

Tel: 203-753-NVRA (6872) | WWW.NVRAD.COM PDI 166 Waterbury Rd. Suite 105 Prospect.....Fax 203 758 7877

	VALLEY RADIOLOGY	□ NVMRI 1389 West Main S	St. Suite 107 Wate	ury Fax 203 573 1062 erburyFax 203 573 1062 Fax 203 267 5801
Patient Name		DOB:		Lab Information (for contrast injections only)
Patient Ph		Cell Ph		DATE:
lns.			Greathine	
Referring MD		MD Signature	CD	DS/AUC ID#
cc		Appt Date	Appt Time	
Breast	Imaging	CT Scanning	Magnetic Reso	nance Imaging
	Screening Mammo with CAD Diagnostic Mammo with CAD Unilateral Mammo RT LT with CAD Add'I Mammo or u/s views as indicated RT LT	Oral Contrast □ Yes □ No IV Contrast □ With □ Without □ Both □ Abdomen only □ Total Kidney Volume □ Abdomen & Pelvis □ Urogram □ Brain □ Cardiac Scoring	□ Brain □ Orbits □ Pituitary □ IAC's	With □ Without □ Both
	Post Procedure Clip Placement RT LT Screen Breast u/s – dense breasts if indicated Breast ultrasound for abnormality RT LT MRI Breast Biopsy RT LT Ultrasound Breast Biopsy RT LT	□ Cervical Spine with 3D Rendering □ Chest □ CT Angiography of □ CT Screening Lung □ CT Enterography □ Extremity/Joint with 3D Rendering: □ Facial Bones with 3D Rendering □ Sinuses □ Acclarent	□ Facial/Sinuses □ TMJ □ Soft Tissue Neck □ Brachial Plexus □ Cervical Spine □ Thoracic Spine □ Lumbosacral Spine □ Chest	
	Density	 Lumbosacral Spine with 3D Rendering 	□ Breast	
Ultraso	DEXA Scan with IVA Body Composition ound Abdomen with Ltd Doppler Aorta with Ltd Doppler	□ Mastoid/Temporal Bone/IAC □ Orbits with 3D Rendering □ Pelvis Only □ Soft Tissue Neck □ 4D □ Thoracic Spine with 3D Rendering □ Virtual Colonoscopy □ Other:	□ Abdomen □ Pelvis male □ female □ □ Prostate □ Enterography □ Other: MRA of:	
	Bladder Carotid Doppler	General Diagnostic	MRV of:	
	Echocardiogram Hernia Inguinal (Pelvic) Umbilical (Abdominal) Liver Elastography Obstetrical	□ Diagnostic X-Ray Extremity Side Location □ Chest (PA and Lat) □ Abdomen: 1 View □ Abdomen: 2 View □ Cervical □ Thoracic □ AP/Lateral □ AP/Lateral □ 5 Views w Oblique Views □ Flexion and Extension (Only) □ Lumbar □ AP/Lateral □ 5 Views w Oblique Views □ Flexion and Extension (Only) □ Pelvis □ SI Joints □ Sacrum/Coccyx □ Hip □ RT □ LT □ Skull □ Orbits □ Facial Bones	☐ Hip ☐ Knee ☐ Ankle ☐ Foot	al Exams: Yes No RT
	Soft Tissue	☐ Nasal Bones ☐ Scoliosis Series		
	Other:	☐ Other:		

Please be sure to follow the preparation directions marked below:

☐ I.V.P.

Nothing to eat after midnight or for 4 hours before the appointment. Increase liquid intake up to time of exam. May take medications with water. Contact your physician if you take medications for diabetes.

No prep needed for MRI Exams. Take daily medications.

☐ Mammography

No powders, lotion or deodorant

☐ Bone Density (DEXA)

Non chewable calcium supplements should be discontinued for 2 days prior to the scan

☐ Arthrogram/Biopsy

No Aspirin or Blood Thinning medications for 5 days prior. Please consult with your physician before stopping any medication

☐ Ultrasound

- 1. Abdomen, Aorta, Gallbladder, Liver, Pancreas, Renal, Renal Artery and Spleen Nothing to eat or drink after midnight. For an afternoon appointment, nothing to eat or drink for 6 hours prior.
- 2. Obstetrical (26 weeks to term) Finish drinking 20 ounces of fluid one hour prior to exam and do not void.
- 3. Pelvic, Bladder, Obstetrical (up to 26 weeks) Finish drinking 40 ounces of fluid one hour prior to exam and do not void. Children 12 and under, drink 20 ounces one hour prior and do not void.

☐ CT Scans

- 1. All exams with IV contrast Nothing to eat 4 hours before the exam. You should continue to drink clear liquids, such as water, up to the time of your exam. You may take your medication the day of your exam.
- 2. Abdomen with oral contrast Need to drink oral contrast 30 minutes prior to exam. The contrast can either be picked up ahead of time or you may drink it in our office.
- 3. Abdomen and Pelvis with oral contrast Need to drink oral contrast 90 minutes prior to exam. The contrast can either be picked up ahead of time or you may drink it in our office.
- 4. Pelvis with oral contrast Need to drink oral contrast 120 minutes prior to exam. The contrast can either be picked up ahead of time or you may drink it in our office.
- 5. Enterography Please call scheduled facility for appointment preparations.

Directions to NVRA offices

Pond Place Medical Center, 166 Waterbury Road (Rte. 69) Suite 105, Prospect, CT 06712

From the East:

Take I-84 West to Exit 25A. At the end of the exit, take a left onto Austin Rd (Austin Rd becomes Scott Rd). Proceed all the way up to Route 69 and make a right onto Rt. 69 (Waterbury Rd). Pond Place Medical Center will be on the right. We are located in the rear of the building on the lower level; parking is available in the rear of the building.

From the West:

Take I-84 East to Exit 23 toward Route 69/Hamilton Avenue. At the end of the exit, keep right onto Rt. 69 (Hamilton Ave). Continue to follow Rt. 69 for two miles. Pond Place Medical Center will be on the left. We are located in the rear of the building on the lower level; parking is available in the rear of the building.

From Naugatuck:

Take Route 68 (Prospect St.) into Prospect. Turn left onto Route 69 (Waterbury Rd.) Pond Place Medical Center will be on the right. We are located in the rear of the building on the lower level; parking is available in the rear of the building.

1389 West Main Street, Tower One, Suite 107, Waterbury, CT 06708

From the East:

Take I-84 West to Exit 18. Stay left on exit ramp to light. Take a left at the end of the exit and 1389 West Main Street will be the first building on the left.

From the West:

Take I-84 East to Exit 18. Take a right at the exit light, take your first right over the bridge and take a right at the next light. 1389 West Main Street will be the first building on the right.

Union Square, 385 Main Street South, Bldg. 2, Southbury, CT 06488

From the East:

Take I-84 West to Exit 15. At the end of the ramp take a right. At the first traffic light, take a left onto Main Street South. Follow to the fourth traffic light. Take a left onto Peter Road and an immediate left into the back of Union Square Plaza.

From the West:

Take I-84 East to Exit 14. At the end of the ramp, take a left. At the traffic light turn right on the Main Street South. Go 1 mile. Take a right onto Peter Road and an immediate left into the back of Union Square Plaza.