the Apostolic Nuncio. In the evening Fr D met with our candidates for Confirmation in the Parish Centre, looking at God's love for us individually shown in Baptism and the other sacraments of the Church.

Straight after celebrating Morning Prayer and Mass on Thursday Fr D, once more, went down to the Tribunal to continue his work on marriage cases. He, in fact, had several new applications to look at before deciding to accept them. He also had to inform someone that their annulment had failed to prove invalidity of their marriage. When he got home in the late afternoon Fr D managed to finalise and lodge his income tax (before the deadline!), as well as complete his parts for the newsletter.

Having celebrated Morning Prayer and Mass on Friday, Fr D had a church lighting engineer (just completed renewal of Worth Abbey) come to meet him in the church to look at possible solutions for replacing our obsolete halogen lighting and changing to more modern and cost effective LED lighting



CHILDREN'S WORD SEARCH 4TH SUNDAY YEAR A

S T H I R S T G V H M Q B U S
 T O D O Y R G P R E E O A F L
 K T T Q O M Y L B Z J A U M K
 X D A O M H U N G E R W V R Z
 P L P N F U R W Y I D T X E N
 E U E J M E R C Y A I M E M N
 G B R W S P U L E R I S E N B
 N C H E P B W D E I E D D U K
 K H E E I T K H V G Q E R N I
 T Q A R R Y N O F Y S E Y C N
 E N R Y I I H H N S V N K W G
 M A T S T J P L E S E C N A D
 E U R P F I L L E D D I X N O
 E Z F T H S B P X R I P L Q M
 K Z H U H U C J L H O H C M R



KINGDOM	MEEK	BLESSED
HUNGER	EARTH	POOR
THIRST	SPIRIT	MOURN
MERCY	PURE	INHERIT
HEART	FILLED	HEAVEN

KINGDOM PRIORITIES

Matthew 5:1-12

¹Jesus saw the crowds and went up a hill, where he sat down. His disciples gathered round him, ²and he began to teach them:

³“Happy are those who know they are spiritually poor; the Kingdom of heaven belongs to them!

⁴Happy are those who mourn; God will comfort them!

⁵Happy are those who are humble; they will receive what God has promised!

⁶Happy are those whose greatest desire is to do what God requires; God will satisfy them fully!

⁷Happy are those who are merciful to others; God will be merciful to them!

⁸Happy are the pure in heart; they will see God!

⁹Happy are those who work for peace; God will call them his children!

¹⁰Happy are those who are persecuted because they do what God requires; the Kingdom of heaven belongs to them!

¹¹“Happy are you when people insult you and persecute you and tell all kinds of evil lies against you because you are my followers. ¹²Be happy and glad, for a great reward is kept for you in heaven. This is how the prophets who lived before you were persecuted.

Other Readings: Zephaniah 2:3, 3:12-13; Psalm 146:7-10; 1 Corinthians 1:26-31

LECTIO:

Scholars believe that Mark’s Gospel was written before the other two synoptic gospels, enabling Matthew and Luke to draw on his material when writing their own accounts.

But Matthew and Luke also draw on other sources especially concerning the teaching of Jesus. In Matthew’s Gospel Jesus’ teaching is drawn together from different times and places and presented in five extensive teaching sections. Today’s passage, often referred to as the Beatitudes, marks the beginning of the first of these - the Sermon on the Mount (Matthew 5:1 – 7:27).

Jesus’ teaching centres on what it means to live under God’s kingship on earth. So a clue to help us understand this passage appears in the prayer Jesus teaches his disciples in Matthew 6:10, ‘May your Kingdom come and your will be done on earth as it is in heaven’.

Jesus’ ministry is to bring God’s rule to earth. God’s kingdom is very different to worldly priorities and values. The worldly view is that money, success and power are good news. But here Jesus teaches that the people who are truly on the right course are those who are dependent on God and are seeking his priorities for their lives.

The word translated as ‘happy’ could also be translated as ‘congratulations’. These are attitudes rather than moral principles. So Jesus says that if you have these attitudes - if you are humble, show mercy, are pure, work for peace, are prepared to obey God even if this involves persecution, recognise your need for God, allow God to comfort you and your greatest aim is to please God - you are lining yourself up with God’s kingdom.



MEDITATIO:

- Each of the beatitudes is challenging. Which do you find most challenging and why?
- Which of the beatitudes seems most achievable to you and why?
- What difference would it make to our world if all Christians demonstrated these attitudes in their lives?

ORATIO:

Choose just one of these beatitudes and talk to Jesus about it. Ask him for the grace to be able to give God’s ways more priority in your life. Remember God sends the Holy Spirit to help us live for him.

Last week we read how the apostles had to leave their everyday lives behind so they could learn how to live and minister in God’s kingdom. Jesus has given us the beatitudes to enable us to do the same. Draw apart from your busy life for a little while every day this week and allow God to replenish you so that you can live out the beatitudes more faithfully.

CONTEMPLATIO:

Consider each of the rewards and promises God makes to those who have these attitudes. Reflect on just how wonderful and valuable they are.

Day	Date	Time	Service / Intention	Donor
Sat.	31 st January		St John Bosco, Priest	
			Sacrament of Reconciliation	
			James & Muriel Drury †	M. Drury
			<input type="checkbox"/> Live-Stream / Recorded	
Sun.	1 st February		4TH SUNDAY IN ORDINARY TIME, YEAR A	
			09.00 Erna Jordaan †	L. Kolber
			<input type="checkbox"/> Live-Stream / Recorded	
			11.00 For the Parishioners	
			<input type="checkbox"/> Live-Stream / Recorded	
Mon.	2 nd February		Presentation of the Lord	
			No Service Today	Mass 10.00 at Weybridge
Tue.	3 rd February		St Blaise, Bishop & Martyr	
			09.00 Morning Prayer of the Church [p.p. 264 & 493]	
			<input type="checkbox"/> Live-Streamed	
			09.30 Fr Tony Bridson	M. Drury
			10.00 - 11.00 Exposition of Blessed Sacrament for Private Prayer	
Wed.	4 th February		Ferial Weekday	
			09.15 Morning Prayer of the Church [p.p. 274 & 493]	
			<input type="checkbox"/> Live-Streamed	
			09.30 In honour of St Joseph	
Thu.	5 th February		St Agatha, Virgin & Martyr	
			09.15 Morning Prayer of the Church [p.p. 284 & 493]	
			<input type="checkbox"/> Live-Streamed	
			09.30 Fr Tony Collins	M. Drury
Fri.	6 th February		St Paul Miki & Companions, Martyrs (Day of Abstinence)	
			09.15 Morning Prayer of the Church [p.p. 294 & 493]	
			<input type="checkbox"/> Live-Streamed	
			09.30 Fr Daryl’s Intention	M. Drury
Sat.	7 th February		Ferial Weekday	
			17.00 - 17.30 Sacrament of Reconciliation	
			<input type="checkbox"/> Live-Stream / Recorded	
			18.00 Bernard Kelly †	M. Kelly
Sun.	8 th February		5TH SUNDAY IN ORDINARY TIME, YEAR A	
			<input type="checkbox"/> Live-Stream / Recorded	
			09.00 For the Parishioners	
			<input type="checkbox"/> Live-Stream / Recorded	
			11.00 Timothy O’Sullivan †	O’Sullivan Family

Mass may be offered for both the living and the dead and also for most other intentions. We do our best to try and accommodate specific dates but this can be especially difficult on weekends and at less than three months notice.

‘Mass Intentions’ are published in the Parish Newsletter on the weekend before they are celebrated although sometimes a Requiem Mass will ‘bump’ an intention to a later date.

St Agatha

As in the case of St Agnes, another virgin-martyr of the early Church, almost nothing is historically certain about this saint except that she was martyred in Sicily during the persecution of Emperor Decius in 251.

Legend has it that Agatha, like Agnes, was arrested as a Christian, tortured, and sent to a house of prostitution to be mistreated. She was preserved from violation, and was later put to death. St Agatha is claimed as the patroness of both Palermo

and Catania. The year after her death, the stilling of an eruption of Mt. Etna was attributed to her intercession. As a result, apparently, people continued to ask her prayers for protection against fire.

Reflection

The scientific modern mind winces at the thought of the might of a volcano being contained by God because of the prayers of a Sicilian girl. Still less welcome, probably, is the notion of that saint

being the patroness of such varied professions as those of foundry workers, nurses, miners and Alpine guides. Yet, in our historical precision, have we lost an essential human quality of wonder and poetry, and even our belief that we come to God by helping each other, both in action and prayer?



DATE / MASS	WELCOME MINISTERS	READERS	EXTRAORDINARY MINISTERS	REPOSITORY AFTER MASS
SATURDAY 05 A 07/02/26 18.00	Still Required; please offer	Sr Patricia	N/A at present	P. Hunt A. Essien
SUNDAY 05 A 08/02/26 09.00	Still Required; please offer	D. McEvoy	D. Meehan G. Fisher	D. Westsmith M. Smyth
SUNDAY 05 A 08/02/26 11.00	Still Required; please offer	H. Phillips	J. Sztakics J. Foster	L. Farris V. Rose

PLEASE REMEMBER : If you are unable to complete your particular ministry then it is **your responsibility** to arrange cover with another minister. In this way our Sunday Liturgies will run in a smooth and prayerful way.



BUILDINGS FUND LATEST



OUR PARISH SUPPORTS THE COBHAM AREA FOODBANK



UPDATED LIST OF WANTED ITEMS

Please can you help local people in crisis by purchasing items on the list below and placing them in the Foodbank's collection point in the narthex when you come to Mass at the weekend? Thank You!

- ♦ UHT Semi Skimmed Milk
- ♦ UHT 1l Fruit Juice
- ♦ Pasta Sauce
- ♦ Fruit Squash
- ♦ Hot Chocolate
- ♦ Sponge Puddings
- ♦ Tinned Spaghetti Hoops
- ♦ Tinned Meat
- ♦ Tinned Custard
- ♦ Sanitary Pads
- ♦ Sugar (500g pack)
- ♦ Savoury Snacks
- ♦ Laundry Powder
- ♦ Male Deodorant
- ♦ Laundry Capsules
- ♦ Shaving Foam + Razors
- ♦ Shampoo
- ♦ Conditioner

Prayers Please

FOR THOSE UNWELL AT THIS TIME:
Jay Adams, Sr Anne Bayley, Norma Begley, Maggie Dongray, Tom Delbridge, Fiona Frank, Maureen Garner, baby Naomi Hunt, Michael Natcher, Fr Sebastian Paul, Pascal Smyth and Anne Sproul.

THE RECENTLY DECEASED:
None

ANNIVERSARIES OF DEATH:
Bernard Kelly †
Gina Fox †
Ted Halliday †
Fr Gerald O'Sullivan †
Mgr Canon Jeffrey Scott †
Fr Thomas Mulvey †
Fr James Maguire †

HOLY FATHER'S MONTHLY PRAYER INTENTION:
". . . that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope."

For those who are unwell.....
those who have died recently....
those whose anniversaries occur.....
the Holy Father's Prayer Intention....

Sacred Heart Parish Shrove Tuesday Quiz Night

ENTRY BY
TICKET £5.00
ON SALE AFTER WEEKEND MASSES & FROM PARISH OFFICE

BRING YOUR OWN DRINK

Test Your Knowledge

RAFFLE ON THE EVENING

Tuesday 17th February, 19.00
Sacred Heart Parish Centre

The Arundel & Brighton Diocesan Trust Is A Registered Charity 252878

WAY OF THE CROSS & SOUP LUNCHES, FRIDAYS DURING LENT - Commencing on Friday 20th February helpers are required:
=> (1) to lead the Stations of the Cross prayers and
=> (2) teams of 2 to provide the soup and bread, to set up cutlery/tables in the Parish Centre.

Please use the Sign-up sheet at the rear of the church.

SAVE THE DATE : SATURDAY 21ST FEBRUARY - Fundraiser for ODNs, Film 'The Mission' at Notre Dame School, Montaigne Theatre 14.00-17.30 with an interval, & refreshments, parking available on site.

CHOIR PRACTICES FOR EASTER 2026 - Our singers and musicians are starting their rehearsals for leading our liturgies during Holy Week (Palm Sunday, Holy Thursday, & Good Friday). Any and all parishioners are more than welcome to come along and join in, no previous experience necessary. If you enjoy singing as part of a group this could be for you!

Dates of rehearsals:

Wed. 4 Feb (19.30); Sat. 7 Feb. (10.30); Tue. 24 Feb. (19.30); Thur. 5 Mar. (19.30); Sat. 14 Mar. (10.30); Wed. 18 Mar. (19.30); Sat. 28 Mar. (10.30); and Wed. 1 Apr. (19.30).



Lent at the Sacred Heart

Lent begins with ASH WEDNESDAY on 18th February
Masses (with ashes) at the Sacred Heart **09.30 & 19.30**

FRIDAY'S OF LENT

20, 27 Feb., & 6, 13, 20, 27 Mar.



Way of the Cross 12.30

Why not commit to joining in this traditional Catholic Lenten Devotion.

We are looking for volunteer parishioners willing to lead on one Friday.



CAFOD Fast Lunch

After the Way of the Cross why not attend a Fast Lunch of bread and soup in aid of CAFOD.

We need volunteers (teams of two) to make, serve, and clear up each Friday.

SUNDAY'S OF LENT

22 Feb. & 1, 8, 15, 22, 29 Mar.



Evening Prayer & Benediction 15.30

Take the chance to step aside from the 'hustle and bustle' of modern life to spend some time with the Lord in quiet prayer.

RECONCILIATION SERVICES



ADULT'S SERVICE

Friday 27 March 19.30, Sacred Heart, Cobham.

CHILDREN'S SERVICE

Saturday 21 March 11.00, Sacred Heart, Cobham.