

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<i>(Programs in Italics are hosted/sponsored here by guest organizations . . . If a fee is indicated, make payment directly to host organization)</i>							
Beginning @ 8:00am > > > >	TRANSPORTATION: Medical		TRANSPORTATION: Medical				
SIGN-UP for Programs occurring on: May 6 th , 11 th , 12 th , 13 th , 19 th , 20 th , 21 st , 26 th		MAH JONGG: LEARN / PLAY Newbies can arrange one-on-one coaching w/member Lulu Richardson (call 205-567-1175). Once you learn, you can join Tue & Thur games.	ACTIVITY LOCATION KEY AU Auditorium C2 Craft Room #2 CA Card Room FR Fitness Rm C1 Craft Room GA Gallery PA Patio		Aimee Thornton, Center Director aimee.thornton@homewoodal.org Vivian Smith, Administrative Asst vivian.smith@homewoodal.org	1 9:30 Depart for Symphony Coffee Concert: Heart of a New World feat. Barber & Dvorak (\$16.50 Sign Up by 3/6) 9:30 Chair Yoga w/Jackie -AU 10:45 Chair Fitness w/Jackie -AU 10:00-3:00 Poker -CA 1:00 Samba Canasta -CA	2
3	4 10:45 Chair Fitness w/Aimee 2:30 Clay Class w/JoAnn	5 9:30 Improver LineDance -AU 10:15 Bingo 1:00 MAH JONGG 1:30 Sun style TaiChi w/Galina-AU	6 9:30 Easy LineDance -CA 10:00-3:00 Poker -CA 10:45 Chair Fitness w/Jackie -AU 11:00 Depart: Lunch Trip to General in Forest Park (Bham) 1:00 Samba Canasta -CA 1:30 TaiChi for Arthritis / Fall Prevntn	7 10:00 MAH JONGG 10:15 Bingo -CA 1:00 Samba Canasta -CA 1:00 Bible Study -C2 1:30 TaiChi Yang Style (short)-AU (5:30 W Hwood Lions Club meets)	8 9:30 Chair Yoga w/Jackie -AU 10:45 Chair Fitness w/Jackie -AU 10:00-3:00 Poker -CA 1:00 Samba Canasta -CA	9	
10 <i>Happy Mother's Day</i>	11 (8a-Noon Quilters Guild) NO Chair Fitness 1:00 Trip to La Nueva Michoacana (take cash for ice cream or a popsicle . . . they have traditional & exotic flavors!) 2:30 Clay Class w/JoAnn	12 9:30 Improver LineDance -AU 10:15 Bingo 1:00 MAH JONGG 1:15 BUNCO Party w/Prizes sponsored by Diversicare's Care Ctr at Buck Creek (Akiem) 1:30 Sun style TaiChi w/Galina-AU	13 9:30 Easy LineDance -CA 10:00-3:00 Poker -CA 10:00 DEPART FOR ART MUSEUM: MONET TO MATISSE, FRENCH MODERNS EXHIBIT (1850-1950) \$15 10:45 Chair Fitness w/Jackie -AU 1:00 Samba Canasta -CA 1:30 TaiChi for Arthritis/Fall Prevntn	14 10:00 MAH JONGG 10:15 Bingo -CA 1:00 Samba Canasta -CA 1:00 Bible Study -C2 1:30 TaiChi Yang Style (short)-AU	15 9:30 Chair Yoga w/Jackie -AU 10:45 Chair Fitness w/Jackie -AU 10:00-3:00 Poker -CA 12:15 <i>Nutrition Education</i> 1:00 Samba Canasta -CA	16	
17	18 10:45 Chair Fitness w/Aimee 2:30 Clay Class w/JoAnn	19 Senior Center serves as Polling Place 8:45-9:45 Breakfast PATIO Social featuring Sausage, Quiche, & Fruit Smoothies (\$3.00 sign-up by 5/13) 9:30 Improver LineDance -AU 10:15 Bingo 1:00 MAH JONGG 1:30 Sun style TaiChi w/Galina-AU	20 9:30 Easy LineDance -CA 10:00-3:00 Poker -CA 10:15 Health Speaker: Preventive Care COVERED by MEDICARE-AU 10:45 Chair Fitness w/Jackie -AU 1:00 Samba Canasta -CA 1:30 TaiChi for Arthritis & Fall Prevention -AU	21 10:00 MAH JONGG 10:15 Bingo -CA 12:30 Celebrate May Bdays w/ Cake & IceCream 1:00 Samba Canasta -CA 1:00 Bible Study -C2 1:30 TaiChi Yang Style (short)-AU (5:30 W Hwood Lions Club meets)	22 9:30 Chair Yoga w/Jackie -AU 10:45 Chair Fitness w/Jackie -AU 10:00-3:00 Poker -CA 1:00 Samba Canasta -CA	23	
24 31	25 Senior Center CLOSED in observance of Memorial Day	26 9:30 Improver LineDance -AU 10:15 Bingo 1:00 MAH JONGG 1:30 Sun style TaiChi w/Galina-AU 3:30 Niki Sepsas presents: Just Me & My Mom - Maternal Care in the Animal Kingdom	27 9:30 Easy LineDance -CA 10:00-3:00 Poker -CA 10:45 Chair Fitness w/Jackie -AU 1:00 Samba Canasta -CA 1:30 TaiChi for Arthritis & Fall Prevention -AU	28 10:00 MAH JONGG 10:15 Bingo -CA 1:00 Samba Canasta -CA 1:00 Bible Study -C2 1:30 TaiChi Yang Style (short)-AU	29 9:30 Chair Yoga w/Jackie -AU 10:45 Chair Fitness w/Jackie -AU 10:00-3:00 Poker -CA 1:00 Samba Canasta -CA	30	