

Programs & Activities

Homewood Senior Center

March 2026

816 Oak Grove Road, Homewood, AL 35209

205-332-6500

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|---|--|---|--|---|--|--|--|
| <i>(Programs in Italics are hosted/sponsored here by guest organizations . . . If a fee is indicated, make payment directly to host organization)</i> | | | | | | | |
| Beginning @ 8:00am | | TRANSPORTATION: Medical | TRANSPORTATION: Medical | | | | |
| <i>(Programs in Italics are hosted/sponsored here by guest organizations . . . If a fee is indicated, make payment directly to host organization)</i> | | | | | | | |
| 1 | 2 10:45 Chair Fitness w/Aimee 2:30 Clay Class w/JoAnn-C1 | 3 9:30 Improver LineDance -AU 10:15 Bingo 1:00 MAH JONGG 1:30 Sun style TaiChi w/Galina-AU | 4 9:30 Easy LineDance -CA 10:00-3:00 Poker -CA 10:45 Chair Fitness w/Jackie -AU 12:30 Celebrate March <i>Bdays w/Cake & IceCream</i> 1:00 Samba Canasta -CA 1:30 TaiChi for Arthritis & Fall Prevention -AU | 5 10:00 MAH JONGG 10:15 Bingo -CA 1:00 Samba Canasta-CA 1:00 Bible Study -C2 1:30 TaiChi Yang Style (short)-AU (5:30 W Hwood Lions Club meets) | 6 9:30 <i>Chair Yoga w/Jackie</i> -AU 10:45 Chair Fitness w/Jackie -AU 10:00-3:00 Poker -CA 1:00 Samba Canasta -CA Today is Payment Deadline for Symphony Coffee Concert | 7 | |
| 8 | 9 <i>(8a-Noon Quilters Guild-AU)</i> NO Chair Fitness 11:00 Lunch Trip to Olexa's 2:30 Clay Class w/JoAnn-C1 | 10 9:30 Improver LineDance -AU 10:15 Bingo 1:00 MAH JONGG 1:30 Sun style TaiChi w/Galina-AU 3:00 Niki Sepsas presents: <i>Land of the Celts: Images from the Emerald Isle</i>  | 11 9:30 Easy LineDance-CA 10:00-3:00 Poker -CA 10:45 Chair Fitness w/Jackie -AU 1:30 CRAFT: "Emerald Greens" Memory Wire Bracelet (Sign-Up as supplies must be ordered) 1:00 Samba Canasta -CA 1:30 TaiChi for Arthritis-AU | 12 10:00 MAH JONGG 10:15 Bingo -CA 12:30 Medicare Updates for 2026 1:00 Samba Canasta-CA 1:00 Bible Study -C2 1:30 TaiChi Yang Style (short)-AU (5:30 W Hwood Lions Club meets) | 13 9:30 <i>Chair Yoga w/Jackie</i> -AU 10:45 Chair Fitness w/Jackie -AU 10:00-3:00 Poker -CA 12:15 <i>Nutrition Education</i> 1:00 Samba Canasta -CA | 14 | |
| 15 | 16 10:45 Chair Fitness w/Aimee-AU 2:30 Clay Class w/JoAnn-C1 | 17 ST. PATRICK'S DAY 9:30 Improver LineDance -AU 10:15 Bingo 12:30 ST. PATRICK'S DAY PARTY w/ BUNCO & PRIZES 1:00 MAH JONGG 1:30 Sun style TaiChi w/Galina-AU | 18 9:30 Easy LineDance -CA 10:00-3:00 Poker -CA 10:45 Chair Fitness w/Jackie -AU 1:00 Samba Canasta -CA 1:30 TaiChi for Arthritis & Fall Prevention -AU | 19 10:00 MAH JONGG 10:15 Bingo -CA 1:00 Samba Canasta-CA 1:00 Bible Study -C2 1:30 TaiChi Yang Style (short)-AU (5:30 W Hwood Lions Club meets) | 20 9:30 Depart for Symphony Coffee Concert: Haydn & Britten (\$16.50 Sign Up by 3/6) 9:30 <i>Chair Yoga w/Jackie</i> -AU 10:45 Chair Fitness w/Jackie -AU 10:00-3:00 Poker -CA 1:00 Samba Canasta -CA | 21 | |
| 22 | 23 10:45 Chair Fitness w/Aimee-AU 2:30 Clay Class w/JoAnn-C1 | 24 9:30 Improver LineDance -AU 10:15 Bingo 12:45 Senior Center Slide Show: People & Programs  1:00 MAH JONGG 1:30 Sun style TaiChi w/Galina-AU | 25 9:30 Easy LineDance -CA 10:00-3:00 Poker -CA 10:45 Chair Fitness w/Jackie -AU 1:00 Samba Canasta -CA 1:30 TaiChi for Arthritis & Fall Prevention -AU | 26 8:30-9:45 Breakfast Social featuring Quiche, Belgian Waffles, & more! 10:00 MAH JONGG 10:15 Bingo -CA 1:00 Samba Canasta-CA 1:00 Bible Study -C2 1:30 TaiChi Yang Style (short)-AU | 27 9:30 <i>Chair Yoga w/Jackie</i> -AU 10:45 Chair Fitness w/Jackie -AU 10:00-3:00 Poker -CA 1:00 Samba Canasta -CA | 28 | |
| 29 | 30 10:45 Chair Fitness 2:30 Clay Class w/JoAnn-C1 | 31 9:30 Improver LineDance -AU 10:15 Bingo 1:00 MAH JONGG 1:30 Sun style TaiChi w/Galina-AU | Aimee Thornton, Center Director aimee.thornton@homewoodal.org Vivian Smith, Administrative Asst vivian.smith@homewoodal.org | |   | | |
| | | | |  | | Thur, 3/12: Guest speaker to inform us of updates to Medicare for year 2026. Additional specialized Medicare topics upcoming: Wed, 4/8 Saving Money with Medicare Wed, 5/20 Your Preventive Health benefit through Medicare | |