

Programs & Activities

Homewood Senior Center

August 2025

816 Oak Grove Road, Homewood, AL 35209

205-332-6500

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>(Programs in Italics are hosted/sponsored here by guest organizations . . . If a fee is indicated, make payment directly to host organization)</i>						<b>ACTIVITY LOCATION KEY</b>
Beginning @ 8:00am		<b>TRANSPORTATION:</b> Medical	<b>TRANSPORTATION:</b> Medical		AU Auditorium CA Card Room C1 Craft Room	C2 Craft Room #2 FR Fitness Rm GA Gallery
<b>MAH JONGG</b> Mondays, 1:00pm. Introduction to the game Mah Jongg, covering the basic fundamentals <i>for folks who are new to the game</i> . In addition, for players <i>who already know the fundamentals and simply want to join with others of comparable skill level</i> , tables will be provided for play. Experienced players will be available for consultation/coaching.		 August is typically the month in which the most babies are born in the US. Considering that, we're holding a contest with a baby theme: "Name That Beautiful Baby!" Aimee will post baby/toddler photos of members & staff, and those who participate will try to identify who's who. You're invited to bring a photo of yourself as a baby or young child. Aimee will make a duplicate & return your original back to you. The duplicates will be used for the contest. Submit photo by Aug 20. Contest on Aug 26.	<b>Aimee Thornton</b> , Center Director aimee.thornton@homewoodal.org  <b>Vivian Smith</b> , Administrative Asst vivian.smith@homewoodal.org		<b>1</b> 9:30 <i>Chair Yoga w/Jackie</i> —AU 10:45 Chair Fitness <sup>w</sup> /Jackie -AU 10:00-3:00 Poker —CA 1:00 Samba Canasta —CA 6:30 <i>Concordia Club to host Ballroom Dance/Live Band HERE \$10</i>	<b>2</b>
<b>3</b>	<b>4</b> 10:45 Chair Fitness w/Aimee 1:00 <b>MAH JONGG</b> (sign up to learn & play game) 2:30 <b>Clay Class</b> <b>w/JoAnn</b> —C1	<b>5</b> 9:30 Improver LineDance—AU 10:15 <b>Bingo</b> —CA 1:30 Sun style TaiChi <sup>w</sup> /Galina—AU <i>1:00 Craft: Finish Making May Project Beaded Dragonfly Brooch</i> 2:00-4:00 Drawing Class w/Donna	<b>6</b> 9:30 Easy LineDance —CA 10:00-3:00 Poker —CA 10:45 Chair Fitness w/Jackie —AU 1:00 Samba Canasta —CA 1:30 TaiChi for Arthritis & Fall Prevention —AU <b>3:00 Niki Sepsas presents: Machu Picchu Lost City of the Incas.</b>	<b>7</b> 10:15 <b>Bingo</b> —CA 1:00 Samba Canasta —CA <b>1:00 Bible Study</b> —C2 1:30 TaiChi Yang Style (short)—AU  (5:30 W Hwood Lions Club meets)	<b>8</b> 9:30 <i>Chair Yoga w/Jackie</i> —AU 10:45 Chair Fitness <sup>w</sup> /Jackie -AU 10:00-3:00 Poker —CA 12:15 <i>Health Ed w/Candy of Greenbrier Sr Lvg: Hydration for Wellness</i> 1:00 Samba Canasta —CA	<b>9</b>
<b>10</b>	<b>11</b> 10:45 Chair Fitness w/Aimee 1:00 <b>MAH JONGG</b> (sign up to learn & play game) 2:30 <b>Clay Class</b> <b>w/JoAnn</b> —C1	<b>12</b> 9:30 Improver LineDance—AU 10:15 <b>Bingo</b> —CA 1:30 Sun style TaiChi <sup>w</sup> /Galina—AU 2:00-4:00 Drawing Class w/Donna	<b>13</b> 9:30 Easy LineDance —CA 10:00-3:00 Poker —CA 10:45 Chair Fitness w/Jackie —AU <b>12:30 Educational series by AMADA: Finding Balance &amp; Reducing Falls</b> 1:00 Samba Canasta —CA 1:15 <b>BUNCO Party w/Prizes</b> sponsored by 3D Medicare® Cvg (Destiny) 1:30 TaiChi for Arthritis & Fall Prevention —AU 	<b>14</b> 10:15 <b>Bingo</b> —CA 1:00 Samba Canasta —CA <b>1:00 Bible Study</b> —C2 1:30 TaiChi Yang Style (short)—AU	<b>15</b> 9:30 <i>Chair Yoga w/Jackie</i> —AU 10:45 Chair Fitness <sup>w</sup> /Jackie -AU 11:30 <b>Depart: Lunch Trip to Thelma's Place, Pleasant Grove</b>  10:00-3:00 Poker —CA 1:00 Samba Canasta —CA	<b>16</b>
<b>17</b>	<b>18</b> 10:45 Chair Fitness w/Aimee 1:00 <b>MAH JONGG</b> (sign up to learn & play game) 2:30 <b>Clay Class</b> <b>w/JoAnn</b> —C1	<b>19</b> 9:30 Improver LineDance —AU 10:15 <b>Bingo</b> —CA <b>12:30 Celebrate August Bdays w/ Cake &amp; IceCream</b> 1:30 Sun style TaiChi <sup>w</sup> /Galina—AU 2:00-4:00 Drawing Class w/Donna	<b>20</b> 9:30 Easy LineDance —CA 10:00-3:00 Poker —CA 10:45 Chair Fitness w/Jackie —AU 1:00 Samba Canasta —CA 1:30 TaiChi for Arthritis & Fall Prevention —AU  <b>SIGN UP deadline for Aug 22nd program w/Tim Childers of Dignity Memorial</b>	<b>21</b> 10:15 <b>Bingo</b> —CA 1:00 Samba Canasta —CA <b>1:00 Bible Study</b> —C2 1:30 TaiChi Yang Style (short)—AU  (5:30 W Hwood Lions Club meets)	<b>22</b> 9:30 <i>Chair Yoga w/Jackie</i> —AU 10:45 Chair Fitness <sup>w</sup> /Jackie -AU 10:00-3:00 Poker —CA 11:45 <i>Tim Childers of Dignity Memorial: Factors to Consider for End of Life Planning (Chik-fil-A)</i> 1:00 Samba Canasta —CA	<b>23</b>  <b>SIGN UP</b> by Aug 20 if you plan to attend this informative program. Includes complimentary lunch
<b>24</b>  <b>31</b>	<b>25</b> 10:45 Chair Fitness w/Aimee 1:00 <b>MAH JONGG</b> (sign up to learn & play game) 2:30 <b>Clay Class</b> <b>w/JoAnn</b> —C1	<b>26</b> 9:30 Improver LineDance 10:15 <b>Bingo</b> —CA 12:30 <b>Announce Winner(s): "Name That Beautiful Baby" Contest!</b> 1:30 Sun style TaiChi <sup>w</sup> /Galina—AU 2:00-4:00 Drawing Class w/Donna	<b>27</b> 9:30 Easy LineDance —CA 10:00-3:00 Poker —CA 10:45 Chair Fitness w/Jackie —AU 1:00 Samba Canasta —CA 1:30 TaiChi for Arthritis & Fall Prevention —AU	<b>28</b> 10:15 <b>Bingo</b> —CA 1:00 Samba Canasta —CA <b>1:00 Bible Study</b> —C2 1:30 TaiChi Yang Style (short)—AU	<b>29</b> 9:30 <i>Chair Yoga w/Jackie</i> —AU 10:45 Chair Fitness <sup>w</sup> /Jackie -AU 10:00-3:00 Poker —CA 12:15 <i>Nutrition Education</i> 1:00 Samba Canasta —CA	<b>30</b>