

Our Parish Liturgy . . . . .

This Week (03 A)

DIVINE OFFICE	WEEK 3
ENTRANCE HYMN	18.00 824 09.00 824 11.00 Musicians
PENITENTIAL ACT	Spoken
GLORIA	18.00 New Celtic Mass 09.00 New Celtic Mass 11.00 Musicians
FIRST READING	Isaiah 9:1b-4 <i>'In Galilee of the nations the people have seen a great light.'</i>
PSALM RESPONSE	<i>The Lord is my light and my salvation.</i>
SECOND READING	1 Corinthians 1:10-13, 17 <i>'I appeal to you that all of you agree, and that there be no divisions among you.'</i>
GOSPEL ACCLAMATION	<i>Alleluia, alleluia!</i> <i>Jesus proclaimed the gospel of the kingdom and healed every affliction among the people. Alleluia!</i>
GOSPEL READING	Matthew 4:12-23 <i>'Jesus went to Capernaum so that what was spoken by the prophet Isaiah might be fulfilled.'</i>
PRESENTATION OF THE GIFTS	18.00 871 09.00 871 11.00 Musicians
SANCTUS	18.00 New Celtic Mass 09.00 New Celtic Mass 11.00 Musicians
MEMORIAL ACCLAMATION	18.00 New Celtic Mass 09.00 New Celtic Mass 11.00 Musicians
GREAT AMEN	18.00 New Celtic Mass 09.00 New Celtic Mass 11.00 Spoken
OUR FATHER	18.00 Spoken 09.00 Spoken 11.00 Musicians
AGNUS DEI	18.00 Spoken 09.00 Spoken 11.00 Musicians
COMMUNION ANTIPHON	<i>Look toward the Lord and be radiant; let your faces not be bashed.</i>
THANKSGIVING	18.00 915 09.00 915 11.00 Musicians

RECESSION	18.00 863 09.00 863 11.00 Musicians
Next Week (04 A)	
DIVINE OFFICE	WEEK 4
FIRST READING	Zephaniah 2:3; 3:12-13 <i>'I will leave in your midst a people humble and lowly.'</i>
PSALM RESPONSE	<i>Blessed are the poor in spirit; for theirs is the kingdom of heaven.</i>
SECOND READING	1 Corinthians 1:26-31 <i>'God chose what is weak in the world.'</i>
GOSPEL READING	Matthew 5:1-12a <i>'Blessed are the poor in spirit.'</i>
Music and text of Antiphons from <i>Psallite</i> , © 2005 Collegeville Composers Group. Published by Liturgical Press, MN56321. Used with Permission. One Licence No.0199	

MARRIAGE MATTERS

In his Apostolic Exhortation *Amoris Laetitia*, Pope Francis offers a profound insight into the joy of Christian marriage and reminds us of its place at the very heart of the Church's life. Christian marriage, he observes, 'is a sign of how much Christ loved his Church in the covenant sealed on the cross, yet it also makes that love present in the communion of the spouses. By becoming one flesh, they embody the espousal of our human nature by the Son of God.'

As we know, the Holy Scriptures feed and nourish our faith and help us to grow in our relationship with God and one another. It is for this reason that these scriptural reflections are offered. They should help enable married couples to focus on the richness of God's Word that we hear proclaimed each Sunday of the Year and to experience the deep joy of God's love expressed in the great Sacrament of Marriage.

HAS A STAKE IN OUR MARRIAGE



Today, we see two aspects of God's plan for our marriage: '... (I will make) their joy increase' (Isaiah) and 'I will make you fishers of men' (Matthew). God wants us to make our love for each other as close to Jesus' love for us as possible, that all whose lives we touch might experience how much God loves them.

Parish Priest  
Rev Fr Daryl George JCL  
Sacred Heart Presbytery  
25 Between Streets  
COBHAM  
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cobham@abdiocese.org.uk  
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THIS WEEK:

BIBLE READING PLAN

Mo Genesis 35-40  
Tu Genesis 41-45  
We Genesis 46-47  
Th Genesis 48-50  
Fr Exodus 1-6

Financial News . . .

Weekend of 18/01/26

1<sup>st</sup> Plate £ 511:00  
Standing Orders £ 755:00  
Contactless £ 160:00  
1<sup>st</sup> Total £ 1,426:00  
2<sup>nd</sup> £299:50  
Pax Christi

Thankyou for your continuing generosity to your Parish.

2<sup>nd</sup> Collection . . .

This Weekend 25/01/26

Parish Buildings Fund

Gift Aid Members are able to make this collection tax efficient using the yellow envelope.

Next Weekend 01/02/26

National Cath. Fund Levy

Gift Aid Members are able to make this collection tax efficient by using our Parish Envelope.

Bite Size . . .

Opportunities do not come with their values stamped upon them.

Maltbie Babcock



Sacred Heart Parish Newsletter

for the Roman Catholic community  
of Cobham, Oxshott,  
& Stoke D'Abernion



part of the Arundel & Brighton Diocesan Trust, a Registered Charity No. 252878

Volume 07 Issue 09

25<sup>th</sup> January 2026 : 3<sup>rd</sup> Ordinary Year A

He practiced what he preached . . . . .

After Jesus' baptism and temptation in the desert (a peak experience followed by a period of intense testing) he is primed to begin the work that he has prepared his whole life to be able to do. Jesus begins in the small, non descript town of Capernaum populated mostly by Gentiles (non-



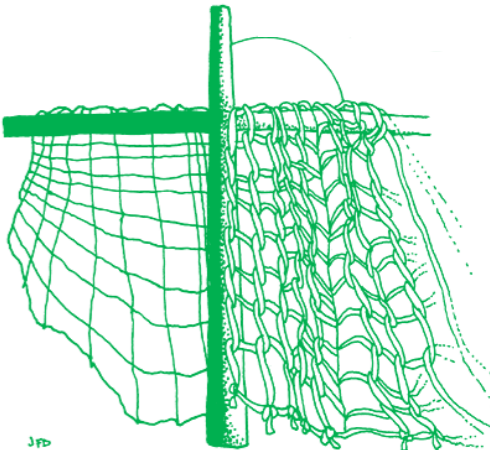
"Repent for the kingdom of heaven is at hand."

Sheepish Question:

What recent occurrences have lifted my spirit and hope?

Jews). Looking back in scripture, Matthew noticed that specific area had been promised a saviour who would bring light to their world of darkness. For all the Jews in his audience, Matthew makes the point that Jesus was the fulfilment of that promise from the prophet Isaiah hundreds of years earlier. Matthew is trying to show that Jesus came to live and minister to and among both Jews and Gentiles and to invite all of them to the fullness of life he was teaching. Jesus begins his public ministry sounding like John the Baptist. "Repent, for the kingdom of heaven is at hand." We might interpret that now as "Get busy. Get serious. It's time to

start living in God's way. There isn't much time left." Then Jesus calls Peter, Andrew, James, and John to be his helpers and companions as he gets busy healing the sick and proclaiming the Good News. If only everyone who preached repentance and the kingdom of God would get busy practicing what they preached!



Questions of the week

- 1 What leaders or spiritual teachers have you experienced to be exclusive in terms of who they are speaking or preaching to? What leaders or spiritual teachers have you experienced to be open and inclusive in the way they welcome and invite all to be a part of a larger movement?
- 2 Whom do you know who lives with integrity and regularly practices what they preach?

Before Mass - Talk to God During Mass - Listen to God After Mass - Talk to your friends

## Parish Office . . . . .

**Normal Office Hours :** Monday to Friday 09.30 - 12.30.

**Parish Secretary :** Sarah Cox (01932) 860244  
cobham@abdiocese.org.uk

**Newsletter Editorial :** Items for possible inclusion in the Parish Newsletter (if there is room) need to be received (in writing please) at the Parish Office by midday on Wednesday.

**Gift Aid Organiser :** Dan Meehan (01372) 456416  
ga.cobham@abdiocese.org.uk

**Safeguarding Rep. :** Mark Hillas 07436 571060  
sg1.cobham@abdiocese.org.uk

## General Parish Information . . . . .

**Parishioner Registration :** Every household within the Parish is requested to complete a 'Parishioner Registration/Census' form so that our Parish records may be kept up to date. These forms can be obtained from the Parish Office and should be completed fully before being returned to the Parish Office.

Should you move address within the Parish at any time please complete a new form and write 'AMENDMENT' across the top of the form. Thank you.

**Hospital :** If you are going into hospital as a 'planned admission' you are strongly encouraged to make contact with Fr Daryl well beforehand so that, if appropriate, the Sacrament of the Sick can be celebrated beforehand.

**Infant Baptism :** Infant Baptisms are intended for the children of practising parishioners only and are celebrated on five occasions during the year after parents and godparents have completed a course of preparation. There can be no celebration without this important course. The dates of the courses for the current year can be found in the application form available from the Parish Office. Baptisms do not take place during the seasons of Advent or Lent.

**Sacramental Preparation :** Notice of the availability of Application Forms for preparation for First Reconciliation and First Eucharist will be made via the Parish Newsletter between the school Summer Half Term and 31<sup>st</sup> August each year. Possible candidates for Confirmation should respond to the announcements made via the Parish Newsletter at the beginning of the Autumn school term.

Parishioners are advised that it is very difficult to imagine that any family or individual who is not regularly practising the Faith as members of our community could possibly be ready to celebrate a Sacrament of the Church.

**Marriage Preparation :** Marriages are celebrated by appointment with the Parish Priest. It should be remembered that in the Diocese of Arundel & Brighton twelve months minimum notice is required before a marriage may take place; this is a requirement of the Church for all marriages that involve a Roman Catholic (even if they are not taking place in the Catholic Church). It is also necessary that one of the parties must have a meaningful connection with the Parish. Marriages do not take place during the seasons of Advent or Lent.

**Parish Car Park :** All Parishioners attending Mass and using our Car Park need to make sure that they have fully completed our 'Parishioner Registration/Census Form' (available from the Parish Office) before using the Car Park; this ensures that your current vehicle registration is lodged in the system. Registering only needs to be done once (unless you change your car or if you use another car in the family that is not registered on the system).

**Important :** if you are not registered on the system and you use the car park you will receive a parking notice. Registered Parishioners and pre-registered visitors are able to park whilst they attend our Masses/liturgies without fear of a charge notice. (Car Park queries - parking@shpcobham.com)

**NOTE :** the Car Park does not use QR codes any found are **scams!**



## Church Mouse (cub reporter). . .

The musings of one of God's smallest creatures on events in and around the Parish over the past seven days . . .

At our 09.00 Mass last Sunday this year's First Eucharist families were present for the enrolment of this year's candidates. The candidates renewed their baptismal promises (which were made for them by their parents at their baptisms), before their parents reaffirmed the promise to be 'the first and best of teachers to their child in the ways of faith.' The candidates were then presented with the workbook that they will be using over the next few months to prepare for First Eucharist (on 14<sup>th</sup> June). In the evening Fr D was delighted to see so many parishioners at the annual Christian Unity Week Service at the United Church in Stoke Road - Sacred Heart Parishioners outnumbered any other group!

On Monday evening Fr D came home early from his day off in order to attend a meeting of the 'Shadow Parish Finance Team.' Although with Bishop Richard having been appointed to Westminster and, therefore, no changes being possible within the diocese, it is possible to carry on with preparatory work and sharing of good practice by this team (none of this will be wasted if the new Bishop does not wish to continue with the new arrangements for our Deanery parishes).

After Morning Prayer, Mass, and Exposition on Tuesday Fr D was off down to the diocesan offices in Crawley. He completed his judgement on one of his cases and started preparing the judgement for the next case. Once he has the two ready he will call a meeting of the judges to finalise the Sentence for both cases. When he returned from Crawley in the evening Fr D was meeting for the first time with the prospective candidates and parents for this year's Confirmation (9<sup>th</sup> May).

Having celebrated Morning Prayer and Mass on Wednesday morning Fr D spent some time gathering the details that he needs to complete his tax return for last year before starting work on his parts of the newsletter.

After Morning Prayer and Mass on Thursday Fr D was off down to Crawley again where he had a meeting with his opposite numbers in the Marriage Tribunal in Southwark, sharing with them how he deals with Penal Cases when they crop up. When he got back in the late afternoon Fr D was meeting with a young couple who are preparing for the baptism of their young daughter in a few weeks time . . . . .



## CHILDREN'S WORD SEARCH 3<sup>RD</sup> SUNDAY YEAR A

D	A	L	C	J	W	D	Z	R	C
N	A	V	I	Y	M	Z	E	I	N
A	A	R	H	G	O	L	B	S	A
O	V	Z	K	H	H	A	U	A	P
H	U	Q	A	N	F	T	L	I	H
K	E	Z	V	R	E	D	U	A	T
F	F	J	R	G	E	S	N	H	A
P	R	I	S	O	N	T	S	X	L
R	E	P	E	N	T	Q	H	N	I
Y	G	A	L	I	L	E	E	M	V

"Jesus went throughout Galilee, teaching in their synagogues, proclaiming the good news of the kingdom..."

Matthew 4:23



ISAIAH

PRISON

LIGHT

REPENT

DARKNESS

GALILEE

NAZARETH

NAPHTALI

ZEBULON

A GREAT LIGHT

**Matthew 4:12-23**  
<sup>12</sup>When Jesus heard that John had been put in prison, he went away to Galilee.  
<sup>13</sup>He did not stay in Nazareth, but went to live in Capernaum, a town by Lake Galilee, in the territory of Zebulun and Naphtali. <sup>14</sup>This was done to make what the prophet Isaiah had said come true:  
<sup>15</sup>"Land of Zebulun and land of Naphtali, on the road to the sea, on the other side of the Jordan, Galilee, land of the Gentiles!  
<sup>16</sup>The people who live in darkness will see a great light.  
On those who live in the dark land of death the light will shine."  
<sup>17</sup>From that time Jesus began to preach his message: "Turn away from your sins, because the Kingdom of heaven is near!"  
<sup>18</sup>As Jesus walked along the shore of Lake Galilee, he saw two brothers who were fishermen, Simon (called Peter) and his brother Andrew, catching fish in the lake with a net. <sup>19</sup>Jesus said to them, "Come with me, and I will teach you to catch people." <sup>20</sup>At once they left their nets and went with him.  
<sup>21</sup>He went on and saw two other brothers, James and John, the sons of Zebedee. They were in their boat with their father Zebedee, getting their nets ready. Jesus called them, <sup>22</sup>and at once they left the boat and their father, and went with him.  
<sup>23</sup>Jesus went all over Galilee, teaching in the synagogues, preaching the Good News about the Kingdom, and healing people who had all kinds of disease and sickness.

Other Readings: Isaiah 8:23 – 9:3; Psalm 27:1, 4, 13-14; 1 Corinthians 1:10-13, 17

**LECTIO:**  
We begin with a mini geography lesson to help us understand who was where and why. John the Baptist preached in Judea where we find both Jerusalem and Bethlehem, in the southern part of Palestine. John ministered in the east near the river Jordan. Herod Antipas had John the Baptist put in prison because he publicly criticised him for living with his brother Philip's wife, breaking Jewish law (Leviticus 18:16). Eventually Herod's wife engineered Herod to have John put to death (Matthew 14).  
Matthew doesn't explain the connection but simply says that after John's arrest Jesus moved north to Galilee. Jesus doesn't return to Nazareth where he grew up but chooses instead to live in Capernaum. Matthew interprets this as a fulfilment of Isaiah's Messianic prophecy in Isaiah 9:1-2.  
At that time most of the people living in Zebulun and Naphtali were Gentiles, so by choosing to start his ministry in this region Jesus gives a clear sign of the universal nature of his mission.  
In this passage Matthew tells us about two aspects of Jesus' ministry. Firstly, he preached the Good News about the Kingdom and healed people of all kinds of illness. Secondly, he calls the first four of his disciples in order to train them to 'catch people' rather than fish.  
Matthew gives us very little detail about Jesus' encounter with these four fishermen. Jesus must however have made a remarkable impression on them because they were willing to leave their jobs so they could follow him.



- MEDITATIO:**
- Why do you think Peter, Andrew, James and John were prepared to leave their jobs to become Jesus' disciples?
  - What qualities do you think Jesus saw in these four men that led him to choose them to be his disciples?
  - What is the Good News of the Kingdom? What does it mean for you personally?
  - How would you feel if Jesus appeared in your workplace? In what ways is Jesus calling you to follow him? Are you prepared to obey him, like the disciples, whatever the cost?

**ORATIO:**  
Psalm 27 offers many words of encouragement, not least to hold firm to the Lord and hope in him because he is our light and stronghold. Invite the Holy Spirit to minister to you using the words of this Psalm to build faith and confidence in God.  
Jesus still brings healing to broken hearts and bodies today, although we don't always understand the way he works. Ask him to help those you know who need his healing touch.

**CONTEMPLATIO:**  
Consider the 'great light' in verse 16. What makes Jesus a great light for all people and for you personally?

Day	Date	Time	Service / Intention	Donor
Sat.	24 <sup>th</sup> January		St Francis de Sales, Bishop & Doctor of the Church	
			<b>Sacrament of Reconciliation</b>	
				Rita Snow M. Drury
			<input type="checkbox"/> <b>Live-Stream / Recorded</b>	
Sun.	25 <sup>th</sup> January		<b>3<sup>RD</sup> SUNDAY IN ORDINARY TIME, YEAR A</b>	
				For the Parishioners
			<input type="checkbox"/> <b>Live-Stream / Recorded</b>	
				Charlie M <sup>c</sup> Nairn † C. Hannan
Mon.	26 <sup>th</sup> January		Sts Timothy & Titus, Bishops	
			<b>No Service Today</b>	Mass 10.00 at Leatherhead
Tue.	27 <sup>th</sup> January		Ferial Weekday	
				Morning Prayer of the Church [p.p. 191 & 493]
			<input type="checkbox"/> <b>Live-Streamed</b>	
				Margaret Ellory † B. Ellory
			10.00 - 11.00 Exposition of Blessed Sacrament for Private Prayer	
Wed.	28 <sup>th</sup> January		St Thomas Aquinas, Priest & Doctor of the Church	
				Morning Prayer of the Church [p.p. 200 & 493]
			<input type="checkbox"/> <b>Live-Streamed</b>	
				Kelly Le Masurier D. & S. Wilson
Thu.	29 <sup>th</sup> January		Ferial Weekday	
				Morning Prayer of the Church [p.p. 210 & 493]
			<input type="checkbox"/> <b>Live-Streamed</b>	
				Rrok Kota & Family M.
Fri.	30 <sup>th</sup> January		Ferial Weekday (Day of Abstinence)	
				Morning Prayer of the Church [p.p. 220 & 493]
			<input type="checkbox"/> <b>Live-Streamed</b>	
				Andrew & Mary Wilson M. Drury
Sat.	31 <sup>st</sup> January		St John Bosco, Priest	
			17.00 - 17.30	
			<b>Sacrament of Reconciliation</b>	
				James & Muriel Drury † M. Drury
			<input type="checkbox"/> <b>Live-Stream / Recorded</b>	
Sun.	1 <sup>st</sup> February		<b>4<sup>TH</sup> SUNDAY IN ORDINARY TIME, YEAR A</b>	
				Erna Jordaan † L. Kolber
			<input type="checkbox"/> <b>Live-Stream / Recorded</b>	
				For the Parishioners

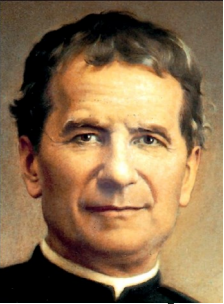
Mass may be offered for both the living and the dead and also for most other intentions. We do our best to try and accommodate specific dates but this can be especially difficult on weekends and at less than three months notice.  
'Mass Intentions' are published in the Parish Newsletter on the weekend before they are celebrated although sometimes a Requiem Mass will 'bump' an intention to a later date.

St John Bosco . . . . .

St John's theory of education could well be used in today's schools. It was a preventive system, rejecting corporal punishment, placing students in surroundings removed from the likelihood of committing sin. He advocated frequent reception of the sacraments of Reconciliation and Holy Communion. He combined catechetical training and fatherly guidance, seeking to unite the spiritual life with one's work, study and play. Encouraged during his youth in Turin to become a priest so

he could work with young boys, St John was ordained in 1841. His service to young people started when he met a poor orphan in Turin, and instructed him in preparation for receiving First Eucharist. He then gathered young apprentices and taught them the catechism. After serving as chaplain in a hospice for working girls, Don Bosco opened the Oratory of St Francis de Sales for boys. Several wealthy and powerful patrons contributed money, enabling him to

provide two workshops for the boys, shoemaking and tailoring. By 1856, the institution had grown to 150 boys and had added a printing press for publication of religious and catechetical pamphlets. St John's preaching fame spread and by 1850 he had trained his own helpers because of difficulties in retaining young priests. In 1854, he and his followers informally banded together, inspired by St Francis de Sales.



DATE / MASS	WELCOME MINISTERS	READERS	EXTRAORDINARY MINISTERS	REPOSITORY AFTER MASS
<b>SATURDAY 04 A</b> <b>31/01/26</b> <b>18.00</b>	Still Required; please offer	J. Granström	N/A at present	P. Hunt A. Essien
<b>SUNDAY 04 A</b> <b>01/02/26</b> <b>09.00</b>	Still Required; please offer	D. Westsmith	N/A at present	D. Westsmith M. Smyth
<b>SUNDAY 04 A</b> <b>01/02/26</b> <b>11.00</b>	Still Required; please offer	C. Templer	N/A at present	M. Smith C. Kendall

**PLEASE REMEMBER :** If you are unable to complete your particular ministry then it is **your responsibility** to arrange cover with another minister. In this way our Sunday Liturgies will run in a smooth and prayerful way.



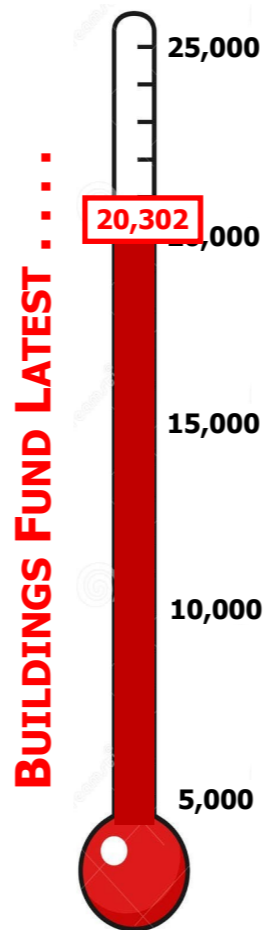
### OUR PARISH SUPPORTS THE COBHAM AREA FOODBANK

#### UPDATED LIST OF WANTED ITEMS



Please can you help local people in crisis by purchasing items on the list below and placing them in the Foodbank's collection point in the narthex when you come to Mass at the weekend? Thank You!

- ♦ UHT Semi Skimmed Milk
- ♦ UHT 1l Fruit Juice
- ♦ Pasta Sauce
- ♦ Fruit Squash
- ♦ Hot Chocolate
- ♦ Sponge Puddings
- ♦ Tinned Spaghetti Hoops
- ♦ Tinned Meat
- ♦ Tinned Custard
- ♦ Sanitary Pads
- ♦ Sugar (500g pack)
- ♦ Savoury Snacks
- ♦ Laundry Powder
- ♦ Male Deodorant
- ♦ Laundry Capsules
- ♦ Shaving Foam + Razors
- ♦ Shampoo
- ♦ Conditioner



## Prayers Please . . . . .



### FOR THOSE UNWELL AT THIS TIME:

Jay Adams, Sr Anne Bayley, Jim Begley, Norma Begley, Maggie Dongray, Tom Delbridge, Fiona Frank, Maureen Garner, baby Naomi Hunt, Michael Nutter, Fr Sebastian Paul, Pascal Smyth and Anne Sproul.

### ANNIVERSARIES OF DEATH:

Kathleen Harber †  
Sr Jane Mogan †  
Margaret Ellory †  
Jacqueline Nag †  
Canon Francis Harrington †  
Fr Martin Jakubas †  
Mgr William Westlake †

### HOLY FATHER'S MONTHLY PRAYER INTENTION:

"... that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church. . . ."

For those who are unwell.....

those who have died recently....

those whose anniversaries occur.....

the Holy Father's Prayer Intention....

### THE RECENTLY DECEASED:

Stéphane Alby †

## UPCOMING EVENTS

**MASS OF THANKSGIVING FOR BISHOP RICHARD'S MINISTRY IN ARUNDEL & BRIGHTON** - 30<sup>th</sup> January, 18.30, Arundel Cathedral. People across our diocesan family are invited to join a special Mass of Thanksgiving celebrated by Bishop Richard, followed by a reception in the Baron's Hall, Arundel Castle, by kind permission of His Grace, the Duke of Norfolk. All are welcome.

**CATHOLIC UNION PUB TALK : FORGIVENESS, PEACE & HOPE** - 2<sup>nd</sup> February, 18.00, London, SW1V 1AU. Join Margaret and Barry Mizen, parents of Jimmy Mizen, in conversation with Catherine Pepinster, about the role of education, early intervention and engagement, in striving to address the root causes of violence.

To book your place (required):

[www.eventbrite.co.uk/e/catholic-union-pub-talk-forgiveness-peace-hope-tickets-1974650924070?aff](http://www.eventbrite.co.uk/e/catholic-union-pub-talk-forgiveness-peace-hope-tickets-1974650924070?aff)

**MENTAL HEALTH AWARENESS TRAINING** - 7<sup>th</sup> February, 10.00-15.00, The St Philip Howard Centre, Crawley, RH10 6RP (£40). The number of people experiencing poor mental health in our society is rising. This course will help attendees understand the impact and reality of poor mental health, enabling them to identify the early signs and symptoms and signpost people to help effectively.

To book your place (required):

[www.abdiocese.churchsuite.com/events/ibgv7xjz?c](http://www.abdiocese.churchsuite.com/events/ibgv7xjz?c)

**EMBRACING NEW LIFE : PREGNANCY, BIRTH & MOTHERHOOD IN FAITH** - 24<sup>th</sup> February, 19.00-20.00, online. This National Board of Catholic Women webinar will discuss the spiritual significance of pregnancy and motherhood; Catholic teachings on life and parenting, and finding strength in the sacramental life.

To register (required):

[www.nbcw.co.uk/event/embracing-new-life-pregnancy-birth-motherhood-in-faith/?ct](http://www.nbcw.co.uk/event/embracing-new-life-pregnancy-birth-motherhood-in-faith/?ct)

**PRAYING WITH ICONS IN LENT** - 28<sup>th</sup> February, 10.00-16.00, The House of Prayer, Molesey, KT8 0PB. (Cost: £35). An opportunity to consider the place of icons in our spiritual discipline and learn about the iconographic tradition. The day will include guided reflections on praying with icons and time in God's presence.

To book your place (required):

[www.christian-retreat.org/our-programme/icons-in-lent?ct](http://www.christian-retreat.org/our-programme/icons-in-lent?ct)

## Sacred Heart Lenten Season

**18<sup>th</sup> February Ash Wednesday**

Masses 09.30 & 19.30

**Lent Sundays**

Evening Prayer & Benediction 15.30

**Lent Fridays**

Way of the Cross 12.30  
(followed by Bread & Soup lunch)

**Sacred Heart Parish  
Shrove Tuesday  
Quiz Night**

## DIOCESAN LOURDES PILGRIMAGE

Applications for our Diocesan Lourdes Pilgrimage are open now! Is Our Lady calling you to Lourdes this summer?

Travelling to Lourdes is a wonderful experience full of fun, companionship, faith, friendship and laughter. Each person on our pilgrimage brings distinctive gifts and graces with them, benefitting those they meet during the week.

### What do we do during our Pilgrimage Week?

We have a daily programme of events which includes a number of Masses and liturgies in different settings, with different themes. The Pilgrimage opens with a Mass of welcome for everyone and opening ceremony, where everyone is invited to have their hands blessed in recognition of the service we offer each other as we make our pilgrimage together. We also celebrate Mass at the Grotto where we remember friends and family members who have died, and a Mass of farewell shortly before we leave Lourdes. There is a Holy Hour during the week, a time for Lectio Divina, and many other opportunities for private and group prayer at the Grotto and in the Sanctuary.



To find out more about our pilgrimage week visit the diocesan website:

[www.abdiocese.org.uk/lourdes/home?ct](http://www.abdiocese.org.uk/lourdes/home?ct)



**Tuesday 17<sup>th</sup> February, 19.00**

**Sacred Heart Parish Centre**